



Healthy Beginnings 2024: An ACHIA Trauma Informed Care and Resiliency QI Collaborative

Collaborative Purpose

Alabama Child Health Improvement Alliance (ACHIA) Collaborative participants improve outcomes in a specific content area – in this case clinicians will measurably improve strengths-based messaging and add, or enhance, screening and follow-up for perinatal depression, food insecurity, or social-emotional wellness at selected early childhood health supervision visits between December 2023 and August 2024. Participating in an in-person meeting with local community organizations will foster Safe Stable Nurturing Relationships (SSNRs). Referrals resulting from these personal connections are more likely to be successful in leading to 'warm handoffs.' Elizabeth Dawson, MD, FAAP, will be the lead content expert and Part 4 MOC points will be awarded to practices for 25 points.

The TICR Challenge

Global Aim:

All children experience SSNRs to buffer adverse experiences and proactively build resilience.

Specific Aims for All Practices:

Between December 2023-August 2024, practices will at selected early Well Child Checks

- Increase % of patients with documentation of a strengths-based approach to 80%
- Increase the % of patient visits with documentation that an early relational health screen was appropriately completed to 80%
 - Postpartum Depression
 - Social Determinants of Health
 - Social-Emotional Health
- Increase % patients with positive screens with intervention documented to 80%
- Innovative Measure: Track recommended interventions to learn which are most actionable