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Bright Futures Toolkit: Links to Commonly Used Screening Instruments and Tools

June 27, 2023

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Last updated June 27, 2023

At selected visits, Bright Futures recommends universal screening for developmental concerns, behavioral/social/emotional concerns, maternal depression, adolescent depression and suicide risk, substance use, or oral health concerns. A number of screening tools have been developed and are commonly used. The *Toolkit* provides a list of links to tools for use at specific Bright Futures visits as well as screening and assessment tools for use at the discretion of the health care professional.

The American Academy of Pediatrics does not approve nor endorse any specific tool for screening purposes. This table is not exhaustive, and other screening tools may be available. For best results, it is recommended that users review available instruction manuals before administering, scoring, and analyzing results of the scoring tools. Availability of a tool in multiple languages does not correlate to validation of the tool in such languages.

Links provided for these commonly used tools go to the author or the owner (or both) of the specific tool to ensure accessibility to the most up-to-date version of the specific tool. Review and comply with any copyright and permissions requirements before use.

Instruments for Recommended Universal Screening at Specific Bright Futures Visits

Recommended Visit	Recommended Screening	Tool by Author/Owner
1 Month 2 Month 4 Month 6 Month	Maternal Depression	<p>Perinatal Mental Health - Information for Health Professionals (state.mn.us)</p> <p>A modified version of the Edinburgh Postpartum Depression Scale (EPDS) is included as part of the Family Questions section in the Survey of Well-being of Young Children (SWYC).</p> <p>Patient Health Questionnaires (PHQs) PHQ-9</p> <p>PHQ-2^a</p> <ul style="list-style-type: none"> • Bright Futures sample form • Instructions
Universal 6 Month 9 Month If No Dental Home 12 Month 15 Month 18 Month 2 Year 2½ Year 3 Year 4 Year 5 Year 6 Year	Oral Health	<p>Oral Health Risk Assessment Tool (English)</p> <p>Oral Health Risk Assessment Tool (Spanish)</p> <p>AAP Oral Health Practice Tools</p>
Newborn Through 21 Years	Behavioral/Social/Emotional	<p>Ages & Stages Questionnaires®: Social-Emotional, Second Edition (ASQ®:SE-2) Age range: 1–72 months</p> <p>Baby Pediatric Symptom Checklist Age range: under 18 months</p> <p>Preschool Pediatric Symptom Checklist Age range: 18–65 months</p> <p>Pediatric Symptom Checklist (PSC) • Translations Age range: 4–16 years</p> <p>Strengths & Difficulties Questionnaires (SDQ) • Translations Age range: 2–17 years</p>

9 Month 18 Month 2½ Year	Child Development	AAP “Developmental Screening Tools” table (found in Supplemental Information)
		Ages & Stages Questionnaires®, Third Edition (ASQ®-3) Age range: 1–60 months
		Parents’ Evaluation of Developmental Status (PEDS®) Age range: 0–8 years
		Survey of Well-being of Young Children (SWYC) (milestones) Age range: 1–65 months
18 Month 2 Year	Autism Spectrum Disorder	Modified Checklist for Autism in Toddlers, Revised, with Follow-Up (M-CHAT-R/F) • Translations
		Survey of Well-being of Young Children (SWYC) (Parent’s Observations of Social Interactions)
11 Through 14 Year 15 Through 17 Year 18 Through 21 Year	Depression and Suicide Risk	PHQ-9 Modified for Teens (PHQ-A)^a A version of the PHQ-9 Modified for Teens is available in the Guidelines for Adolescent Depression in Primary Care Toolkit (in multiple languages). Another sample of the PHQ-9 Modified for Teens is available through the Community Care of North Carolina .
		PHQ-2 ^a <ul style="list-style-type: none"> • Bright Futures sample form • Instructions
		Ask Suicide-Screening Questions (ASQ)
		Columbia-Suicide Severity Rating Scale (C-SSRS)
		Patient Safety Screener (PSS-3)
11 Through 14 Year 15 Through 17 Year 18 Through 21 Year	Tobacco, Alcohol, or Drug Use	Alcohol Screening and Brief Intervention for Youth: A Practitioner’s Guide
		Brief Screener for Alcohol, Tobacco, and other Drugs (BSTAD)
		Car, Relax, Alone, Forget, Friends, Trouble (CRAFT)
		Screening to Brief Intervention (S2BI)

Abbreviation: AAP, American Academy of Pediatrics.

Other Commonly Used Screening and Assessment Tools

Recommended Screening	Tool by Author/Owner
Parent and family assessment	Safe Environment for Every Kid (SEEK) Parent Questionnaire– R • Translations
Social determinants (drivers) of health	Accountable Health Communities Health-Related Social Needs Screening Tool
	Center for Youth Wellness ACE Questionnaire (CYW ACE-Q)
	The EveryONE Project Social Needs Screening Tool (American Academy of Family Physicians)
	Health Leads Social Needs Screening Toolkit
	Hunger Vital Sign
	IHELP (Income, Insurance, Hunger, Housing, Homeless, Education, Safety, Legal Status, Power of Attorney) Social History Tool
	Pediatric ACEs and Related Life-events (PEARLS) Screener
	Protocol for Responding to and Assessing Patients’ Assets, Risks, and Experiences (PRAPARE)
	Survey of Well-being of Young Children (SWYC) (Family Questions)
	Well Child Care, Evaluation, Community Resources, Advocacy, Referral, Education (WE CARE) Survey
Crosscutting	Survey of Well-being of Young Children (SWYC) • Translations
	AAP Screening Tool Finder^b

^a This version is not available on the [Pfizer](#) website.

^b This is a searchable database of screening tools for children 0–5 years of age.