

## Local breastfeeding support groups

Please call to verify time and location

- Brookwood: (205-877-1978)  
Tuesdays 10 A.M. - 12 P.M.  
First Baptist Church of Trussville, Room 138 by the prayer room  
128 North Chalkville Road  
Trussville, AL 35173  
  
Tuesday 1P.M. - 3 P.M.  
The Church at Brookhills  
3145 Brook Highland Parkway, Modular 2A  
Birmingham, AL 35242  
  
Thursday 10 A.M. - 12 P.M.  
Redstone Church (above Newks)  
600 Montgomery Hwy, Suite 208  
Birmingham, AL 35216  
  
Thursday 1P.M. - 3P.M.  
Valleydale Baptist Church, Room 306  
2324 Valleydale Road  
Hoover, AL 35244  
  
Monday 10 A.M.-12 P.M.  
Flint Hills Baptist Church, Life Group Room 5  
1630 Powder Plant Road  
Bessemer, AL 35022  
  
Monday 1 P.M.-3 P.M  
Baby Cafe  
6<sup>th</sup> Avenue Baptist Church, 2<sup>nd</sup> floor John Thomas Porter Building  
1101 Martin Luther King Drive  
Birmingham, AL 35211
- UAB: (205-934-7330)  
Meets the first and third Thursday of each month (except holidays) 9:30 A.M. to 11:30 A.M.  
Obstetric Complications Clinic  
1500 6th Avenue South  
Birmingham, AL 35233

\* AL Breastfeeding Committee  
Patient education → Resources

\* Private Consultant → Not reviewed. Please  
see website: [www.centralalabamalactationservices.com](http://www.centralalabamalactationservices.com).

\* Facebook: Chocolate Mommies (Birmingham)

- St. Vincent's Birmingham (205-212-6667)  
Baby Café  
Tuesday and Wednesday 1 P.M-3 P.M.  
810 St. Vincent Drive  
Birmingham AL 35205  
4<sup>th</sup> floor, 2<sup>nd</sup> room on the left
- St. Vincent's 119 (205) 408-6600  
Baby Cafe  
Wednesday 10 A.M.-12 P.M.  
7191 Cahaba Valley Road  
Hoover, AL 35242
- St. Vincent East (205) 838-3640  
Thursday 1 P.M.-3 P.M  
50 Medical Park East Drive  
Birmingham, AL 35235  
Classroom 4
- Baby Café East (205-838-0559)  
Thursday 5:30 P.M.-7 P.M.  
East 59 Café in Eastlake  
7619 1<sup>st</sup> Avenue North  
Birmingham, AL 35206

### **Non-hospital affiliated groups:**

- Le Leche League (Dawn 205-988-0594) May not have a scale present  
1st Monday of each month (if state holiday, will meet the 2nd Monday) 6:30 P.M.-8:00 P.M.  
Gardendale Public Library  
995 Mt Olive Rd. Gardendale, AL 35071  
Children's Event Room

### **Outside of Birmingham:**

#### Auburn, AL

- East Alabama Medical Center (334-528-3709)  
Thursday 12 P.M.-2 P.M.  
2000 Pepperell Parkway  
Opelika, AL 36801  
3<sup>rd</sup> floor of main hospital

Montgomery, AL

- Baptist East (334-244-8360; 400 Taylor Rd) and Baptist South (334-286-2829; 2105 E South Blvd)  
Alternate Mondays 10 A.M.-12 P.M.

Anniston, AL

- Baby Café (256-310-1235)  
Tuesday 10 A.M.-12 P.M.  
1327 Leighton Ave  
Anniston, AL 36207
- Bellies, Birth, and Beyond (Nancy Maransky 256-689-6282)  
1<sup>st</sup> Tuesday of every month  
4420 McCellan Blvd  
Anniston, AL 36206

Monroville

- Every other week, call 251-743-7458 for meeting details  
16 Todd Street  
Monroville, AL 36460

Huntsville (256-265-7285)

- Tuesday 10 AM-11:30 AM  
Huntsville Hospital Women's Pavilion, Room 120B  
910 Adam's Street  
Huntsville, AL 35801

Bay Minette (251-239-2296)

- First Tuesday of every month 10 AM-12 PM  
First United Methodist Church  
120 W 2nd St  
Bay Minette, AL 36507

Mobile (251-415-1285; 251-410-4517)

- Every Monday from 5:30 to 7 p.m. (Except major holidays)  
University of South Alabama  
The Allen Cox Building Conference Room  
205 Lambert Avenue  
Mobile, AL 36604