Employees in Crisis





RESOURCES for SUICIDE PREVENTION

- » <u>UAB Cares Suicide</u> <u>Prevention & Intervention</u> Initiative
- Text "UAB" to 741741 for free 24/7 crisis support
- » Birmingham Crisis Line: 205-323-7777
- » Suicide Prevention Lifeline: 1-800-273-TALK (8255)



RESOURCES for SUBSTANCE ABUSE

- » <u>UAB Medicine Addiction</u> <u>Recovery Program</u> 205-975-7350
- » Community Treatment Resources (CAPPI)
- Other Resources and Support (CAPPI)
- » Beacon Recovery
- Evaluations for Licensed Health Care Professionals: 205-975-9730
- » Leaves of Absence
- » Employee Emergency Assistance



RESOURCES for DOMESTIC VIOLENCE

- Title IX Office List of Resources
- » On/Off-Campus Resources
- Safety and Security Contacts
- » Title IX Resource Cards
- » Rape Response (24-hour assistance): 205-323-7273, 800-656-HOPE (4673)
- **>> The Crisis Center**
- » The Birmingham YWCA
- » UAB Ombuds Michelle Horvath: <u>Contact</u>

ADDITIONAL RESOURCES for EMPLOYEES in CRISIS

- » <u>UAB Employee Assistance</u>
 & Counseling Center
- **»** UAB Benevolent Fund
- » Blazer Kitchen