

2023 SEEN Key Driver Diagram

SMART AIM

By August 2023 we will do the following:

- Increase the percentage of teens in clinic for well- child check-ups ages 12-18 years with appropriately completed validated depression screen to 80 percent
- Increase the percentage of screens positive for major depression with a follow up plan to 80 percent
- Increase the percentage of teens with a screen positive for major depression followed up within 30 days by five percent over baseline.

Global AIM

Teens will be SEEN and have mental health needs addressed

Key Drivers

Change Ideas/Innovations

Universal Reliable Screening for Depression and Suicide

- Select validated standardized screen(s) for practice
- Standardize workflow to complete screen
- Complete screen confidentially
- Review responses with teen

Standardized Management for Positive Screens for Depression and Suicidal Ideation

- Discuss management options with teen and caregiver utilizing evidence-based communication approaches
- Develop a shared plan of care with teen and caregiver
- Initiate treatment per shared plan of care:
 - Provide behavioral education
 - Prescribe psychopharmacological medications
 - Provide culturally appropriate educational materials for teen/ family
 - Create a safety plan
 - Establish urgent care for active suicidal ideation
 - Refer to mental health providers

Timely and Reliable Follow Up Depression and Suicidal Ideation

- Follow up positive screens within 30 days
- Establish reminder/recall processes for positive screens
- At follow up review shared plan of care:
 - Assess efficacy of behavioral recommendations
 - Adjust medication based on side effects and level of improvement
- Track medication changes (dose and reason for change)
- Utilize tele-mentoring between PCP and mental health professional when appropriate and available
- Establish two- way communication with mental health referrals

