

#StayWell Adolescent Well Visit Learning Collaborative 2019

Global Aim

To empower adolescents to actively engage in their preventative health care and to develop the knowledge and skills for a healthy transition into adulthood

Specific Aim

From January to September 2019, practices will increase adolescent well visits (ages 11 - 18) by 10%.

Measures/Goals:

Required Measures/Goals:

- Increase adolescent preventative well visits by 10% above baseline
- Review practice consent and confidentiality policy at 80% of adolescent well visits

Available measures: complete 80% at recommended intervals

- Adolescent vaccines
- Body Mass Index assessment
- HIV, GC and Chlamydia screening
- Depression Screening
- Tobacco use and exposure
- Alcohol use, marijuana/illicit drug use screening
- Birth control counseling
- Risk behavior screening

Key Drivers

Improve Office Reminder/ Recall System

Encourage Teen-Centered Care

Leverage Missed Opportunities

Raise Awareness of Importance of Adolescent Well Visit at the Patient Centered Medical Home

Develop Sustainability Plan for Optimal Adolescent Well Visit Care

Interventions

- Establish data system to identify adolescent patients
- Recall teens behind in WV or vaccines
- Enhance Reminder Systems
 - Implement testing – patients and caregivers
 - Utilize annual reminder mailers (emails, patient portals, birthday cards)
 - Interact with patients and families through charting portal
- Utilize social networking
 - Interact regularly through Facebook, Twitter, Mobile Applications and Practice website

- Involve Parents/Families in quality improvement and workflow design
- Educate Staff about practice confidentiality policy
- Develop scripts and practice difficult conversations with staff
- Inform adolescents about rights to confidentiality
- Discuss confidentiality policies with parents present
- Implement transition policy to adult care
- Provide age appropriate material suited to the needs of the adolescent population
- Create an adolescent friendly waiting area and exam rooms
- Foster a trusting relationship with the adolescent population
- Link teens to community resources

- Use acute care to increase WV completion
 - Convert minor illness to WV when possible
 - Use chart flags/alerts to remind patients to schedule WV before leaving the office
- Use and convert sports physicals to WVs

- Describe the difference between sports physicals and the WV
 - WCV = sports physical + comprehensive care
 - Sports physical = clearance for sports
- Promote protocols for additional components of the WV
 - Academic and personal development to prepare for college and beyond
 - Mental health surveillance and treatment when appropriate
 - Risk reduction regarding nutrition and weight management, safe driving, smoking and drug/alcohol avoidance, reproductive health

- Select and customize evidence-based protocols for your office
- Determine staff workflow to support protocols, including standing orders
- Use protocols with all patients
- Maintain protocols and update as needed
- Revise job descriptions and evaluations to support protocols