Healthy Active Living: An Obesity Prevention and Treatment

Quality Improvement Project (HAL-QI)

Action Period 3 Practice Core QI Team Checklist

(April to August 2015)

Objectives for Action Period 3

* Teams will continue to test changes in small scale
* Teams will continue to hold team meetings and huddles
* Teams will develop protocols to sustain their gains

**Implementing Self-Management Support Approach in Your Practice**

* Obtain Patient Education Materials
* Display 5210 Healthy Message
* Determine staff workflow to support SMS
* Complete motivational interviewing training for staff involved in SMS
* Set goals collaboratively with patient
* Document and monitor patient progress toward goals
* Identify and link families to community resources

**Sustaining Obesity Prevention and Treatment Care**

* Select and customize evidence-based protocols for your office
* Determine staff workflow to support protocol, including standing orders
* Use protocols with all children, including those with follow-up
* Monitor use of protocols

**Save the Dates: Monthly Webinars and Future Learning Sessions**

* Monthly Practice Calls: 3rd Wednesday of each month at 12:15 to 1 PM
* Mark your calendars for future learning sessions:
  + LS3 (Face-to-Face): Saturday, April 18, 2015, the Bradley Center in Birmingham
  + LS4 (Webinar): Wednesday, August 19, 2015 (12 – 1 PM)