



Core Team and Physician Expectations

December 2022

Welcome to the Collaborative!

This collaborative is for practices who want to apply Quality Improvement (QI) to improve teen wellness by increasing depression screenings and follow-up visits.

SEEN Teen Wellness Collaborative is a good fit for practices who want to:

- Improve teen depression screening rates and follow-up visits,
- Improve QI skills,
- Learn from Alabama Content Experts and Peers across the state.

This document outlines collaborative expectations for the practice Core Team and American Board of Pediatrics (ABP) expectations for physicians seeking Maintenance of Certification (MOC) Part 4.

Prior to December 1, 2022, the Lead Physician is responsible for reviewing this document, obtaining signatures, and emailing a scanned copy to Rachel Latham at rlatham@alaap.org

Enrollment in this collaborative is limited and there is a waiting list of interested practices. Please review expectations carefully for your ability to participate. Practices anticipating significant staffing disruptions or major changes, such as introducing a new electronic health record, should discuss participating in the collaborative with Dr. Benton (ebenton@uabmc.edu) prior to signing this document.

Core Team Expectation for Participation in a Quality Improvement (QI) Learning Collaborative

Collaborative Aims, Key Drivers, and Interventions

Review collaborative scope outlined in Key Driver (Attached)

Pre-Work Requirements

Complete before December 1, 2022 (Pre-work attached)

Who May Participate?

Practices providing primary care for Alabama children and youth.

Practice QI Core Team

The QI Core Team is active and engaged in improving practice processes and patient outcomes. At a minimum, the Core Team includes a lead physician, a clinical staff member and an administrator. The team should include those involved in all aspects of depression screening and follow-up. Depending on practice workflow, this may include parent/teen advisors and front desk or referral staff. See *Selecting a QI Core Team* for more information.

The QI Core Team Responsibilities:

- Communicates importance of screening for and managing teen depression to staff and physicians
- Routinely solicits change ideas and shares intervention results with the practice
- Tests ideas to improve completion
- Actively engages in monthly SEEN QI webinars
- Participates in the PATHS ECHO webinars addressing teen depression (encouraged but not required for non-clinical core members)
- Completes data entry and monthly survey into REDCap by the due date
- Has buy-in from practice leaders to allocate an average of 3-5 hours/month Dec 2022- August 2023 to improve practice teen depression screening and management

Data

Data collection and entry guidance is detailed in the SEEN Data Webinar (December 13, 2022).

Important SEEN Data Webinar participants include:

- Lead Physician
- Staff abstracting and entering data
- Staff maintaining the registry for patients with positive depression screens

Quantitative Data: Practices abstract Baseline data (December- February) and Intervention data (March-July).

Dataset #1:

All charts from well visits 12-18 years of age for each practice site:

- Was a teen depression screen completed?
- If the screen was positive, was a plan documented?

Dataset #2:

All patients with a new diagnosis of teen depression:

- Did the practice follow up with the patient within 30 days?

Qualitative Data:

- Practice Readiness Assessment (Complete by December 1, 2022.) Link emailed from Rachel Latham)
- Monthly Webinar Feedback (Complete at end of each SEEN ZOOM webinar)

- Monthly Practice Plan-Do-Study-Act (PDSA) Report (Complete monthly online. Link emailed monthly by Rachel Latham)
- Post-Collaborative Evaluation (Complete online at end of collaborative. Link emailed by Rachel Latham)
- Post-Collaborative Phone evaluation (if contacted by evaluator)

Technology

Practices need access to the internet as well as camera and audio streaming capabilities to participate in monthly SEEN and PATHS ECHO ZOOM webinars.

Practices must have a point person to readily review and respond to email communication.

Costs to participate

The collaborative is an included benefit for members of the Alabama-Chapter AAP or Alabama Academy of Family Physicians.

Benefits

- Aligns practice with Bright Futures Recommendations for Preventive Pediatric Health Care
- Peer-to-peer networking
- Learn quality improvement techniques
- Improved practice efficiencies
- 25 points American Board of Pediatrics MOC Part 4
- QI work aligns with many NCQA PCMH (re)certification requirements
- Potential for increased revenue
- Award Certificate of Completion suitable to display to clients

Confidentiality

Only practice level data are entered into REDCap. No personal health information data are entered. Practices will be identified as participating in the final collaborative report, which is publicly available on the ACHIA website. No practice level data are in the final report.

Practices are recognized at state meetings.

For journal publications resulting from this work, neither individual practitioners nor practices will be linked with data. Only de-identified; aggregated practice level data and de-identified survey responses will be reported. No patients or practice staff will be identified in any publication about this study.

Participation-Termination

Participation in this collaborative is voluntary. Any provider may refuse to participate or may stop participating at any time and for any reason without penalty. Providers may also be withdrawn from the collaborative if unable to meet expectation timelines. If a pediatrician withdraws early, before meeting the minimum duration established for them to be eligible for ABP Part 4 MOC credit, the physician may no longer qualify for that credit. For any questions, concerns or complaints about the project, contact Cason Benton, MD, FAAP at ebenton@uabmc.edu or 205-638-6776 during the regular business hours of 8:00 a.m. to 5:00 pm CT, Monday through Friday.

Lead Physician MOC Attestation Responsibilities

To confidentially complete MOC attestation, the lead physician should:

- o Ensure core team expectations are met
- o Ensure physician participation in monthly practice QI meetings
- o Log provider participation in PATHS ECHO webinars focusing on Teen Depression (5/6 ECHO webinars- see dates attached)
- o Return all provider signed MOC attestations to Rachel Latham at end of collaborative
- o Resolve any disputes about practice members meeting MOC expectations

By signing below, the Lead Physician affirms the practice Core Team can meet participation expectations and can attest to colleague completion of ABP MOC Part 4 credits.

Signature

Date

Printed Name

Participating Physicians Seeking MOC Part 4 Expectations

This quality improvement project anticipates approval by the American Board of Pediatrics (ABP) Maintenance of Certification Part 4 for 25 points to be awarded in 2023. ACHIA staff can work with Family Physicians seeking MOC.

Each participating physician must meet the following requirement to receive MOC:

- Be intellectually engaged in planning and executing the project
- Participate in implementing the project’s intervention (the changes designed to improve care)
- Review data in keeping with the project’s measurement plan
- Collaborate in the activity by attending team meetings

Physicians must:

- Participate in a minimum of 5/6 PATHS ECHO sessions (Calendar attached).
- Participate in a minimum of 6/9 monthly practice meetings to
 - review data
 - contribute to change ideas
 - confirm with core team that your name is included in monthly practice report for practice meetings where you participate
- Submit ABP attestation of above activities to Lead Physician at end of collaborative

Core Team must meet all due dates for data a survey entry and complete its expectations for individual providers to receive MOC.

By signing below the participating physicians are aware of the expectations for MOC attestation.

Participating Physician Signatures

By signing below the participating physicians are aware of the expectations for MOC attestation.

Participating Physician Practice Member

Signature

Date

Printed Name

Participating Physician Practice Member

Signature

Date

Printed Name

Participating Physician Practice Member

Signature

Date

Printed Name

Participating Physician Practice Member

Signature

Date

Printed Name

Participating Physician Practice Member

Signature

Date

Printed Name

Supportive Physicians' Signatures

Supportive physicians are members of the participating practice but not seeking MOC credit or CME credit associated with the project.

I am aware that members of my practice are participating in the SEEN: An ACHIA Teen Wellness QI Collaborative. I support their decision to participate in this project and the practice system changes that are determined by the Practice QI Core team.

Supportive Physician Practice Member

Signature

Date

Printed Name

Supportive Physician Practice Member

Signature

Date

Printed Name

Supportive Physician Practice Member

Signature

Date

Printed Name