



## #StayWell: An Adolescent Well Visit Learning Collaborative Measure Background

The #StayWell measures support a practice striving to reliably deliver all components of the adolescent well visit as recommended in Bright Futures; however, it is not practical for practices to address each of the measures in six months. [https://www.aap.org/en-us/Documents/periodicity\\_schedule.pdf](https://www.aap.org/en-us/Documents/periodicity_schedule.pdf)

The 'Required' measures bring meaningful improvements to the adolescent well visit platform while respecting a practice's continuing workload. The ACHIA faculty anticipate that addressing these measures will fully engage the practice in the time available to us. If, however, the practice has a strong interest in improving a component, for example immunizations and determines it has resources to carry out the changes, it is acceptable to select an 'Available' measure to improve during the collaborative.

The 'Available' measures- and the accompanying CME modules and Toolkits- are provided for practices to build upon the adolescent platform developed over the course of #StayWell thus allowing practices to continue to make improvements after the collaborative concludes.

Required January-September 2019 collaborative:

- Incorporate change ideas to standardize reminder/recall processes and to decrease missed opportunities to increase attendance at adolescent preventative well child visits by 10% above baseline
- Establish a practice wide confidentiality policy to review at a minimum of 80% of adolescent well visits
- Increase practice delivery of core components of transition to adult care (rate determined by practice)
- As a balancing measure, assess impact of collaborative changes on other aspects of clinical care

Available measures: recommend to complete 80%

- Adolescent vaccines
- Obesity: Body Mass Index assessment and nutrition and physical activity counseling
- HIV, GC, Chlamydia screening
- Depression screening
- Tobacco use and exposure screening
- Alcohol use, marijuana/illicit drug use screening
- Birth control counseling
- Risk behavior screening