

Email to Recruited practices

Thank you for your registration in the ACHIA #StayWell Adolescent Well Visit Learning Collaborative. We are delighted to have the opportunity to work with your practice team to support improvements in child health outcomes! Guided by the ACHIA Expert Faculty, your practice will test strategies and tools and implement changes between January and September 2019 to improve adolescent well visits.

### PREWORK CHECKLIST

Prepare for the first webinar on **January 16, 2019 noon-1pm** by completing the following steps. All reference documents will be emailed to your contact team member as an attachment and are available in the QI-TeamSpace.

#### Overview/Administrative: Complete before **January 16, 2019 Initial #StayWell Webinar #1 scheduled for 12 Noon.**

- Review the features of the ACHIA QI TeamSpace <https://achia.org/qi-teamspace>
- Establish a CQI Practice Core Team: Lead Provider, Clinical Lead, Administrative Lead. Data Entry support staff. Guidance selecting a team available in QI-TeamSpace "Getting Started".
- Complete the Practice Readiness Assessment:
  - For practices with multiple sites, complete one Readiness Assessment for each site.
  - *Use attached document to collect information before opening online survey!*
  - Complete survey online via link received via email from Linda Champion or open link here.
- Review and Sign the *Practice and Provider Expectations* document and email back to Linda Champion at [lchampion@alaap.org](mailto:lchampion@alaap.org).
- Schedule your CQI Coach Visit. LaCrecia Thomas, [lacreia.thomas@childrensal.org](mailto:lacreia.thomas@childrensal.org) our CQI Coach will contact you for a convenient time.
- Place all collaborative dates (below) on the core team member calendars and schedule core team meetings at least bi-weekly.
- Before the first webinar, the practice Core Team will receive an email from ReadyTalk, our web platform, on how to register for this webinar.

#### Data: Complete before **February 7, 2019 Data Webinar**

- Peruse the QI TeamSpace folder "Data and Measures" to familiarize yourself with measures and the data collection resources.
- QIDA: Linda Champion will email instructions for the data manager to test access to the Quality Improvement Data Aggregator (QIDA) *prior* to the February 7 Data Webinar.

#### Education: Complete before **February 20, 2019 StayWell Webinar #2**

- Recommended readings (attached ad available on QI TeamSpace "Selected Articles"):
  - AAP COMMITTEE ON ADOLESCENCE. Achieving Quality Health Services for Adolescents. *Pediatrics*. 2016;138(2):e20161347
  - Supporting the Health Care Transition From Adolescence to Adulthood in the Medical Home. *Pediatrics* 2018;142; 85.
- #StayWell Learning Collaborative CME Modules: <https://achia.org/cme>

Three topic modules and one QI module (about 2.5 hours total) are required for MOC. Providers who attended the CME presentations by Dr. Preudhomme and Dr. Simpson at the Alabama AAP Fall Meeting

2018, do not need to complete the modules for MOC. Providers attending these sessions should note their exemption on the last page of Practice and Provider Expectations document.

- 1 - "#Stay Well: The Adolescent Preventive Care Visit". Tina Simpson, MD, FAAP, MPH. University of Alabama at Birmingham, Department of Pediatrics, Adolescent Medicine. (Video Time: 31.11 min)
  - 2 - "The Adolescent-Friendly Office". Daniel Preudhomme, M.D., FAAP, CNS, University of South Alabama, Pediatric Gastroenterology Hepatology and Nutrition, Director of the Pediatric Healthy Life Center. (Video Time: 42.28 min)
  - 3 - "Confidentiality and Consent: The Teen's Role in His/Her Care". Daniel Preudhomme, M.D., FAAP, CNS. University of South Alabama, Pediatric Gastroenterology Hepatology and Nutrition, Director of the Pediatric Healthy Life Center. (Video Time: 49.30 min)
  - For those new to ACHIA: 11- "ABCs of Quality Improvement". LaCrecia Thomas, RN, MSN, CPNP-AC/PC, CF Coordinator and Nurse Practitioner, CF Learning Network Quality Improvement Consultant. UAB/COA Cystic Fibrosis Center, Children's of Alabama
  - For those who have completed previous ACHIA Project within last 3 years: 10 - "Advanced Process Mapping". LaCrecia Thomas, RN, MSN, CPNP-AC/PC, CF Coordinator and Nurse Practitioner, UAB/COA Cystic Fibrosis Center, Children's of Alabama.
- Available CME Modules:

Modules addressing essential components of the adolescent visit are available but are *not* required for #StayWell MOC and do not have an assigned 'complete by' date. Topics include:

- 4 - "Healthy Screening, Eating and Living Active for Adolescents".
- 5- "Adolescent Immunizations".
- 6 - "Screening for Depression at the Adolescent Well Visit
- 7 - "Adolescent Substance Use Screening and Intervention: Practical tips for the Provider
- 8 - "LARC for the General Pediatrician
- 9 - "Providing Quality Care to LGBTQIA Patients in a Pediatric Office

## Monthly Practice Webinar, Teamwork, and Data Schedule

**Monthly Practice Webinars 3<sup>rd</sup> Wednesday of the month (unless off schedule)  
12 – 1 PM**

**Via ReadyTalk** [www.readytalk.com](http://www.readytalk.com)

Audio Dial In: 1-866-740-1260

Access Code: 9542543

2018: 1/16/19, Database webinar: 2/7/18, 2/20/19, 3/20/19, 4/17/19, 5/15/19,  
6/19/19, 7/17/19, 8/21/19, 9/18/19

**Teamwork Schedule: Due 1<sup>st</sup> Tuesday of each month:**

Each month the practice team will complete teamwork tasks sent to you by Linda Champion [lchampion@alaap.org](mailto:lchampion@alaap.org). LaCrecia Thomas will coordinate with the practices for the sharing segment in the webinar

2/5/19, 3/5/19, 4/2/19, 5/7/19, 6/4/19, 7/2/19, 8/6/19, 9/3/19

**Date Due: Collect for days 1 – 25 of the month; enter into QIDA by the last day of the month.**

Baseline Data: 2/28/19

Intervention Data: 3/31/19, 4/30/19, 5/31/19, 6/30/19, 7/31/19, 8/31/19

If you have any questions, please feel free to contact me at [lchampion@alaap.org](mailto:lchampion@alaap.org) or 334-324-9307. We are excited that you are participating and look forward to working with and learning from you.

Shift Happens,  
Linda