



ACCOMODATIONS

Hyatt Regency Birmingham-The Wynfrey Hotel 1000 Riverchase Galleria Birmingham, AL 35244 www.HyattRegencyWynfrey.com

ACCREDITATION STATEMENT

The University of Alabama School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Alabama School of Medicine designates this educational activity for a maximum of 10AMA PRA Category 1 credits[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Alabama School of Medicine is an equal opportunity/affirmative action institution.



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2016 Update in Rheumatology for Primary Care Physicians

Friday, May 20, 2016
1:00-2:00 pm Registration
2:00-5:00 pm Meeting
6:00-7:30 pm Dinner with Lecture

Saturday, May 21, 2016 8:00 am-5:00 pm

Hyatt Regency Birmingham-The Wynfrey Hotel

1000 Riverchase Galleria • Birmingham, AL 35244

Learn more about this event and register at www.uab.edu/RheumatologyUpdate or contact Stephanie Ledbetter Phone: (205) 934-7423

E-mail: sledbetter@uab.edu

AGENDA—Friday, May 20, 2016

1:00-2:00 pm 2:00-2:15 pm	WELCOME S. Louis Bridges Jr, MD, PhD Anna Lois Waters Professor of Medicine Director, UAB Division of Clinical Immunology and Rheumatology Director, UAB Comprehensive Arthritis, Musculoskeletal, Bone, and Autoimmunity Center	3:45- 4:45 pm	COMMON INJECTIONS (HANDS ON) Martin Trojanowski, MD Assistant Professor of Medicine, UAB Division of Clinical Immunology and Rheumatology Matt Mullen, MD UAB Division of Clinical Immunology and Rheumatology Laura Hughes, MD, MSPH Associate Professor of Medicine, Associate Division Director for Education, UAB Division of Clinical Immunology and Rheumatology
2:15-3:00 pm	CLINICAL APPROACH TO RHEUMATIC DISEASE Matt Mullen, MD UAB Division of Clinical Immunology and Rheumatology	6:00 pm	DINNER
3:00 – 3:45 pm	LABORATORY AND RADIOLOGY IN RHEUMATIC DISEASE Martin Trojanowski, MD Assistant Professor of Medicine, UAB Division of Clinical Immunology and Rheumatology	6:30-7:30 pm	EVENING LECTURE: GOUT Kenneth G. Saag, MD, MSc Jane Knight Lowe Professor of Medicine, Assistant Professor of Medicine, UAB Division of Clinical Immunology and Rheumatology Vice Chair, UAB Department of Medicine Director, UAB COERE

AGENDA—Saturday, May 21, 2016

	7:00 am	REGISTRATION AND CONTINENTAL BREAKFAST	12:15-1:30 pm	LUNCH
	8:00-8:45 am	SERONEGATIVE SPONDYOARTHROPATHIES Iris Navarro, MD, MSPH Assistant Professor of Medicine, UAB Division of Clinical Immunology and Rheumatology	1:30-2:15 pm	PERIARTHRITIS AND SOFT TISSUE RHEUMATISM David M. Spalding, MD Professor of Medicine, UAB Division of Clinical Immunology and Rheumatology Medical Director, UAB Hospital-Highlands Rheumatology
		RHEUMATOID ARTHRITIS Maria I. Danila, MD, MSc, MSPH		Clinic
	Associate Professor of Medicine, UAB Division of Clinical Immunology and Rheumatology Director, Rheumatology Ambulatory Services	2:15-3:00 pm	MYOSITIS Martin Trojanowski, MD Niharika Sharma, MD Assistant Professor of Medicine, UAB Division of Clinical	
	9:30-10:15 am	TREATMENT OF INFLAMMATORY ARTHRITIS Jeffrey R. Curtis, MD, MS, MPH		Immunology and Rheumatology
		William J. Koopman Professor of Medicine, UAB Division of Clinical Immunology and Rheumatology Director, Arthritis Clinical Intervention Program	3:00-3:15 pm	BREAK
	10:15-10:45 am	BREAK	3:15-4:00 pm	POLYMYALGIA RHEUMATICA AND GIANT CELL ARTERITIS Angelo Gaffo, MD, MSPH Associate Professor of Medicine, UAB Division of Clinical Immunology and Rheumatology
		SYSTEMIC LUPUS ERYTHEMATOSUS W. Winn Chatham, MD Professor of Medicine, Associate Division Director for Clinical Affairs, UAB Division of Clinical Immunology and		Section Chief, Division of Rheumatology, Birmingham VA Medical Center
		Rheumatology	4:00-4:45 pm	OSTEOPOROSIS Sarah L. Morgan, MD, RD, CCD
	11:30 am-12:15 pm	OSTEOARTHRITIS Laura B. Hughes, MD, MSPH Associate Professor of Medicine, Associate Division Director for Education, UAB Division of Clinical		Professor of Medicine, UAB Division of Clinical Immunology and Rheumatology Director, UAB Osteoporosis Clinic

4:45-5:00 pm

CLOSING COMMENTS

Immunology and Rheumatology

Program Overview

Diagnosis and management of rheumatic diseases remain challenging issues for both primary care physicians and rheumatology specialists. In the U.S., rheumatic diseases are prevalent and are responsible for increased work and functional disability. This course is designed to provide clinicians with up-to-date information regarding the most recent advances in the diagnosis and treatment of rheumatic diseases including osteoarthritis, rheumatoid arthritis, gout, osteoporosis, soft-tissue rheumatism, polymyalgia rheumatica, systemic lupus erythematosus, seronegative arthritis, systemic sclerosis, myositis, and common injection techniques. This CME and CE accredited activity will assist physicians and health care professionals in developing and maintaining their diagnostic and therapeutic skills regarding rheumatic diseases, thereby leading to improved patient outcomes.

EDUCATIONAL OBJECTIVES

At the conclusion of this conference, participants will be able to:

- Construct an approach to the evaluation of a patient with rheumatic disease and differentiate several patterns that allow diagnosis of rheumatic disease.
- Determine the appropriate use and limitations of laboratory testing and recognize key radiographic findings in patients with suspected rheumatic disease.
- Develop skills and demonstrate proper technique of common joint and bursal injection procedures commonly performed in the clinic.
- Understand the risk factors, clinical manifestations, and diagnosis of gout.
- Understand the clinical manifestations and current treatment options for patients with a seronegative spondyloarthropathy including ankylosing spondylitis and psoriatic arthritis.
- Understand the rationale for early diagnosis of rheumatoid arthritis and explain the benefits of early therapeutic interventions in rheumatoid arthritis.
- Discuss the therapeutic options for inflammatory arthritis with emphasis on safety.
- Explain the signs and symptoms of systemic lupus erythematosus and describe the current treatment options for systemic lupus erythematosus
- Discuss the clinical manifestations of and formulate a therapeutic plan for osteoarthritis.
- Describe the etiology of Scleroderma and Myositis and its treatment.
- Understand the etiology of and develop strategies for management of periarthritis and soft tissue rheumatism.
- Discuss the clinical manifestations and current therapies for polymyalgia rheumatica and giant cell arteritis.
- Understand the risk factors, clinical impact, and treatment of osteoporosis.

WHO SHOULD ATTEND

This continuing medical education course is designed for internists, family practitioners, and health care professionals who are involved in the care of patients with rheumatic diseases.

COURSE FORMAT

This seminar will consist of 13 sessions presenting updates on the most recent developments in the diagnosis and treatment of rheumatic diseases and their relevance to patient care. Throughout the conference, participants will have the opportunity to interact with a nationally and internationally renowned group of rheumatology faculty. A course syllabus will be provided to serve as a resource during and after the course.

CONFERENCE REGISTRATION

	nline at www.uab.edu/RheumatologyUpdate or complete the orm (please print) and mail:
Name	
Degree	
Specialty_	
Office/Insti	tution
Mailing add	dress
E-mail add	ress
Home phor	ne
Office phor	ne
MAIL TO:	2016 Update in Rheumatology Attn: Stephanie Ledbetter UAB Division of Clinical Immunology and Rheumatology Shelby 177 F 1720 2nd Avenue South Birmingham, AL 35294-2182
	TION FEE riday lectures, reception, Saturday breakfast and lunch, all e materials, breaks/snacks and CME certificate.
I plan to at	tend dinner.
☐ Fellows. ☐ Non-regis	ans: \$250 Nurse Practitioners/ Physicians Assistants: \$150 /Residents/Medical Students: \$50 jistered attendee*: \$50 tered attendee fee covers the participation of a spouse/guest to on Friday, May 20, 2016.
PAYMENT Check or n	noney order, payable to UAB
□Credit Ca	ard □VISA □Mastercard □AMEX
Card #	
Exp. Date_	
Signature_	

HYATT REGENCY BIRMINGHAM - THE WYNFREY HOTEL RESERVATIONS Rate \$129 per night + taxes

A block of rooms has been reserved at the Hyatt Regency Birmingham - The Wynfrey Hotel, Birmingham, Alabama. To reserve, call Hyatt Regency Birmingham - The Wynfrey Hotel Reservations at 1-800-233-1234 and ask for UAB 2016 Update in Rheumatology conference group rate or click on https://resweb.passkey.com/go/UABRheumatology.

The group rate is good until April 29, 2016.

CANCELLATION POLICY

Cancellations must be received in writing on or before April 29, 2016. There will be a \$35 cancellation fee. After April 29, no refunds will be given for cancellations. UAB reserves the right to cancel or reschedule the conference due to unforeseen circumstances.