



Core Team and Physician Expectations

December 2023

Welcome to the Collaborative!

This collaborative is for practices who want to apply Quality Improvement (QI) to improve childhood resiliency.

The Healthy Beginnings Trauma Informed Care and Resiliency Collaborative (TICR) is a good fit for practices who want to:

- measurably improve strengths-based messaging and add, or enhance, screening and follow-up for perinatal depression, food insecurity, and social-emotional wellness at selected early childhood health supervision visits,
- Improve QI skills,
- Learn from Alabama Content Experts and Peers across the state.

This document outlines collaborative expectations for the practice Core Team and American Board of Pediatrics (ABP) expectations for physicians seeking Maintenance of Certification (MOC) Part 4.

Prior to December 1, 2023, the Lead Physician is responsible for reviewing this document, obtaining signatures, and emailing a scanned copy to Rachel Latham at rlatham@alaap.org

Enrollment in this collaborative is limited and there is a waiting list of interested practices. Please review expectations carefully for your ability to participate. Practices anticipating significant staffing disruptions or major changes, such as introducing a new electronic health record, should discuss participating in the collaborative with Dr. Benton (ebenton@uabmc.edu) prior to signing this document.

Core Team Expectation for Participation in a Quality Improvement (QI) Learning Collaborative

Collaborative Aims, Key Drivers, and Interventions

Review collaborative scope outlined in Key Driver (Attached)

Pre-Work Requirements

Complete before December 1, 2023 (Pre-work attached)

Who May Participate?

Practices providing primary care for Alabama children and youth.

Practice QI Core Team

The QI Core Team is active and engaged in improving practice processes and patient outcomes. At a minimum, the Core Team includes a lead physician, a clinical staff member and an administrator. The team should include those involved in all aspects of depression screening and follow-up. Depending on practice workflow, this may include front desk or referral staff. See *Selecting a QI Core Team* for more information.

The QI Core Team Responsibilities:

- Communicates importance of improving strengths-based messaging and screening and follow-up for perinatal depression, food insecurity, and social-emotional wellness to staff and physicians
- Routinely solicits change ideas and shares intervention results with the practice
- Tests ideas to improve completion
- Actively engages in monthly TICR QI webinars
- Complete online learning modules and webinars related to specific relational health screen
- Completes data entry and monthly survey into REDCap by the due date
- Has buy-in from practice leaders to allocate an average of 3-5 hours/month Dec 2023- August 2024 to improve practice strengths-based messaging and screening.

Data

Data collection and entry guidance is detailed in the TICR Data Webinar (December 14, 2023).

Important TICR Data Webinar participants include:

- Lead Physician
- Staff abstracting and entering data
- Staff maintaining the registry for patients with positive screens

Quantitative Data:

Measures include:

Strengths Based Approaches utilization
Screening for a potential barrier to relational health (practice selects screen)
Postpartum Depression
Social Determinants of Health
Social-Emotional Health

Baseline data due Jan 31 2024

Intervention data due monthly February – July 2023 on the last day of each month

Qualitative Data:

- Practice Readiness Assessment (Complete by December 1, 2023.) Link emailed from Rachel Latham)
- Monthly Webinar Feedback (Complete at end of each TICR ZOOM webinar)

- Monthly Practice Plan-Do-Study-Act (PDSA) Report (Complete monthly online. Link emailed monthly by Rachel Latham)
- Post-Collaborative Evaluation (Complete online at end of collaborative. Link emailed by Rachel Latham)
- Post-Collaborative Phone evaluation (if contacted by evaluator)

Technology

Practices need access to the internet as well as camera and audio streaming capabilities to participate in monthly TICS ZOOM webinars.

Practices must have a point person to readily review and respond to email communication.

Costs to participate

The collaborative is an included benefit for members of the Alabama-Chapter AAP or Alabama Academy of Family Physicians. The Pedialink course required for providers seeking MOC Part 4 is free for AAP members and \$87 for non-members.

Benefits

- Aligns practice with Bright Futures Recommendations for Preventive Pediatric Health Care
- Peer-to-peer networking
- Learn quality improvement techniques
- Improved practice efficiencies
- 25 points American Board of Pediatrics MOC Part 4
- QI work aligns with many NCQA PCMH (re)certification requirements
- Potential for increased revenue
- Award Certificate of Completion suitable to display to clients

Confidentiality

Only practice level data are entered into REDCap. No personal health information data are entered. Practices will be identified as participating in the final collaborative report, which is publicly available on the ACHIA website. No practice level data are in the final report.

Practices are recognized at state meetings.

For journal publications resulting from this work, neither individual practitioners nor practices will be linked with data. Only de-identified; aggregated practice level data and de-identified survey responses will be reported. No patients or practice staff will be identified in any publication about this study.

Participation-Termination

Participation in this collaborative is voluntary. Any provider may refuse to participate or may stop participating at any time and for any reason without penalty. Providers may also be withdrawn from the collaborative if unable to meet expectation timelines. If a pediatrician withdraws early, before meeting the minimum duration established for them to be eligible for ABP Part 4 MOC credit, the physician may no longer qualify for that credit. For any questions, concerns or complaints about the project, contact Cason Benton, MD, FAAP at ebenton@uabmc.edu or 205-638-6776 during the regular business hours of 8:00 a.m. to 5:00 pm CT, Monday through Friday.

Lead Physician MOC Attestation Responsibilities

To confidentially complete MOC attestation, the lead physician should:

- o Ensure core team expectations are met
- o Ensure physician participation in monthly practice QI meetings
- o Complete all asynchronous learning modules
- o Return all provider signed MOC attestations to Rachel Latham at end of collaborative
- o Resolve any disputes about practice members meeting MOC expectations

By signing below, the Lead Physician affirms the practice Core Team can meet participation expectations and can attest to colleague completion of ABP MOC Part 4 credits.

Signature

Date

Printed Name

Participating Physicians Seeking MOC Part 4 Expectations

This quality improvement project anticipates approval by the American Board of Pediatrics (ABP) Maintenance of Certification Part 4 for 25 points to be awarded in 2024. ACHIA staff can work with Family Physicians seeking MOC.

Each participating physician must meet the following requirement to receive MOC:

- Be intellectually engaged in planning and executing the project
- Participate in implementing the project’s intervention (the changes designed to improve care)
- Review data in keeping with the project’s measurement plan
- Collaborate in the activity by attending team meetings

Physicians must:

- Complete all asynchronous learning modules
- Participate in a minimum of 6/9 monthly practice meetings to
 - review data
 - contribute to change ideas
 - confirm with core team that your name is included in monthly practice report for practice meetings where you participate
- Submit ABP attestation of above activities to Lead Physician at end of collaborative

Core Team must meet all due dates for data a survey entry and complete its expectations for individual providers to receive MOC.

By signing below the participating physicians are aware of the expectations for MOC attestation.

Participating Physician Signatures

By signing below the participating physicians are aware of the expectations for MOC attestation.

Participating Physician Practice Member

Signature

Date

Printed Name

Participating Physician Practice Member

Signature

Date

Printed Name

Participating Physician Practice Member

Signature

Date

Printed Name

Participating Physician Practice Member

Signature

Date

Printed Name

Participating Physician Practice Member

Signature

Date

Printed Name

Supportive Physicians' Signatures

Supportive physicians are members of the participating practice but not seeking MOC credit or CME credit associated with the project.

I am aware that members of my practice are participating in the 2024 Healthy Beginnings: An ACHIA Trauma Informed Care and Resiliency QI Collaborative. I support their decision to participate in this project and the practice system changes that are determined by the Practice QI Core team.

Supportive Physician Practice Member

Signature

Date

Printed Name

Supportive Physician Practice Member

Signature

Date

Printed Name

Supportive Physician Practice Member

Signature

Date

Printed Name