

ACA Contracts HEDIS Weight Assessment, Counseling for Nutrition and Physical Activity

For patients ages 3 - 17 years of age who receive the Bright Futures recommend care of:
 Body Mass Index Percentile Calculation
 Physical Activity Counseling
 Nutrition Counseling

Please submit the following ICD9 codes:
 BMI

ICD-9	ICD-10	Description
V85.51	Z68.51	BMI Pediatric, < 5 th percentile for age
V85.52	Z68.52	BMI Pediatric, 5 th percentile to <85 th percentile for age
V85.53	Z68.53	BMI Pediatric, 85 th percentile to <95 th percentile for age
V85.54	Z68.54	BMI Pediatric, > 95 th percentile

Physical Activity counseling ICD 9: V65.41 (ICD10- Z71.3)

Nutrition counseling ICD9: V65.3 (ICD10- Z71.89)

Note: If you have more than 4 diagnosis codes (4 limit per limit for one line) and need to file the additional ICD codes, add 99080 to capture the V codes for the HEDIS measure. (BCBS-AL)

Example Scenarios meeting HEDIS measure:

- 12 year old Well Child Check which included counseling about healthy eating, appropriate exercise and BMI measurements
 - CPT 99394 with ICD-9 diagnosis codes V20.2, V65.41, V65.3, V85.52
- Asthma patient in for follow-up visit for medication management including counseling about healthy eating, appropriate exercise and BMI measurements
 - CPT 99213 with ICD-9 diagnosis 493.90, V65.41, V65.3, V85.52

Legend - CPT/ICD-9 Codes:

99381-99385 – New patient Preventive Service (Well Child Check)

99391-99395 – Established patient Preventive Service (Well Child Check)

99213 – Established patient

ICD – 9	ICD – 10	Description
V58.69	Z79.899	Long term use of High Risk Medication
V65.41	Z71.3	Exercise Counseling
V65.3	Z71.89	Dietary counseling
V85.51	Z68.51	BMI, pediatric, <5 th percentile for age
V85.52	Z68.52	BMI, pediatric, 5 th percentile to <85 th percentile for age
V85.53	Z68.53	BMI, pediatric, 85 th percentile to <95 th percentile for age
V85.54	Z68.54	BMI, pediatric, >95 th percentile for age
493.90	J45.909	Asthma, uncomplicated, unspecified

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