

## REFERRAL RESOURCE WORKSHEET

This worksheet is an internal tool intended to guide practices in identifying resources available in their local community that assist families with concerns related to child development, mental health, and social needs.

Taking full advantage of the resources in the community enables practices to provide a wider range of services to their patients. Many communities have agencies and organizations that can extend the reach of the primary care provider by providing targeted services and follow-up. A practice is most effective when it identifies the needs and strengths of the individual child and family and maximizes community supports to address the wide range of issues patients face.

The following are some ways that practices can more effectively link with their community:

- Identifying an individual or team who is responsible for coordinating with community resources
- Using practice and community-level data to identify the most common referral needs
- Gathering standard information from community resources (e.g., location, hours, eligibility criteria, services, family feedback)
- Identifying specific people at agencies that can serve as main points of contact and support referred patients
- Creating a list of relevant community resources and agencies and making it available to patients and staff
- Developing simple systems to track patient care among agencies and the practice (e.g., standard “release of information” forms)
- Documenting the use of community services in patients’ charts
- Ensuring a mechanism for routine updating of information about community resources
- Collecting information and feedback about community resources from families

When completing the template, practices can prioritize referral categories based on their local community and practice needs. The list includes links to national and state resources that can assist with finding local affiliates or partners. These resources may not be available in every community.

Please contact [screening@aap.org](mailto:screening@aap.org) with questions or to provide feedback about this worksheet.

# REFERRAL RESOURCE GUIDE

| CHILD DEVELOPMENT  |                                  |  |  |
|--|----------------------------------|--|--|
| Local Resources  | Local Resource Available (Y / N) | Priority to Develop Partnership (High / Med / Low) | Contact Information, Eligibility Criteria, & Other Details |
| Developmental behavioral pediatrician  |                                  |  |  |
| Speech therapist   |                                  |  |  |
| Occupational therapist   |                                  |  |  |
| Physical therapist   |                                  |  |  |
| Family support groups  |                                  |  |  |
| <a href="#">Maternal and Child Health Bureau</a> local home visiting program   |                                  |  |  |
| <a href="#">Local Easter Seals</a>   |                                  |  |  |
| <a href="#">Local The Arc</a>  |                                  |  |  |
| <a href="#">Local United Way</a>   |                                  |  |  |
| Family psychologist, psychiatrist, social worker   |                                  |  |  |
| Infant/child psychologist, psychiatrist, social worker, or mental health specialist  |                                  |  |  |
| National and State Resources   |                                  |  |  |
| <a href="#">Part B state contacts</a>  |                                  |  |  |
| <a href="#">Part C (Early Intervention) state contacts</a>   |                                  |  |  |
| <a href="#">State/Local Education Office</a>   |                                  |  |  |
| <a href="#">Head Start</a>   |                                  |  |  |
| <a href="#">Parents as Teachers</a>  |                                  |  |  |
| <a href="#">Child Care Resource &amp; Referral Agency (CCR&amp;R)</a><br>Provides information on child care regulations, financial assistance for food or basic needs, medical insurance, and resources for a child with special needs |                                  |  |  |
| State Infant Mental Health Consultants   |                                  |  |  |
| <a href="#">Title V Maternal and Child Health Services</a> state contact   |                                  |  |  |
| <a href="#">Help Me Grow</a><br>State-based affiliates offer services that link families to existing, community-based resources and services for children at risk for developmental, behavioral, or learning problems                  |                                  |  |  |
| <a href="#">Family Voices</a><br>Offers resources and support to families with children with special health care needs   |                                  |  |  |

| <b>CHILD DEVELOPMENT</b> (continued)   |   |   |   |
|--|---|---|---|
| <b>Local Resources</b>   | <b>Local Resource Available (Y / N)</b> | <b>Priority to Develop Partnership (High / Med / Low)</b> | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| <a href="#">Family-to-Family Health Information Centers (F2Fs)</a><br>State-based centers that help families find and apply for public programs to help them care for their child, connect them with another parent who is in a similar situation or a support group, give advice and guidance on how to advocate with their child, and provide trainings in such areas as Medicaid, the Affordable Care Act, Leadership Development, and more |   |   |   |
| <a href="#">National Center for Learning Disabilities</a><br>Offers parent advocacy and support resources  |   |   |   |
| <a href="#">Parent to Parent USA</a><br>Offers parent to parent support for families with children who have a special health care need, disability, or mental health concern   |   |   |   |

| <b>MATERNAL DEPRESSION</b> (see Mental Health resources for more)  |   |   |   |
|--|---|---|---|
| <b>Local Resources</b>   | <b>Local Resource Available (Y / N)</b> | <b>Priority to Develop Partnership (High / Med / Low)</b> | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| New moms group   |   |   |   |
| Dyadic therapy services  |   |   |   |
| Maternal depression support (local organization, group, therapy provider)  |   |   |   |
| <a href="#">Postpartum Support International</a> local services  |   |   |   |
| <b>National and State Resources</b>  |   |   |   |
| <a href="#">Postpartum Progress</a>  |   |   |   |
| <a href="#">Postpartum Support International Warmline</a><br>Toll-free line for basic information, support, and resources; available in English or Spanish |   |   | 1- 800-944-4PPD (4473)  |

| <b>MENTAL HEALTH</b>  |   |   |   |
|---|---|---|---|
| <b>Local Resources</b>  | <b>Local Resource Available (Y / N)</b> | <b>Priority to Develop Partnership (High / Med / Low)</b> | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| Parental/Caregiver depression support (local organization, group, therapy provider)   |   |   |   |
| Substance abuse support (local organization, group, therapy provider)   |   |   |   |
| Family psychologist, psychiatrist, social worker  |   |   |   |
| Infant/child psychologist, psychiatrist, social worker, or mental health specialist   |   |   |   |
| Infant/child behavioral specialist  |   |   |   |
| <b>National and State Resources</b>   |   |   |   |
| <a href="#">National Alliance on Mental Illness</a>   |   |   | 1-800-950-NAMI (6264)   |
| <a href="#">National Institute of Mental Health</a>   |   |   |   |
| <a href="#">National Suicide Prevention Lifeline</a>  |   |   | 1-800-273-TALK (8255) or Live Online Chat                             |
| <a href="#">Substance Abuse and Mental Health Services Administration</a>   |   |   | SAMHSA Treatment Referral Helpline: 1-877-SAMHSA7 (877-726-4727)      |
| <a href="#">SAMHSA Behavioral Health Treatment Services Locator</a><br>Hotline for individuals and family members facing substance abuse and mental health issues. English and Spanish language |   |   | 1-800-662-HELP (4357)   |

| <b>FOOD SECURITY</b>                                      |   |   |   |
|---|---|---|---|
| <b>Ideas for Local Resources</b>                          | <b>Local Resource Available (Y / N)</b> | <b>Priority to Develop Partnership (High / Low)</b> | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| <a href="#">Free Summer Meals Site locator</a>            |   |   |   |
| <a href="#">Healthy Foodbank Hub/Foodbank locator</a>     |   |   |   |
| <a href="#">foodpantries.org</a>                          |   |   |   |
| <a href="#">Feeding America</a> local food pantries       |   |   |   |
| <b>National and State Resources</b>                       |   |   |   |
| <a href="#">State WIC contacts</a>                        |   |   |   |
| <a href="#">SNAP application and local office locator</a> |   |   |   |

| <b>HOUSING AND UTILITIES</b>  |   |   |   |
|---|---|---|---|
| <b>Ideas for Local Resources</b>  | <b>Local Resource Available (Y / N)</b> | <b>Priority to Develop Partnership (High / Low)</b> | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| <a href="#">Public Housing Authority Program locator</a>  |   |   |   |
| <a href="#">lowIncomeHousing.us</a>   |   |   |   |
| <b>National and State Resources</b>   |   |   |   |
| <a href="#">US Department of Housing and Urban Development Resource Locator</a><br>Includes information to apply for public housing, affordable housing and identify state homeless resources |   |   |   |
| <a href="#">National Coalition for the Homeless</a><br>Directory of state homeless advocacy and service organizations   |   |   |   |
| <a href="#">Low Income Home Energy Assistance Program</a><br>Federal energy assistance program assists low-income households with heating/energy assistance                                   |   |   |   |
| <a href="#">Lifeline Program</a><br>Federal program that lowers the monthly cost of phone and internet  |   |   |   |

| <b>VIOLENCE PREVENTION</b>  |   |   |   |
|---|---|---|---|
| <b>Ideas for Local Resources</b>  | <b>Local Resource Available (Y / N)</b> | <b>Priority to Develop Partnership (High / Low)</b> | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| Local domestic violence support (local organization, group, therapy provider)   |   |   |   |
| <b>National and State Resources</b>   |   |   |   |
| <a href="#">National Domestic Violence Hotline</a>  |   |   | 1-800-799-SAFE (7233)   |
| <a href="#">Childhelp National Abuse Hotline</a><br>Hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources; assistance available in over 170 languages |   |   | 1-800-422-4453  |
| <a href="#">Prevent Child Abuse America</a><br>Offers a list of emergency contacts which includes crisis and support contacts, hotlines, and parent and family resources  |   |   |   |

| <b>LEGAL ISSUES</b>  |   |   |   |
|--|---|---|---|
| <b>Ideas for Local Resources</b>   | <b>Local Resource Available (Y / N)</b> | <b>Priority to Develop Partnership (High / Low)</b> | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| State/Local legal services agency  |   |   |   |
| <b>National and State Resources</b>  |   |   | <b>Additional Details</b>   |
| <a href="#">American Bar Association Consumers' Guide to Legal Help</a>  |   |   |   |
| <a href="#">National Center for Medical Legal Partnership</a>  |   |   |   |
| <a href="#">National Disability Rights Network Protection &amp; Advocacy (P&amp;A) and Client Assistance Program (CAP)</a>                                   |   |   |   |
| <a href="#">probono.net</a><br>Provides resources for pro bono and legal services attorneys and others working to assist low income or disadvantaged clients |   |   |   |
| <a href="#">lawhelp.org</a><br>Find free legal aid programs, information and forms for your state or territory   |   |   |   |

## CHILD CARE / EDUCATION

| Ideas for Local Resources   | Local Resource Available (Y / N) | Priority to Develop Partnership (High / Low) | Contact Information, Eligibility Criteria, & Other Details |
|---|----------------------------------|--|--|
| <a href="#">Early Head Start and Head Start Program locator</a>   |                                  |  |  |
| State/Local board of education  |                                  |  |  |
| Local adult education program   |                                  |  |  |
| Local GED program   |                                  |  |  |
| <b>National and State Resources</b>   |                                  |  | <b>Additional Details</b>                                  |
| <a href="#">National Center for Homeless Education Helpline</a><br>Assistance for homeless families with issues including school enrollment, transportation and other school-related issues |                                  |  |  |
| <a href="#">YMCA</a><br>May offer before- and after-school education programs   |                                  |  |  |
| <a href="#">Healthy Child Care America</a>  |                                  |  |  |
| <a href="#">Federal Student Aid</a> (college planning)  |                                  |  |  |
| <a href="#">Child Care Resource &amp; Referral Agency (CCR&amp;R)</a>   |                                  |  |  |

## HEALTH INSURANCE

| Ideas for Local Resources  | Local Resource Available (Y / N) | Priority to Develop Partnership (High / Low) | Contact Information, Eligibility Criteria, & Other Details |
|--|----------------------------------|--|--|
| Local insurance navigator service  |                                  |  |  |
| <b>National and State Resources</b>  |                                  |  | <b>Additional Details</b>                                  |
| <a href="#">Children's Health Insurance Program (CHIP) State Information</a> |                                  |  |  |
| <a href="#">Healthcare.gov</a>   |                                  |  |  |

| <b>LITERACY</b>   |   |   |   |
|---|---|---|---|
| <b>Ideas for Local Resources</b>  | <b>Local Resource Available (Y / N)</b> | <b>Priority to Develop Partnership (High / Low)</b> | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| Local library literacy programs   |   |   |   |
| <b>National and State Resources</b>   |   |   | <b>Additional Details</b>   |
| <a href="#">Reach Out and Read Program Finder</a>   |   |   |   |
| <a href="#">YMCA</a><br>May offer literacy programs for children and adults   |   |   |   |
| <a href="#">Community Action Agencies Across America</a><br>State by state agencies may provide support with Adult Basic Education, job training and employment |   |   |   |

| <b>IMMIGRATION</b>   |  |  |   |
|--|--|--|---|
| <b>Ideas for Local Resources</b>   |  |  | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| Local Immigration Legal Support  |  |  |   |
| <b>National and State Resources</b>  |  |  | <b>Additional Details</b>   |
| <a href="#">State Legal Resources for Immigrant Children and Families</a><br>State by state directory of organizations that provide legal assistance to immigrant families |  |  |   |
| <a href="#">National Immigration Law Center</a><br>Education resources for immigrants about public benefits and immigration status issues                                  |  |  |   |



| <b>ADDITIONAL FAMILY SUPPORT RESOURCES</b>  |   |   |   |
|---|---|---|---|
| <b>Ideas for Local Resources</b>  | <b>Local Resource Available (Y / N)</b> | <b>Priority to Develop Partnership (High / Low)</b> | <b>Contact Information, Eligibility Criteria, &amp; Other Details</b> |
| State/local social services agency  |   |   |   |
| Religious organizations<br>May provide food, clothing, housing, or financial support  |   |   |   |
| Parenting groups  |   |   |   |
| County/local health department  |   |   |   |
| Local unemployment office   |   |   |   |
| Local employment agency(ies)  |   |   |   |
| Local job training services   |   |   |   |
| <b>National and State Resources</b>   |   |   | <b>Additional Details</b>   |
| <a href="#">Benefits.gov</a><br>Official benefits website of the U.S. government includes information for citizens to identify benefits that they may be eligible to receive, and application information   |   |   |   |
| <a href="#">Temporary Assistance for Needy Families</a><br>State-run program designed to help needy families achieve self-sufficiency   |   |   |   |
| <a href="#">United Way 211</a><br>Free national telephone service that helps identify health and human services   |   |   |   |
| <a href="#">National Diaper Bank Network</a>  |   |   |   |
| <a href="#">Community Action Agencies Across America</a><br>State-by-state network of Community Agencies that serve low-income and poor. Services may include help with emergency assistance, food and nutrition, Adult Basic education and employment, housing, money management, and transportation |   |   |   |
| <a href="#">US Department of Labor</a>  |   |   |   |
| <a href="#">US Employment and Training Administration (ETA)</a><br>Offers a number of programs to support employment  |   |   |   |
| <a href="#">Adult Training Programs</a><br>Department of Labor's Employment and Training Administration (ETA) provides information on training programs and other services that are available to assist workers who have been laid off or are about to be laid off                                    |   |   |   |
| <a href="#">State Unemployment Insurance Benefits</a>   |   |   |   |
| <a href="#">State Public Health Departments</a>   |   |   |   |