MEDICAL HOME MESSAGES FOR CHILDREN AND YOUTH

The American Academy of Pediatrics (AAP) wants children, youth and families across the country to know *that EVERY child and youth deserves a MEDICAL HOME.*

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Children and youth deserve a "**MEDICAL HOME**" – a place where the doctors and nurses know you and care about your health!

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Think about who is part of your **MEDICAL HOME** – the doctors and nurses you see when you go for a check-up or when you are sick:

- What do you like best about them?
- What do you like about their office?
- Is there anyone else who is part of your MEDICAL HOME?



Eating the right food (the four food groups!), getting plenty of exercise and sleep and having regular check-ups with your doctor are just some of the things you can do to stay healthy.

You are part of the **MEDICAL HOME**, too! Talking with your parents and your doctor about your health so that you can learn more about it and working to stay healthy is how you can make your **MEDICAL HOME** the best one for you.

Learn more about **MEDICAL HOME** — what it is and how you can be a partner—by visiting **www.MedicalHomeInfo.org**.

