

# Instructional Design & Support UAB SHP

## Tuesday Tip

### UABbox

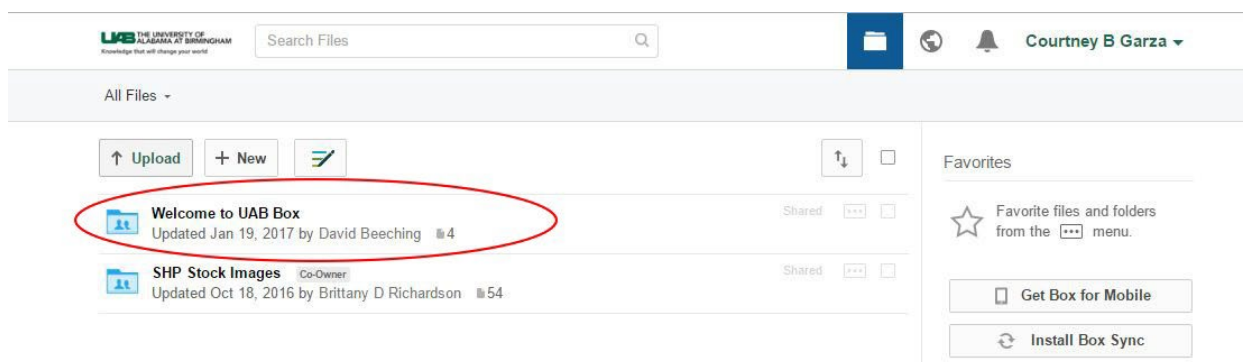
Cloud storage not only frees space on your hard drive, it also allows you to access your documents from anywhere that you have an internet connection.

Box provides unlimited file storage of non-sensitive data, and file sizes can be up to 15 GB. While it is cloud based, you can download a desktop application for quick access. Collaborate with others by sharing files or folders from your Box.

To log in to your UABbox, enter your Blazer ID and password here: <https://uab.account.box.com/login>



User guide, Getting Started video, and support info is located in the Welcome to UAB Box folder (see below).



**\*\*Disclaimer: Please use caution when storing documents that contain sensitive information.**

For more information, please contact the [IDS team](#).  
View all of our Tuesday Tips on our [SHP/IDS website!](#)

**UAB|SHP Instructional Design & Support**

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