Hechthy Beginnings An ACHIA Obesity Prevention Collaborative

Practice and Provider Expectations

December 2020

Welcome to the Collaborative!

This collaborative is for practices who want to apply QI to improve outcomes by foster healthy behaviors and healthy weight in children from birth to age two.

Healthy Beginnings is a good fit for practices who want to:

- Improve early nutrition/obesity prevention for healthy growth and overall health of children 1 to 18 months of age,
- Improve QI skills,
- Learn from Alabama Content Experts and Peers across the state.

We look forward to our shared learning!

Practice Core Team Steps prior the QI Coach Visit or December 9, 2020- whichever comes first:

- 1. Print this document.
- 2. Review document with all practice's physicians.
- 3. Obtain all practice physician signatures as outlined.
- 4. Scan and email signed document to Linda Champion at <u>lchampion@alaap.org</u>
- 5. Complete Pre-Work (attached)

Lead Physician Signature

Signing affirms Lead Physician reviewed expectations for attesting to colleagues' MOC participation.

Core Team Member Signatures

Signing affirms core team members reviewed Practice and Provider Expectations.

Participating Physician Signatures

Participating physicians are members of the participating practice and will complete online CME, review monthly data provide monthly feedback to receive the MOC credit associated with the project.

Supportive Physicians' Signatures

Supportive physicians are members of the participating practice but not seeking MOC credit associated with the project.

Practice and Provider Expectation for Participation in a Quality Improvement (QI) Learning Collaborative

Collaborative Aims, Key Drivers, and Interventions

Review collaborative scope outlined in Key Driver (Attached)

Pre-Work Requirements

Complete before December 9, 2020 or QI Coach visit (whichever comes first) (Pre-work attached)

Who May Participate?

Alabama based primary care practices and clinicians.

Lead Physician Expectations for MOC Attestation

- Attest to other physicians' meeting participation requirements for ABP MOC Part 4 credits (see page 5)
- Ensure staff collect and return all provider MOC attestations to Linda Champion at end of collaboratives
- Resolve any disputes about practice member MOC participation
- Nurse Practitioners my serve as collaborative lead if a supervising physician will attest to participation requirements.

Practice QI Core Team Time Commitments

- Core Team meet several times each month (huddles, webinar, core team meetings)
- Collaborative duration is 9 months.
- Monthly core teamwork requires 3-5 hours per month
- Practices anticipating significant staffing disruptions or major changes, such as introducing a new electronic health record, should discuss the collaborative with Dr Benton prior to signing this document.

Timeline and Due Dates

- See attached timeline for Due Dates and Required Webinars.
- Signing acknowledges Core Team's ability to adhere to deadlines.

Measures (apply to well visits of children 1- to <24 months of age)

- assess and counsel on patient/family concerns 90% of the time.
- assess and counsel on dietary intake and nutrition 90% of the time.
- assess and counsel on other child lifestyle behaviors or caregiver or environmental strategies to support healthy lifestyle behaviors 70% of the time
- assess and counsel on key social or relational determinants of health 50% of the time
- assess weight for length percentile 95% of the time

Data

Start with the end in mind. Consider which measures to continued internally after the collaborative ends. Data need to be at goal or above for 6 consecutive measurement periods to have confidence that "shift" has happened, and the screening and referral process is reliable.

Data collection and entry will be detailed in the **December 9, 2020** Orientation and Data Webinar.

Data Entered into QIDA

- Data from well visits associated with specific age cohort
- Data are at practice, not provider level
- Baseline data: 20 consecutive charts (March 1 September 30, 2019)
- Monthly data: 10 consecutive charts or if fewer than 10 charts for practice all available

<u>Survey Data</u>

- Practice Readiness Assessment (emailed from Linda Champion)
- Monthly Webinar Survey (complete at end of webinar)
- Monthly Practice Report (emailed monthly by Linda Champion)
- Post-Collaborative Evaluation e (mailed at end of collaborative by Linda Champion)
- Post-Collaborative Phone evaluation (if contacted by evaluator)

Connect with Community Partners

• Meet with Key Community partners identified by practice to ensure appropriate support and services for families of children ages 1 to <24 months of age.

Engage in Shared Learning with State Colleagues

- Participate in monthly webinars- chat questions, lessons learned
- Post on Slack
- Share lessons learned with other providers at state professional meetings.

For Core Team and Providers Seeking MOC:

Complete the Educational Curriculum (See checklist)

Costs to participate

The collaborative is an included benefit for members of the Alabama-Chapter AAP or Alabama Academy of Family Physicians.

Benefits

- Aligns practice with Bright Futures Recommendations for Preventive Pediatric Health Care.
- Peer-to-peer networking in the learning collaborative
- Access to performance data in the QIDA for three years free of charge
- Access to quality improvement coaching and expertise
- Improved practice efficiencies
- Up to 4.0 CME/CEU credit (CME/CEU credit per module)
- 25 points American Board of Pediatrics MOC Part 4
- American Board of Pediatrics MOC Part 2
- QI work aligns with many NCQA PCMH (re)certification requirements
- Potential for increased revenue
- Awards- presented at state AAP meeting or mailed

Confidentiality

Only practice level data are entered into QIDA. No personal health information data are entered. Practices will be identified as participating in the final collaborative report, which is publicly available on the ACHIA website. No practice level data are in the final report.

Practices are recognized at state meetings.

For journal publications resulting from this work, neither individual practitioners nor practices will be linked with data. Only de-identified; aggregated practice level data and de-identified survey responses will be reported. No patients or practice staff will be identified in any publication about this study.

Participation-Termination

Participation in this collaborative is voluntary. Any provider may refuse to participate or may stop participating at any time and for any reason without penalty. Providers may also be withdrawn from the collaborative if unable to meet expectation timelines. If a pediatrician withdraws early, before meeting the minimum duration established for them to be eligible for ABP Part 4 MOC credit, the physician may no longer qualify for that credit. If you have any questions, or concerns or complaints about the project, contact Cason Benton, MD, FAAP at cbenton@peds.uab.edu or 205-638-6776 during the regular business hours of 8:00 a.m. to 5:00 pm CT, Monday through Friday.

By signing below, core team members and providers affirm Practice and Provider Expectations reviewed and are not aware of barriers to participation.

Signatures:

Healthy	Beginnings:	Practice	Physician	Leader
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Signature	Date
Printed Name	_
Healthy Beginnings: Nurse or M	ledical Assistant
Signature	Date
Printed Name	_
Healthy Beginnings Practice or	Office Manager
Signature	Date
Printed Name	_
**************************************	a MOC Part 4 Expectations

This quality improvement project is approved by the American Board of Pediatrics (ABP) Maintenance of Certification Part 4 for 25 points awarded in 2021. ACHIA staff will work with Family Physicians seeking MOC.

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Each participating physician must meet the following requirement to receive MOC:

- Be intellectually engaged in planning and executing the project.
- Participate in implementing the project's intervention (the changes designed to improve care).
- Review data in keeping with the project's measurement plan.
- Collaborate in the activity by attending team meetings

Providers must:

- Complete the Educational Curriculum (see checklist)
- Provide CME certificates of completion to Practice Lead Physician
- Participate in a minimum of 5 monthly practice meetings to
 - o review data,
 - contribute to change ideas
 - confirm with core team that your name is included in monthly practice report for practice meetings where you participate
- Submit ABP attestation of above activities to Lead Physician at end of collaborative

Core Team must complete its expectations for individual providers to receive MOC.

Participating Physician Signatures

Participating physicians are members of the participating practice and will adhere to the MOC requirements mentioned earlier in the document to receive the MOC credit or CME credit associated with the project.

Participating Physician Practice Member

Signature	Date
Printed Name	
Participating Physician Practice Me	ember
Signature	Date
Printed Name	
Participating Physician Practice Mo	ember
Signature	Date
Printed Name	
Participating Physician Practice Mo	ember
Signature	Date
Printed Name	
Participating Physician Practice Mo	ember
Signature	Date
Printed Name	
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Supportive Physicians' Signatures

Supportive physicians are members of the participating practice but not seeking MOC credit or CME credit associated with the project.

I am aware that members of my practice are participating in the ACHIA Healthy Beginnings Childhood Obesity Prevention Collaborative. I support their decision to participate in this project and the practice system changes that are determined by the Practice QI Core team.

Supportive Physician Practice Member

Signature

Date

Printed Name

Supportive Physician Practice Member

Signature

Date

Printed Name

Supportive Physician Practice Member

Signature

Date

Printed Name