

SEEN: An ACHIA Teen Mental Wellness QI Collaborative Expert Faculty



E. Cason Benton, MD, FAAP
Professor, Department of Pediatrics, University of Alabama at Birmingham
ACHIA Director
Medical Director Alabama Care Plan

E. Cason Benton, MD, FAAP serves as the Director of ACHIA. Dr. Benton is Professor of Pediatrics at UAB in Academic General Pediatrics where she works with residents in the Primary Care Clinic. Dr. Benton currently serves on the AAP Maintenance of Certification Review Panel and the Leadership Committee for the National Improvement Partnership Network. She was the 2018 American Board of Pediatrics Paul E. Miles Fellow in Quality Improvement and 2019 recipient of the Marsha Raulerson Alabama Chapter AAP Advocacy award.



Heather Austin, PhD
Associate Professor, Department of Pediatrics, University of Alabama at Birmingham
Pediatric Psychologist- UAB Leadership Education in Adolescent Health (LEAH)

Dr. Heather Austin completed her doctoral degree in Clinical Child Psychology at Auburn University and her Internship and Post-Doctoral Fellowship in Pediatric Psychology at UAB. She is a Pediatric Psychologist and Associate Professor at the University of Alabama at Birmingham (UAB) Department of Pediatrics, Division of Adolescent Medicine. Dr. Austin is the psychologist for a

nationally funded program through Maternal and Child Health called Leadership Education in Adolescent Health (LEAH). Within the UAB LEAH program she focuses on interdisciplinary training and supervision with a focus on adolescent-centered/family-involved, culturally competent and community-based care. Areas of research and clinical interest for her include weight management/bariatric surgery, motivational interviewing, trauma informed care, and improvement of coping skills for children and adolescents with chronic health concerns. When not at work, she enjoys spending time with her husband and their 9-year-old daughter.