



Alabama Breastfeeding Resource Guide 2020



Breastfeeding Resource Guide Changes

Please make any changes that may have occurred within your clinic, hospital or district.

Breastfeeding Counselor(s)/Credentials: _____

Place of Employment: _____ Phone: _____

County: _____

Prenatal Breastfeeding Class? Yes _____ No _____

Postpartum Breastfeeding Support Group? Yes _____ No _____

Breast Pump Rental Station? Yes _____ No _____

La Leche League Contact: _____ Phone: _____

Additional information: _____

Please send changes to:

Email: michell.grainger@adph.state.al.us

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Autauga County

WIC Breastfeeding Counselors 334-361-3743

- Jennifer Holtzscher, RD

Prenatal Breastfeeding Classes

- Autauga County Health Department
334-361-3743

Postpartum Breastfeeding Support Groups

- Autauga County Health Department
334-361-3743

Baldwin County

WIC Breastfeeding Counselors (Bay Minette) 251-937-6935

- Lori V. Nesmith, NA

WIC Breastfeeding Counselors (Robertsdale) 251-946-8040

- Sharon Eiland, RD
- Liane Martin, RD

WIC Breastfeeding Counselors (South Baldwin-Foley) 251-943-7260

- Liane Martin, RD

North Baldwin Infirmary

- Gena Cash, BSN, RN
251-580-1782

South Baldwin Regional Medical Center 251-949-3677

- Robin Fillingame, BSN, RN, CLC

Baldwin County

Thomas Hospital 251-279-1478

- Mary Ann Roh, RNC
- Sandee Nabors, RN,CLC, IBCLC
- Scotty Thomson, RN, IBCLC

Prenatal Breastfeeding Classes

- Thomas Hospital, 251-279-1478
North Baldwin Infirmary,
251-239-2296
- South Baldwin Regional Medical
Center 251-949-3676

Postpartum Breastfeeding Support Groups

- North Baldwin Infirmary Baby
Bistro-251-239-2296
- Eastern Shore Baby Café
251-279-1478
Scotty Thompson, RN, IBCLC

Barbour County

WIC Breastfeeding Counselors (Eufaula) 334-687-5950

- Angela Stevens, RD

WIC Breastfeeding Counselors (Clayton) 334-775-8324

- Haley Edmondson, RN

Bibb County

WIC Breastfeeding Counselors 205-926-9702

- Sandy Wilson, NA
- Lee Ann Wagner, RD

Blount County

WIC Breastfeeding Counselors 205-274-2120

- Tia Johnson, RD

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788
- Heidi Powell, RN, IBCLC
Jenny Mizzell, RN, IBCLC
Central Alabama Lactation Services
205-543-0529

Prenatal Breastfeeding Classes

- Blount County Health Department
205-274-2120
- Central Alabama Lactation Services
205-543-0529

Postpartum Breastfeeding Support Group

- Blount County Health Department
205-274-2120

Bullock County

WIC Breastfeeding Counselors 334-738-3030

- Tracey Johnson, NA

Butler County

WIC Breastfeeding Counselors 334-382-3154

- Kristi Kilpatrick, RN

Calhoun County

WIC Breastfeeding Counselors 256-237-7523

- Rebecca Dawson, NA

Regional Medical Center 256-235-5132

- Kim Hurst, RN, IBCLC, CCCE, INHC
- Jennifer Gallahar, RN, IBCLC, CCE
- Andrea Record, RN, IBCLC

Prenatal Breastfeeding Classes

- Regional Medical Center
256-235-5132

Postpartum Breastfeeding Support Group

- Regional Medical Center
256-235-5132

La Leche League Contacts

- Katie- 256-452-1622

Chambers County

WIC Breastfeeding Counselors 334-756-0758

Lanier Memorial Hospital 334-756-1625

- Mattie Monagen, RN, NM

Prenatal Breastfeeding Classes

- Lanier Memorial Hospital
334-756-0758

Cherokee County

WIC Breastfeeding Counselors
256-927-3132

- Teresa Alexander, RD

Dekalb Regional Medical Center
256-997-2423

- Martie Raymond, RN
- Joan Matthews, RN, IBCLC
256-997-2423 or 256-997-2425

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Chilton County

WIC Breastfeeding Counselors
205-755-1287

- Amy Cleckler, NA
- Lee Ann Wagner, RD

Choctaw County

WIC Breastfeeding Counselors
205-459-4026

- Tina Parker, NA

Clarke County

WIC Breastfeeding Counselors
251-275-3772

Clay County

WIC Breastfeeding Counselors
256-396-6421

- Jenny Adams, RD, LD

Cleburne County

WIC Breastfeeding Counselors
256-463-2296

- Jenny Adams, RD, LD

Coffee County

WIC Breastfeeding Counselors
334-347-9574

- Pamela Hill, RN

Medical Center Enterprise

- 334-347-2250

Prenatal Breastfeeding Classes

Medical Center Enterprise

334-393-8733 or 334-348-8822

La Leche League Contacts

- wiregrasslll@gmail.com or
334-377-3811

Colbert County

WIC Breastfeeding Counselors

- Tammie Aycock, RN **256-383-1231**
- Danna Rutz, RD **256-765-7545**

Helen Keller, Hospital

256-386-4162

- Dianna Castillo, RN, IBCLC

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes

- Helen Keller Hospital
256-386-4162

La Leche League Contacts

- Sue-256-320-8084
- Leighanne-256-577-2868

Conecuh County

WIC Breastfeeding Counselors 251-578-1952

- Rachel Todd, RD

Coosa County

Covington County

WIC Breastfeeding Counselors 334-222-1175

- Edna Cunningham, NA

Andalusia Health 334-222-8466

- Sharon Norris, RN, CLC

La Leche League Contact

- Sara Goolsby
334-858-3683

Crenshaw County

WIC Breastfeeding Counselors 334-335-2471

- Patty Rushing, RN

Cullman County

WIC Breastfeeding Counselors

- Kendra Whitley, RD 256-775-8595
- Anita Bateman, RN 256-734-1030

Cullman Regional Medical Center 256-737-2217-Breastfeeding Helpline

Prenatal Breastfeeding Classes

- Cullman County Health Department
256-734-1030
- Cullman Medical Center
256-737-2200
- Central Alabama Lactation Services
205-543-052

Cullman County

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788
- Heidi Powell, RN, IBCLC
Jenny Mizzell, RN, IBCLC
Central Alabama Lactation Services
205-543-0529

Postpartum Breastfeeding Support Group

- Cullman Medical Center
256-737-2221

Dale County

WIC Breastfeeding Counselors 334-774-5146

- Jennifer Hicks, NA
- Ginny Sexton, RN, CLC

Dallas County

WIC Breastfeeding Counselors 334-874-2550

- Rebecca Stewart, RD
- Rachel Todd, RD
- Amy Lightfoot, NA

Vaughan Regional Medical Center 334-418-4405

- Eddie Jo Howard, RNC

DeKalb County

WIC Breastfeeding Counselors 256-845-1931

- Teresa Alexander, RD, LD
- Katie Garrett, NDTR

Dekalb Regional Medical Center

- Joan Mathews, RN, IBCLC
256-997-2423 or 256-997-2425

DeKalb County

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Elmore County

WIC Breastfeeding Counselors 334-567-1171

- Jessica Smith, NA

Escambia County

WIC Breastfeeding Counselors (Atmore) 251-368-9188

- Lori V. Nesmith, NA
- Liane Martin, RD

WIC Breastfeeding Counselors (Brewton) 251-867-5765

- Liane Martin, RD
- Lori V. Nesmith, NA,

WIC Breastfeeding Counselors (Poarch Creek) 251-368-9136

- Jill Lee, DTR

Etowah County

WIC Breastfeeding Counselors 256-547-6311

Gadsden Regional Medical Center, 256-494-4231

- Melissa Cone, RN, IBCLC

Breast Pump/Supplies

- The New You
256-546-6398

Etowah County

Postpartum Breastfeeding Support Groups

- Gadsden Regional Medical Center
256-494-4334 or 256-494-4321

Fayette County

WIC Breastfeeding Counselors 205-932-5260

- Amy Baker, RN
- Leigh Ann Colvin, RD

Franklin County

WIC Breastfeeding Counselors

- Wanda Wells, RN 256-332-2700
- Danna Rutz, RD 256-765-7545

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

La Leche League Contacts

- Rebecca 256-460-0640

Geneva County

WIC Breastfeeding Counselors 334-684-2256

- Angela Stevens, RD

La Leche League Contacts

- Kimberly, 334-791-2494
- Jodie, 334-596-2629

Greene County

Breastfeeding Counselors WIC, 205-372-9361

- Dorinda Jones, NA
- Jane Neill, RD

Hale County

Breastfeeding Counselors WIC, 334-624-3018

- Jane Neill, RD

Henry County

WIC Breastfeeding Counselors (Abbeville) 334-585-2660

- Stacy Anderson, RN

WIC Breastfeeding Counselors (Headland) 334-693-2220

- Angela Stevens, RD

Houston County

WIC Breastfeeding Counselors 334-678-2800

- Lakresha Tucker, RN
- Darlene Hicks, RD

Southeast Alabama Medical Center, 334-673-4141

- Marie Johnson, RN, IBCLC
- Beth Turner RN, IBCLC

Flowers Hospital 334-794-5000, Ext. 1280

Prenatal Breastfeeding Classes

- Southeast Alabama Medical Center
334-673-4141
- Flowers Hospital
334-794-5000, Ext. 1210

La Leche League Contacts

- 334-377-3811

Postpartum Breastfeeding Support

- Southeast Alabama Medical Center,
334-673-4141

Jackson County

WIC Breastfeeding Counselors

- Dianne Ashmore, RN **256-259-4161**
- Lauren Jett, RD **256-582-3202**

Highlands Medical Center 256-218-3340

- Haley Bunch, RN, IBCLC

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes

- Jackson County Health Dept.
256-259-4161
- Highlands Medical Center
256-218-3340 or
256-259-4444, ext 3340

La Leche League Contacts

- Jana, 256-455-4746

Jefferson County

WIC Breastfeeding Counselors

Central Health Center 205-930-1482

- Natalie Clements, RD, LD

Eastern Health Center 205-930-1482

- Natalie Clements, RD, LD

Western Health Center 205-715-6142

- Cheryl Hill, RD, LD

Jefferson County

Brookwood Medical Center (Kaye Dahle Lactation Center) 205-877-1978

- Connie Carlisle, RN, IBCLC
- Jan Nichols, RN, IBCLC
- Joy Riddle, RN, IBCLC
- Laura Carrell, RN, IBCLC
- Caroline Pillsbury, RN, IBCLC
- Alexis Vakakes, RN, IBCLC
- Amanda Helms, RN, IBCLC
- Emily Gibson, RN, IBCLC
- Pat Hronek, RN, IBCLC
- Susie Atchison, RN, IBCLC
- Marcella Bennett, RN, IBCLC
- Hayley Tucker, RN, IBCLC
- Amanda Cloninger, RN, IBCLC
- Brandie O'Neal, RN, IBCLC
- Kallie Frandsen, RN, IBCLC

UAB Women and Infant Center 205-975-8334

- Barbara Vinson, MS, RN, IBCLC
- Donna Mason, RN, IBCLC
- Kristy Gullede, MS, RN, IBCLC
- Cheryl Smith, RN, IBCLC
- Angela Shorter, RN, IBCLC

UAB Women and Infant Center 205-975-8334

- Anna Koopman, RN, IBCLC
- Joyce Roberson, RN, IBCLC
- Kimberly Scott, RN, IBCLC
- Latonya Robinson, RN, IBCLC
- Lisa Schnader, RN, IBCLC
- Martha Hackney, RN, IBCLC
- Mary K. Buzhardt, RN, IBCLC
- Katie Kretzschmar, RN, IBCLC

UAB Medical West 205-481-7180

Jefferson County

St. Vincent's East 205-838-3640

- Jeanni Orazine, RN, IBCLC
- Gail Burns, RN, BS, IBCLC

St. Vincent's Hospital 205-939-7538

- Rosie Miller, RN, IBCLC
- Heidi Powell, RN, IBCLC
- Sandra King, RN, IBCLC
- Judy Smith, RN, IBCLC
- Lindsey Hughes, RN, IBCLC
- Lisa Carboni, RN, IBCLC
- Jenny Mizzell, RN, IBCLC
- Laurie Wilkins, RN, IBCLC
- Paige Riggins, RN, IBCLC
- Katherine Stockman, RN, IBCLC

Children's Hospital 205-638-6600

- Jeanette Twa, RDN, IBCLC
- Jenny Mizzell, RN, IBCLC
- Laura Blackburn, RN, IBCLC
- Laura Ward, MS, RDN, IBCLC

Grandview Medical Center 205-971-1000

Baptist Medical Center Princeton 205-783-7174

- Marcia Davis, RNC, IBCLC

Prenatal Breastfeeding Classes

- Trinity Medical Center
205-592-1684
- Brookwood Medical Center
205-877-1978
- St. Vincent's East
205-939-7878
205-838-3640
- Dial- A- Nurse
St. Vincent Birmingham
205-939-7878 or 205-212-6667

Jefferson County

Prenatal Breastfeeding Classes

- Shelby Baptist Medical Center
205-620-8262
- UAB Women and Infant Center
205-975-8334

Breast Pump/Supplies

- Jefferson County Health Department
- Brookwood Medical Center
205-877-1978
- St. Vincent's Hospital
205-212-6667
- St. Vincent's East
205-838-3640

Postpartum Breastfeeding Support Groups

- UAB Women and Infant Center
205-975-8334
- Brookwood Medical Center 205-877-1978
- St. Vincent's Hospital 205-939-7538

La Leche League Contact (Birmingham South)

- Dawn 205-988-0594
- Jackie 361-648-9329
- Kris 205-520-6672

Lamar County

WIC Breastfeeding Counselors 295-695-9195

- Pam Lindsey, RN
- Leigh Ann Colvin, RD

Lauderdale County

WIC Breastfeeding Counselors 256-764-7453

- Danna Rutz, RD, LD

Eliza Coffee Memorial Hospital 256-768-9525

- Jennifer Cross, RN, IBCLC
- Emily Broussard, RN, IBCLC

Other Counselors

- Rosanna Ledbetter, RN, IBCLC
OB-Gyn Associates of NW AL
256-718-5900

La Leche League Contacts

- Katie 256-443-0754
- Alisha 256-436-5867

Lawrence County

WIC Breastfeeding Counselors

- Cathy Sanderson, RN **256-974-1141**
- Danna Rutz, RD **256-765-7545**

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Lee County

WIC Breastfeeding Counselors 334-745-5765

- Breann Papay, NA

East Alabama Medical Center, 334-528-3709

- Angela Hamby, RN, IBCLC
- Cheryl Adams, RN, IBCLC

Other Counselors

- Jessica-Lauren Newby, MA, RD,
IBCLC
334-844-2591 Auburn University

Prenatal Breastfeeding Classes

- East Alabama Medical Center,
334-528-3709

Postpartum Breastfeeding Support Groups

- East Alabama Medical Center
334-528-3709

La Leche League Contact

- Josie 334-257-3950
- Marcie 205-746-5530

Limestone County

WIC Breastfeeding Counselors,

- LeAnn Barron, NA 256-232-3200
- Danna Rutz RD, LD 256-765-7545

Athens-Limestone Hospital 256-233-9536

- Glenni Lorick, IBCLC
- Tracie Bullock, RN, IBCLC

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Limestone County

Postpartum Breastfeeding Support Groups

- Athens-Limestone Hospital
Contact Glenni Lorick-256-658-8210

Lowndes County

WIC Breastfeeding Counselors 334-548-2564

- Sharon Perdue, NA

Macon County

WIC Breastfeeding Counselors 334-727-1800

- Tracey Johnson, NA

Madison County

WIC Breastfeeding Counselors

- Kashera Sims, RD 256-533-8695
- Sheryl Gilbreath, NA 256-533-0826

Huntsville Hospital Women's & Children

256-265-7285

- Kelly Shewbart, RN, IBCLC
- Cindy Gill, RN, IBCLC
- Elizabeth Jennings, RN, IBCLC
- Carolyn Black, RN, IBCLC
- Melissa Cote, RN, IBCLC
- Celia Sweatman, RN, IBCLC
- Shannon Blaine, RN, IBCLC
- Vickie Johnston, RN, IBCLC
- Brenda Hall, RN, IBCLC

Crestwood Maternity Center 256-880-4250

- Densie Firman, RN, IBCLC
- Christy Beitel, RN
- Jane Mitchell, RN, IBCLC

Madison County

Madison Hospital 256-265-5651

- Stacy Ramirez, RN, IBCLC
- Kristine Taff, RN, IBCLC
- Anne Sheaves, RN, IBCLC

Other Counselors

- Glenni Lorick, IBCLC
256-489-2590
- Melissa Florence, IBCLC
256-489-2590

Prenatal Breastfeeding Classes

- Madison County Health Department
205-533-0826
- Huntsville Hospital Women's Center
256-265-7440
- Crestwood Maternity Center
256-830-0283
- A Nurturing Moment
256-489-2590

Breast Pump/Supplies

- Huntsville Hospital Women's Center
256-265-7285
- A Nurturing Moment
256-489-2590
- Posh Mommy
205-722-3181

Postpartum Breastfeeding Support Groups

- Huntsville Hospital Women's
Pavilion 256-265-7285
- Crestwood Women's Center
256-429-5250
- A Nurturing Moment
256-489-2590 (Glenni)
- Madison Hospital
256-265-5651

Madison County

La Leche League Contacts

Huntsville Group

- Rachael 512-560-8609
- Stephanie 205-234-5792
- La Leche League-Madison
Stephanie- 256-348-9700

Marengo County

WIC Breastfeeding Counselors

334-295-4205

- Tina Parker, NA

Marion County

WIC Breastfeeding Counselors

205-921-3118

- Paige Taylor, RN

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Marshall County

WIC Breastfeeding Counselors

256-582-3093 or 256-582-7381

- Collette Jones, RN

Marshall Medical Center South

256-840-3465

- Sherre Goble, RN

Marshall Medical Center North

256-571-8263

- Courtnie Chaffin, RN, CLC
- Michelle Aldaz, RN, CLC

Marshall County

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes

- Courtnie Chaffin, RN, CLC
Marshall Medical Center North
256-753-8263
- Sherre Goble, RN
Marshall Medical Center South
256-840-3439

Breast Pump/Supplies

- Fitting Your Needs
256-878-0105

Mobile County

WIC Breastfeeding Counselors

- Meridith Gardner, IBCLC
251-690-8829

Mobile Infirmary Medical Center 251-435-2525

- Sandy Wallace, RN, IBCLC
- Melissa Blevins, RN, IBCLC
- Emily Williams, RN, CLC
- Ina Hall, RN

Providence Hospital 251-633-1749

- Marcia Ranew, RN, BS, CCE,
IBCLC
- Jennifer Zirlott, RN, CLC

University South Alabama Children's and Women's Hospital 251-415-1285

- Tammy Doherty, RN, IBCLC
- Ann Slaughter, RN, IBCLC

Mobile County

Springhill Memorial Hospital 251-460-5207

- Eileen Lenoir, IBCLC

Other Counselors

- Marcia Ranew, RN, IBCLC
Providence Hospital
251-633-1749
- Sandy Wallace, RN, IBCLC,
Mobile Infirmary 251-435-2525

Prenatal Breastfeeding Classes

- Mobile County Health Dept.
251-690-8906
- Eileen Lenoir, IBCLC, Springhill
Memorial Hospital
251-460-5207
- Mobile Infirmary 251-435-2525
- USA Children's and Women's
Hospital
251-415-1069

Breast Pump/Supplies

- Mobile Infirmary
251-435-2525
- Springhill Memorial Hospital
Pharmacy
251- 460-3870
- Children's and Women's USA Gift
Shop
251-415-1543
- Providence Home Medical Services
251-633-7491

Postpartum Support Groups

- Mobile County Health Department
Meridith Gardner- 251-690-8986
- USA Children's and Women's
Hospital -251410-4517 (Genevieve)

La Leche League Contacts

- Sarah- 850-843-4601

Monroe County

WIC Breastfeeding Counselors 251-575-3109

- Rachel Todd, RD

Monroe County Hospital 251-743-7355

- Cindy Jones, RN, IBCLC

Postpartum Breastfeeding Support Groups

- Monroe County Hospital
251-743-7458 (Cindy)

La Leche League Contacts

- Heather
251-862-2663
- Jennifer, 251-248-2780

Montgomery County

WIC Breastfeeding Counselors 334-293-6450

- Tina Allen, RD
- Sharon Perdue, NA

Eastbrook Training Clinic, 334-270-9263

- Carmalita Green, RD, LD

Health Services, 334-834-5811

- Cassie Hooks, RD

Baptist Medical Center East, 334-244-8360

- Psyche Wilburn, RN, IBCLC
- Linda Veach, RN, IBCLC
- Jill Buck, RN, IBCLC
- Tisha Powell, RN, IBCLC
- Ferron Yarbrough, RN, IBCLC
- Diana Cleveland, RN, IBCLC

Montgomery County

Jackson Hospital, 334-293-8497

- Liz Owen, RN, IBCLC
- Pam Mathews, RN-MNN, IBCLC

Baptist Medical Center, South 334-286-2829

- Rebekah Lewis, RN, CLC, IBCLC
- Shannon Wiebe, RN, IBCLC

Prenatal Breastfeeding Classes

- Baptist Medical Center East
334-244-8360
- Liz Owen, RN, IBCLC
Jackson Hospital
334-293-8497

Breast Pump/Supplies

- Jackson Hospital Gift Shop
334-293-8821
- Baptist East Gift Shop
334-244-5077

Postpartum Breastfeeding Support Groups

- Baptist Medical Center East
334-244-8360

La Leche League Contacts

- Alina,
LLL.Montgomery.AL@gmail.com

Morgan County

WIC Breastfeeding Counselors 256-560-6574

- Geraldine Remisse, RD

Decatur Morgan Hospital 256-341-2966 or 256-341-3455

- Brittney Hood, RN, IBCLC
- Brandi Casteel, RN

Other Counselors

- Rose Marie Sledd, IBCLC
256-351-8151
- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes

- Morgan County Health Dept.
256-560-0611
- Parkway Medical Center Pavilion for
Women & Children
256-301-3393 or 256-301-3499
- Decatur General Women's Center
256-341-2966

Prenatal Breastfeeding Classes

- Debra Miller, Decatur OB/GYN
205-353-0178

Breast Pump/Supplies

- Fitting Your Needs
256-878-0105

Postpartum Breastfeeding Support Groups

- Decatur General Women's Center
256-341-2966 or 256-341-3435
- Breastfeeding Resource Hotline
256-341-3435

La Leche League Contacts

- Meredith -256-616-2344
- Bethany -256-345-2677

Perry County

WIC Breastfeeding Counselors (Marion) 334-638-6155

- Jane Neill, RD

WIC Breastfeeding Counselors (Uniontown) 334-628-6226

- Jane Neill, RD

Breast Pump/Supplies

- Perry County Health Department

Pickens County

WIC Breastfeeding Counselors 205-367-8157

- Dorinda Jones, NA
- Sailaja Reddy, RD

Pike County

WIC Breastfeeding Counselors 334-566-2860

- Jody Lee, RD

Prenatal Breastfeeding Classes

- Pike County Health Dept.
334-566-2860

Randolph County

WIC Breastfeeding Counselors 334-863-8981

- Jenny Adama, RD

Prenatal Breastfeeding Classes

Russell County

WIC Breastfeeding Counselors 334-297-0251

- Kourtnei Mitchell, NA

Russell Medical Center 256-329-7100

- Jennifer Shurette, RN, IBCLC

Shelby County

WIC Breastfeeding Counselors 205-685-4197

- Laura Griffin, RD, LD
- Suzanne Walker, NA
- Juanita Wooley, RD

Shelby Baptist Medical Center 205-620-8262

- Vicki Tittle, RN, IBCLC
- Amy Lee, RN,

Other Counselors 205-543-0529

Central Alabama Lactation Services

- Heidi Powell, RN, IBCLC
- Jenny Mizzell, RN, IBCLC

Prenatal Breastfeeding Classes

- Shelby Baptist Medical Center
205-620-8844
- Central Alabama Lactation Services
205-453-0529

Postpartum Breastfeeding Support Groups

- Brookwood Baptist Medical Center
205-877-1978

La Leche League Contacts

- Shaylea ,501-804-8483
- Dawn, 205-988-0594
- Erica, 205-222-0081

St. Clair County

WIC Breastfeeding Counselors (Ashville) 205-594-4919

- Jennifer Kujan, RD

WIC Breastfeeding Counselors (Pell City) 334-338-3357

- Jennifer Kujan, RD

La Leche League Contacts

- Alicia, 205-884-0804

Sumter County

WIC Breastfeeding Counselors 205-652-7972

- Jane Neill, RD
- Dorinda Jones, NA

Talladega County

WIC Breastfeeding Counselors (Sylacauga) 256-249-3807

- Blair Sims, NA

WIC Breastfeeding Counselors (Talladega) 256-362-2593

- Anna Keith, RD

Citizens Baptist Medical Center 256-761-4200

Prenatal Breastfeeding Classes

- Citizens Baptist Medical Center
256-761-4200
- Talladega County Health Dept.
256-362-2593

Coosa Valley Baptist Medical Center 256-249-5539 or 256-249-5749

- Erica Martin
- Charlotte Hurst, RN

Talladega County

Breast Pump/Supplies

- Citizens Baptist Medical Center
256-761-4200
- Coosa Valley Baptist Medical Center
256-249-5749

Tallapoosa County

WIC Breastfeeding Counselors (Alex City) 256-329-0531

- Candelyn Harkins, NA

WIC Breastfeeding Counselors (Dadeville) 256-825-9203

- Canelyn Harkins, NA

Tuscaloosa County

WIC Breastfeeding Counselors 205-562-6900

- Lee Ann Wagner, RD, LD
- Sailaja Reddy, RD, LD

WIC Breastfeeding Counselors (Maude Whatley) 205-562-6900

- Sandy Wilson, NA
- Sailaja Reddy, RD, LD

DCH Regional Medical Center 205-750-5928

- Patti Kortbawi, RN, IBCLC
205-750-5971
- Erin Kelly, RN, IBCLC
205-750-5972
- Heidi Shields, RN, IBCLC
205-750-5972

Tuscaloosa County

Northport Medical Center 205-330-3031

- Jane Abel, RN, IBCLC
205-330-3036
- Mary McAteer, RN, IBCLC
205-330-3038
Michelle Ray, RN,
IBCLC
205-330-3037

Mommy and Me-West Alabama Pediatrics 205-752-7337

- Jerri Carisle, RN, IBCLC
- Kristyn Junkin, RN, IBCLC

Tuscaloosa Pediatrics 205-333-8222

- Vickie Lyle, RN, IBCLC

Prenatal Breastfeeding Classes

- Tuscaloosa County Health
Department
- Jane Abel, Northport Medical Center
205-330-3037
- DCH Regional Medical Center
205-750-5186
- Mommy and Me
205-752-7337

Other Counselors

- Janise Norman, RN, IBCLC
205-330-3037

Breast Pump/Supplies

- DCH Home Medical Equipment
205-330-3177
- Babytalk
205-333-1594

Postpartum Breastfeeding Support Groups

- Tuscaloosa County Health Dept.
205-562-6900

La Leche League Contact

- Jessica: 205-410-1934

Walker County

WIC Breastfeeding Counselors **205-221-9775**

- Leigh Ann Colvin, RD

Walker Baptist Medical Center **205-387-4858**

- Cathy Bruce RN, IBCLC

Other Counselors **205-543-0529**

Central Alabama Lactation Services

- Heidi Powell, RN, IBCLC
- Jenny Mizzell, RN, IBCLC

Prenatal Breastfeeding Classes

- Central Alabama Lactation Services
205-543-0529

Washington County

WIC Breastfeeding Counselors **251-847-2245**

- Megan Moore, RN

Breast Pump/Supplies

- Washington County Health
Department

Wilcox County

WIC Breastfeeding Counselors **334-682-4515**

- Shanna Huggins, RN
- Kristy Wilkinson, RN
- Gwen Kennedy, RN

Breast Pump/Supplies

- Wilcox County Health Department

Winston County

WIC Breastfeeding Counselors

- Jan Baughn, RN **205-489-2101**
- Kendra Whitley, RD **256-775-8535**

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Breast Pump/Supplies

- Winston County Health Department

DISTRICT NUTRITION DIRECTORS AND COUNTIES

East Central

Alisa Champion, RD
District Nutrition Director **334-293-6483**

Autauga	Lee
Bullock	Macon
Chambers	Montgomery
Chilton	Russell
Elmore	Tallapoosa

Jefferson

Jeanne Baker, RD
Nutrition Director **205-930-1536**

Mobile

Amanda Arnold, MS, RD
District Nutrition Director **251-410-5775**

Northeastern

Reba Brannan, MPH, RD
Nutrition Director **205-685-4177**

Blount
Dekalb
Etowah
Shelby

Amy Minish, RD
Nutrition Director **256-237-7523**

Calhoun	Randolph
Cherokee	St. Clair
Clay	Talladega
Cleburne	

Northern

Jessie Simmons, MS, RD
Nutrition Director

256-340-2113

Colbert	Limestone
Cullman	Madison
Franklin	Marion
Jackson	Marshall
Lauderdale	Morgan
Lawrence	Winston

Southeastern

Darlene Hicks, MS, RD
District Nutrition Director

334-393-5541

Barbour	Dale
Butler	Geneva
Coffee	Henry
Covington	Houston
Crenshaw	Pike

Southwestern

Sharon Eiland, RD
District Nutrition Director

251-947-1645

Baldwin	Escambia
Choctaw	Marengo
Clarke	Monroe
Conecuh	Washington
Dallas	Wilcox
Covington	

West Central

Renee Cole, RD
Nutrition Director

205-554-4515

Bibb	Perry
Chilton	Pickens
Fayette	Sumter
Greene	Tuscaloosa
Hale	Walker
Lamar	