

**April 1, 2025 from 9am to 2:30pm CST**  
**This is a live in-person training**

eMotion Therapy, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7710. Programs that do not qualify for NBCC credit are clearly identified. eMotion Therapy, LLC is solely responsible for all aspects of the programs



**3.5  
NBCC  
CREDIT  
HOURS  
AVAILABLE**

# Healing Collective Trauma Through Ancestral Practices: What Advocates and Professionals Need to Know About Psychedelic Therapies, Client Agency, and the Reintegration of Ancestral Healing as Alternative PTSD Treatment in the Black Community.

## Learning Objectives:

- **Participants will increase knowledge and understanding of ancestral healing practices and how historical trauma has impacted its practice in black family systems.**
- **Participants will increase knowledge and understanding of evidenced based research utilizing ancestral healing practices for black individuals, couples and families experiencing PTSD**
- **Participants will increase understanding and support of black individuals, couples and families re-embodiment of ancestral healing practices to reduce harm**

This training is designed to increase the knowledge, awareness and understanding for mental health advocates and professionals regarding the re-embodiment of ancestral healing practices in black communities as alternative treatments for PTSD

**Presenters: Stephanie Michael Stewart, MD | Akua Brown, MD | Rev. Bridget Piggue, ThD | Rev. Tonya Adejoke Butler-Truesdale, Esq.**

Register via

<https://www.uab.edu/cas/humanrights/outreach/conferences/registration>

03/31/2025 - 04/01/2025

\$50 two day pass \$25 one day pass

CE's only available for this workshop held on 04/01/2025

9:00am - 2:30pm CST

If you need special accommodations or have questions, please contact [emotiontherapy@outlook.com](mailto:emotiontherapy@outlook.com) or 205-440-3858  
1710 2nd Avenue North - Birmingham, Alabama 35203

[www.myemotiontherapy.com](http://www.myemotiontherapy.com)