

Nicholas C. Borgogna, Ph.D.

University of Alabama at Birmingham
College of Arts & Sciences
Department of Psychology
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Academic Appointments

2024-Present University of Alabama at Birmingham
Department of Psychology
Assistant Professor
Tenure-Track

2021-2024 Texas Tech University
Department of Psychological Sciences
Assistant Professor
Tenure-Track

Education

2021 Ph.D., Clinical and Counseling Psychology, University of South Alabama
Dissertation: *A Three-Wave Longitudinal Test of the Experiential Avoidance Model of Problematic Pornography Viewing*
Clinical Comprehensive Examination: *A Review of the Role of Childhood Sexual Abuse and Familial Support on LGBTQ Identity Development and Mental Health*
Chair: Ryon C. McDermott, Ph.D.

2021 Pre-Doctoral Internship
Health Service Psychology
College of William & Mary (APA-Accredited)
Group Therapy Track

2015 M.A., Clinical Psychology, Roosevelt University
Thesis: *Pornography Viewing: Exploratory Sex Differences in College Student Romantic Relationships*
Chair: Lorna London, Ph.D.

2014 B.S. Psychology, Utah State University
Minor: Family, Consumer, and Human Development
Honor: *Cum Laude*

Funding

- 2021-2023 Dying to be Masculine: Investigating the Longitudinal Relationships between Traditional Masculinity and Men's COVID-19 Vaccine Attitudes and Behavior
Funding Agency: Center for Disease Control and Prevention and the American Psychological Association
Co-Principal Investigators: Ryon C. McDermott & Ronald F. Levant
Role: Co-Investigator
Total Amount: \$247,239.26
Direct Costs: \$188,382.38
Indirect Costs: \$58,856.88
Award# 6NU87PS004366-03-02
- 2023-2024 Looking at Gender Affirming Group Therapy for Transgender and Gender Non-Conforming Individuals
Funding Agency: Psi Chi Honors Society, Mamie Phipps Clark Diversity Research Grant
Role: Principal Investigator (Undergraduate PI: Danielle Haakinson)
Total Amount: \$3,000
- 2023-2024 So How Special is Special K? A Systematic Review and Meta-Analysis of Ketamine for PTSD RCTs
Funding Agency: Texas Tech University Office of Research & Innovation
Role: Principal Investigator
Total Amount: \$1,000
- 2022-2023 Ascertaining Causality: Examining Minority Stress Processes Over Time in the Prediction of Mental Illness in Non-Cisgender Individuals
Texas Tech University Center for Transformative Undergraduate Experiences
Role: Principal Investigator (Undergraduate PI: Danielle Haakinson)
Total Amount: \$600
- 2022-2023 Is the Serotonin Hypothesis Dead? If So, How Will Clinical Psychology Respond?
Funding Agency: Texas Tech University Office of Research & Innovation
Role: Principal Investigator
Total Amount: \$490
- 2020-2021 Acceptance and Commitment Therapy for Problematic Pornography Viewing: A Randomized Control Trial
Funding Agency: University of South Alabama Office of Research and Economic Development (ORED) Graduate Student Activities Enhancement Program
Role: Principal Investigator
Total Amount: \$2,000

- 2020-2021 A Longitudinal Validation of the Minority Stress Model
Funding Agency: American Psychological Foundation, Rosalee G. and Raymond A. Weiss Award
Role: Principal Investigator
Total Amount: \$1,000
- 2020-2021 Might Precarious Masculinity be Related to Men's Propensity to Own Firearms?
Funding Agency: Society for the Psychological Study of Men and Masculinities
Role: Principal Investigator
Total Amount: \$500
- 2017-2019 Does Pornography Cause Mental Health Problems? A Cross-Lagged exploration.
Funding Agency: University of South Alabama Office of Research and Economic Development (ORED) Graduate Student Activities Enhancement Program
Role: Principal Investigator
Total Amount: \$2,000

Mentored Funding

- 2024-2026 Neuropsychological Intra-Individual Variability in Traumatic Brain Injury:
Evaluation of Biopsychosocial Contributors
Funding Agency: Department of Veterans Affairs
VISN 1 – Career Development Award
Principal Investigator: Stephen Aita
Role: Mentor and Biostatistician
Total Amount: \$254,324
Scored 1st in applicant pool

Funding Under Review

- Using a Novel Twin Study Design to Uncover Genetic and Environmental Underpinnings of Compulsive Sexual Behaviors
Funding Agency: National Institute of Mental Health
Role: Principal Investigator (W/ Co-PI Kraus)
Total Amount: \$427,276
Direct Costs: \$275,000
Indirect Costs: \$113,651

- A Comprehensive Epidemiological Assessment of Chemsex, Sexually Transmitted Infections, and Minority Stress in the United States
Funding Agency: National Institute on Drug Abuse
Role: Principal Investigator (W/ Co-PI Kraus)
Total Amount: \$438,650
Direct Costs: \$296,613
Indirect Costs: \$142,613

Funding Under Revision

Different Slopes for Different Folks: Estimating Major Depressive Disorder in Sexual and Gender Minority Individuals

Funding Agency: National Institute of Mental Health

Role: Principal Investigator

Total Amount: \$119,955

Direct Costs: \$85,236

Indirect Costs: \$35,719

Award# R03 MH132026-01

Major Proposals No Longer Under Consideration

Systematic Review and Meta-Analysis of Psychedelic Interventions for Mental Illness

Funding Agency: National Institute of Mental Health

Role: Principal Investigator (W/ Co-I Hill)

Total Amount: \$384,485

Direct Costs: \$277,084

Indirect Costs: \$107,401

Lending A Helping Paw: How Animal Companionship Ameliorates Minority Stress Processes Over Time

Funding Agency: Waltham Petcare Science Institute

Role: Principal Investigator (W/ Co-I Marshall)

Total Amount: \$245,487.01

Direct Costs: \$223,170.01

Indirect Costs: \$22,317

Award: Human-Animal Interaction Research Programme Award

Made it to final round of review and achieved waitlist status

Predictors of Law Enforcement Officer Retention, Resignation, and Termination: A Mixed Methods Approach

Funding Agency: National Institute of Justice

Role: Principal Investigator (W/ Co-I Hill)

Total Amount: \$328,694.88

Direct Costs: \$242,760.68

Indirect Costs: \$85,934.20

Award# O-NIJ-2022-171247

Recognitions/Awards

2023 Texas Tech University Libraries' Open Data Award

2023 Texas Tech University College of Arts & Sciences Innovative Scholarship Excellence in Diversity Award Finalist.

2022 Texas Tech University Department of Psychological Sciences Grant Mentorship Program Mentee

2020 University of South Alabama Department of Psychology Outstanding Clinical/Counseling Psychology Student Researcher Award

2020	University of South Alabama College of Education & Professional Studies Outstanding Student Award
2019	APA Division 17 Counseling Center Outstanding Graduate Intern Award
2019	APA Student Travel Award
2017	APA Student Travel Award
2017-2019	University of South Alabama Researcher Travel Funding
2016-2020	University of South Alabama Research Fellow Funding
2014-2015	Roosevelt University Research Fellow Funding
2014-2015	Roosevelt University Researcher Travel Funding
2014-2015	Roosevelt University Graduate Trustee Scholarship
2013	Utah State University Dean's List
2005	Boy Scouts of America: Eagle Scout Award

Peer-Review Publications (As of August 2024: Citations \geq 1,630, *h*-index \geq 19, *i10*-index \geq 30, *k*=64; *graduate student, **undergraduate student)

(64.) Engelhardt, R., Maes, J., Way, B.M., **Borgogna, N.C.** & Kraus, S.W. (In Press). Screening for Problematic Pornography Use with Brief Pornography Screen: A Scoping Review. *Current Addiction Reports*.

(63.) **Borgogna, N.C.** & Aita, S.L. (In Press). Accepting the Challenge and Committing to the Future of ACT Science. *Psychiatric Clinics of North America*.

(62.) Knapp, S.A.B., Austin, D.S., Aita, S.L., Caron, J.E., *Owen, T., **Borgogna, N.C.**, Del Bene, V.A., Roth, R.M., Milberg, W.P., & Hill, B.D. (In Press). Neurocognitive Outcomes Associated with COVID-19 Infection: A Meta-Analysis. *Journal of Neurology, Neurosurgery, & Psychiatry*.

(61.) Carroll, T.D., Cornish, M.A., Marie, L., Fadoir, N.A., Taylor, S.E., **Borgogna, N.C.**, & Currier, J. (In Press). Understanding Self-Forgiveness in Emotion-Focused Therapy: An Interpersonal Process Recall Study with Men in Recovery from Addiction. *Journal of Psychotherapy Integration*.

(60.) Bóthe, B., Vaillancourt-Morel, M-P, Bergeron, S., Hermann, Z., Ivaskevics, K., Kraus, S. W., Grubbs, J.B., **Borgogna, N.C.**, ... Wizła, M. (In Press). Uncovering the most robust predictors of problematic pornography use: A large-scale machine learning study across 16 countries. *Journal of Psychopathology and Clinical Science*.

(59.) **Borgogna, N.C.**, *Owen, T., *Johnson, D.A.L., & Kraus, S.W. (In Press). No Magic Pill: A Systematic Review of the Pharmacological Treatments for Compulsive Sexual Behavior Disorder. *Journal of Sex Research*. <https://doi.org/10.1080/00224499.2023.2282619>

(58.) **Borgogna, N. C.**, *Way, B.M., & Kraus, S.W. (2024). Multicultural Considerations for the Psychometrics of the Brief Pornography Screen. *Cyberpsychology, Behavior, and Social Networking*, 27, 318-327. <https://doi.org/10.1089/cyber.2023.0493>

(57.) *Pizer, J., Aita, S.L., Myers, M., *Hawley, N., *Ikonomou, V., *Brasil, K., Hernandez, K., Pettway, E., *Owen, T., **Borgogna, N.C.**, Smitherman, T., & Hill, B.D. (2024).

Neuropsychological Function in Migraine Headaches: An Expanded Comprehensive Multi-Domain Meta-Analysis. *Neurology*, 102, e208109.

DOI: 10.1212/WNL.0000000000208109.

(56.) **Borgogna, N. C.**, *Owen, T., & Aita, S.L. (2024). The Absurdity of Latent Disease Model in Mental Health: 10,130,807 Ways to Have a DSM-5-TR Psychological Disorder. *Journal of Mental Health*, 33, 451-459. DOI: 10.1080/09638237.2023.2278107

(55.) **Borgogna, N. C.** & Aita, S.L. (2024). It's Not Just Neuroticism: Testing Minority Stress Processes Against Five Factor Personality Dimensions in Prediction of Depression. *Psychology of Gender and Sexual Orientation Diversity*, 11, 538-547. <https://doi.org/10.1037/sgd0000620>

(54.) **Borgogna, N.C.** & Aita, S.L. (2024). The Relationship Between Sexism and Mental Health Problems Across Genders. *The Social Science Journal*, 61, 405-419.

<https://doi.org/10.1080/03623319.2020.1809902>

(53.) **Borgogna, N.C.**, *Owen, T., *Vaughn, J., *Johnson, D.A.L., Aita, S.L., & Hill, B.D. (2024). So How Special is Special K? A Systematic Review and Meta-Analysis of Ketamine for PTSD RCTs. *European Journal of Psychotraumatology*, 15, 2299124,

<https://doi.org/10.1080/20008066.2023.2299124>

(52.) **Borgogna, N.C.**, *Johnson, D.A.L., *Shegedin, M., & *Brasil, K.M. (2024). Taking Another Look at the Moral Incongruence Model of Problematic Pornography Use: Does Gender Play a Role? *Archives of Sexual Behavior*, 53, 703-714. doi: 10.1007/s10508-023-02743-y

(51.) *Chen, Y., *Huang, K., Scoglio, A.A.J., **Borgogna, N. C.**, Potenza, M.N., Blycker, G.R., & Kraus, S.W. (2024). A Network Comparison of Sexual Dysfunction, Psychological Factors, and Body Dissociation between Individuals with and without Sexual Trauma Histories. *Journal of Trauma & Dissociation*, 25, 62-82. DOI: 10.1080/15299732.2023.2231915

(50.) **Borgogna, N.C.**, Aita, S.L., & Aita, L.J. (2024). The Mental Health and Minority Stress of Consensually Non-Monogamous Individuals: Mental Health Implications. *Sexual & Relationship Therapy*, 39, 46-65. <https://doi.org/10.1080/14681994.2021.1959545>

(49.) **Borgogna, N.C.**, Spencer, S.D., *Johnson, D.A.L., *Brasil, K.M., McDermott, R.C., Kraus, S.W., & Buchanan, J.A. (2023). The Development and Validation of the Experiential Avoidance Rating Scale (EARS): A Self-Report Questionnaire that *Might* Actually Measure Experiential Avoidance. *Journal of Contextual Behavioral Science*, 30, 121-131.

<https://doi.org/10.1016/j.jcbs.2023.10.001>

(48.) Aita, S.L., Kondrath, S.R., *Owen, T., **Borgogna, N. C.**, & Usset, T. (2023). A The Status of Evidence-Based Treatments for Moral Injury Syndrome: Review and Meta-Analysis of Randomized Controlled Trials. *Current Treatment Options in Psychiatry*, 10, 217-233.

<https://doi.org/10.1007/s40501-023-00292-8>

- (47.) **Borgogna, N. C.**, Aita, S.L., Trask, C.L., & Moncrief, G.G. (2023). Psychotic Disorders in College Students: Demographic and Care Considerations. *Psychosis, 15*, 229-239. <https://doi.org/10.1080/17522439.2022.2039273>
- (46.) **Borgogna, N. C.**, *Meyer, C., *Trussell, M., Garos, S., & Kraus, S.W. (2023). Further Understanding the Correlations Between Sexting and Mental Health: Considerations for Sex and Sexual Identity. *Cyberpsychology, Behavior, and Social Networking, 26*, 323-331. <https://doi.org/10.1089/cyber.2022.0312>
- (45.) **Borgogna, N. C.**, Aita, S.L., Musso, M., & Hill, B.D. (2023). Identification of a Pre-Employment Psychological Evaluation Marker for Predicting Police Candidates Who Receive Racial and Excessive Force Complaints. *Journal of Psychopathology and Behavioral Assessment, 45*, 509-518. <https://doi.org/10.1007/s10862-022-10003-x>
- (44.) *Jennings, T.L., *Chen, Y., *Way, B.M., **Borgogna, N. C.**, & Kraus, S.W. (2023). Associations Between Online Dating Platform Use and Mental and Sexual Health Among a Mixed Sexuality College Student Sample. *Computers in Human Behavior, 144*, 107727. <https://doi.org/10.1016/j.chb.2023.107727>
- (43.) **Borgogna, N. C.**, Lathan, E.C., & Aita, S.L. (2023). Sexual and Gender Minority Victimization: Base Rates of Assault in College Students Across Sexual and Gender Identities. *Journal of Interpersonal Violence, 38*, 5613-5637. doi: 10.1177/08862605221124253
- (42.) *Habashy, J., Benning, S., Renn, B., **Borgogna, N. C.**, Lawrence, E., & Kraus, S.W. (2023). Psychometric Properties of the Eating Disorder Examination Questionnaire: Factor Analysis and Measurement Invariance by the Intersection of Race and Gender. *Eating Behaviors, 48*, 101696. <https://doi.org/10.1016/j.eatbeh.2022.101696>
- (41.) Aita, S.L., Schuler, K. R., Isaak, S.L., **Borgogna, N. C.**, Moncrief, G.G., Hollis, S.D., & Hill, B.D. (2023). Posttraumatic Stress Disorder Complicated by Traumatic Brain Injury: A Narrative Review. *SN Comprehensive Clinical Medicine, 5*, 92. doi.org/10.1007/s42399-023-01431-1
- (40.) **Borgogna, N.C.**, McDermott, R.C., *Brasil, K. M., *Berry, A.T., & *Smith, T. (2023). An Experimental Examination of College Student Peer Helping Intentions: Depression, Suicidal, and Homicidal Presentations. *Counselling Psychology Quarterly, 36*, 153-168. <https://doi.org/10.1080/09515070.2022.2073331>
- (39.) **Borgogna, N. C.**, & Aita, S.L. (2022). Is the Serotonin Hypothesis Dead? If So, How Will Clinical Psychology Respond? *Frontiers in Psychology, 13*, <https://doi.org/10.3389/fpsyg.2022.1027375>
- (38.) Rosansky, J.A., **Borgogna, N.C.**, Kraus, S.W., & Grubbs, J.B. (2022). Cross-sectional and longitudinal associations between posttraumatic stress symptoms and hypersexual behaviors

among individuals who have gambled in their lifetimes. *Journal of Sexual Medicine*, 19, 1813-1823. <https://doi.org/10.1016/j.jsxm.2022.09.003>

(37.) **Borgogna, N. C.**, & Aita, S.L. (2022). Another Failure of the Latent Disease Model? The Case of Compulsive Sexual Behavior Disorder. *Journal of Behavioral Addictions*, 3, 615-619. <https://doi.org/10.1556/2006.2022.00069>

(36.) **Borgogna, N.C.**, *Griffin, K.R., Grubbs, J.B. & Kraus, S.W. (2022). Understanding Differences in Problematic Pornography Use: Considerations For Gender and Sexual Orientation. *Journal of Sexual Medicine*, 8, 1290-1302. DOI: 10.1016/j.jsxm.2022.05.144

(35.) **Borgogna, N. C.**, Garos, S., *Meyer, C.L., *Trussell, M.R. & Kraus, S.W. (2022). A Review of Behavioral Interventions for Compulsive Sexual Behavior Disorder. *Current Addiction Reports*, 9, 99-108. <https://doi.org/10.1007/s40429-022-00422-x>

(34.) McDermott, R.C., *Brasil, K.M., **Borgogna, N.C.**, *Barinas, J., & Levant, R.F. (2022). Traditional Masculinity Ideology and Feminist Attitudes: The Role of Identity Foreclosure. *Sex Roles*, 87, 211-222. <https://doi.org/10.1007/s11199-022-01302-4>

(33.) **Borgogna, N.C.**, Kraus, S.W., & Grubbs, J.B. (2022). Military Veteran's Psychological Distress Associated with Problematic Pornography Viewing. *International Journal of Mental Health and Addiction*, 20, 2194-2207. <https://doi.org/10.1007/s11469-021-00508-z>

(32.) **Borgogna, N.C.** & McDermott, R.C. (2022). Is Traditional Masculinity Ideology Stable Over Time in Men and Women? *Psychology of Men and Masculinities*, 23, 347-352. <https://doi.org/10.1037/men0000393>

(31.) **Borgogna, N.C.**, McDermott, R.C., & *Brasil, K. M. (2022). The Precarious Masculinity of Firearm Ownership. *Psychology of Men and Masculinities*, 23, 173-182. <https://doi.org/10.1037/men0000386>

(30.) Levant, R.F., Parent, M.C., Ling, S., & **Borgogna, N.C.** (2022). Variance Composition, Reliability, Validity, and Measurement Invariance of the Toronto Alexithymia Scale-20 in Non-Clinical Samples. *Psychology of Men and Masculinities*, 23, 133-142. <https://doi.org/10.1037/men0000373>

(29.) **Borgogna, N. C.**, Lathan, E.C., & McDermott, R.C. (2022). She Asked For It: Hardcore Porn, Sexism, and Rape Myth Acceptance. *Violence Against Women*, 28, 510-531. <https://doi.org/10.1177/10778012211037378>

(28.) McDermott, R.C., *Brasil, K.M., **Borgogna, N.C.**, Barinas, J., & Levant, R.F. (2021). The Politics of Men's and Women's Traditional Masculinity Ideology in the United States. *Psychology of Men and Masculinities*, 22, 627-638. <https://doi.org/10.1037/men0000367>

(27.) Lathan, E.C., Hong, J.H., Heads, A.M., **Borgogna, N.C.**, & Schmitz, J.M. (2021). Prevalence and Correlates of Sex Work and Sex Purchasing Among Adults Seeking Treatment

for Cocaine Use Disorder: An Exploratory Study. *Substance Use and Misuse*, 56, 2229-2241. <https://doi.org/10.1080/10826084.2021.1981391>

(26.) McDermott, R. C., Brasil, K. M., Barinas, J., & **Borgogna, N. C.** (2021). Associations Between Men's and Women's Conformity to Masculine Role Norms and Firearm Ownership: Contributions Beyond Race, Gender, and Political Ideology. *Psychology of Men & Masculinities*, 22, 227-237. <https://doi.org/10.1037/men0000341>

(25.) **Borgogna, N. C.**, Smith, T., Berry, A.T., & McDermott, R.C. (2021). An Evaluation of the Mental Health, Financial Stress, and Anticipated Debt of Clinical and Counseling PhD and PsyD Students. *Teaching of Psychology*, 48, 328-338. <https://doi.org/10.1177/0098628320980856>

(24.) Ingram, P.B., Isacco, A., & **Borgogna N.C.** (2021). Examining admission and formation outcomes for Catholic clergy applicants with the MMPI-2-RF: A Prospective Study. *Psychological Assessment*, 33, 871-879. <https://doi.org/10.1037/pas0001028>

(23.) McKelvey, D. K., Levant, R.F., McDermott, R.C., Alto, K.M., Richmond, K. A., & **Borgogna, N.C.** (2021). Measurement Invariance of the Femininity Ideology Scale-Short Form for Black and White Respondents. *Women & Health*, 61, 289-293. <https://doi.org/10.1080/03630242.2020.1862387>

(22.) **Borgogna, N. C.**, Brenner, R.E., & McDermott, R.C. (2021). Sexuality and Gender Invariance of the PHQ – 9 and GAD – 7: Implications for 16 Identity Groups. *Journal of Affective Disorders*, 278, 122-130. <https://doi.org/10.1016/j.jad.2020.09.069>

(21.) Aita, S.L., **Borgogna, N. C.**, Aita, L.J., Ogden, M.L., & Hill, B.D. (2020). Comparison of clinical psychologist and medical practitioner beliefs and practices concerning malingering: Results from a mixed methods study. *Psychological Injury & Law*, 13, 246-260. <https://doi.org/10.1007/s12207-020-09374-x>

(20.) McDermott, R.C., Berry, A.T., **Borgogna, N. C.**, Cheng, H.L., Wong, Y.J., Browning, B.R., & Carr, R. (2020). Revisiting the Paradox of Hope: Associations Between Discrimination and Distress among Black College Students. *The Journal of Counseling Psychology*, 67, 637-644. <https://doi.org/10.1037/cou0000422>

(19.) **Borgogna, N. C.**, Smith, T., McDermott, R.C., & Whately, M. (2020). Are Playboy (and girl) Norms Behind the Relationship Problems Associated with Pornography Viewing in Men and Women? *Journal of Sex & Marital Therapy*, 46, 491-507. <https://doi.org/10.1080/0092623X.2020.1760980>

(18.) McDermott, R. C., **Borgogna, N. C.**, Hammer, J. H., Berry, A. T., & Levant, R. F., (2020). More Similar than different? Testing the Construct Validity of Men's and Women's Traditional Masculinity Ideology Using the MRNI-VB. *Psychology of Men & Masculinities*, 21, 523-532. <https://doi.org/10.1037/men0000251>

- (17.) **Borgogna, N. C.**, Isacco, A., & McDermott, R.C. (2020). A Closer Examination of the Relationship Between Religiosity and Problematic Pornography Viewing in Heterosexual Men. *Sexual Addiction & Compulsivity*, 27, 23-44. <https://doi.org/10.1080/10720162.2020.1751361>
- (16.) Slagel, B., Tayler, S.E., **Borgogna, N.C.**, & Currier, J. (2020). Proneness to Painful Self-Conscious Emotions, Meaning, and PTSD: A Mediation Model in Returning Veterans. *Journal of Loss and Trauma*, 25, 322-332. <https://doi/abs/10.1080/15325024.2019.1682343>
- (15.) Williams, S. & **Borgogna, N.C.** (2020). Screening for Stressful Life Events, Cortisol, and Perceived Stress in a School Setting. *Annals of Pediatrics*, 3, 1021.
- (14.) **Borgogna, N.C.**, McDermott, R.C., Berry, A.T., & Browning, B.R. (2020). Masculinity and Problematic Pornography Viewing: The Moderating Role of Self-Esteem. *Psychology of Men and Masculinity*, 21, 81-94. <https://doi.org/10.1037/men0000214>
- (13.) **Borgogna, N.C.**, McDermott, R.C., Berry, A.T., Lathan, E.C., & Gonzales, J. (2020). Measurement and Structural Invariance of the Acceptance in Action Questionnaire-II across Racial and Ethnic Groups. *Journal of Contextual Behavior Science*, 17, 32-38. <https://doi.org/10.1016/j.jcbs.2020.05.003>
- (12.) Booth, N., McDermott, R.C., **Borgogna, N.C.**, & Cheng, H. (2019). Masculine Gender Role Stress and Self-Stigma of Seeking Help: The Moderating Roles of Self-Compassion and Self-Coldness. *Journal of Counseling Psychology*, 66, 755-762. <https://doi.org/10.1037/cou0000350>
- (11.) **Borgogna, N.C.** & McDermott, R.C. (2019). Perceived Discrimination Is Disproportionally Associated with Sexual Minority Mental Health: Implications for Non-Monosexual Sexual Minorities. *Journal of Gay & Lesbian Mental Health*, 24, 20-39. <https://doi.org/10.1080/19359705.2019.1644571>
- (10.) **Borgogna, N.C.** & Aita, S.L. (2019). Problematic Pornography Viewing from a Big-5 Perspective. *Sexual Addiction & Compulsivity*, 26, 293-314. <https://doi.org/10.1080/10720162.2019.1670302>
- (9.) **Borgogna, N.C.**, McDermott, R.C., Browning, B.R., Beach, J.D., & Aita, S.L. (2019). How Does Traditional Masculinity Relate to Men's and Women's Problematic Pornography Viewing? *Sex Roles*, 80, 693-706. <https://doi.org/10.1007/s11199-018-0967-8>
- (8.) McDermott, R.C., Levant, R.F., Hammer, J.H., **Borgogna, N.C.**, & McKelvey, D. (2019). Initial Development and Validation of a 5-Item Male Role Norms Inventory using Bifactor Modeling. *Psychology of Men and Masculinity*, 20, 467-477. <https://doi.org/10.1037/men0000178>
- (7.) Aita, S.L., Beach, J., Taylor, S.E., **Borgogna, N.C.** Harrell, M., & Hill, B.D. (2019). Executive or Language? An examination of the construct validity of verbal fluency measures. *Applied Neuropsychology: Adult*, 26, 441-451. <https://doi/10.1080/23279095.2018.1439830>

- (6.) **Borgogna, N.C.**, McDermott, R.C., Aita, S.L., & Kridel, M.M. (2019). Anxiety and Depression Across Gender and Sexual Minorities: Implications for Transgender, Gender Nonconforming, Pansexual, Demisexual, Asexual, Queer and Questioning Individuals. *Psychology of Gender and Sexual Orientation Diversity*, 6, 54-63. <https://doi.org/10.1037/sgd0000306>
- (5.) **Borgogna, N.C.**, Duncan, J., & McDermott, R.C. (2018). Is Scrupulosity Behind the Relationship Between Problematic Pornography Viewing and Depression, Anxiety, and Stress? *Sexual Addiction & Compulsivity*, 25, 293-318. <https://doi.org/10.1080/10720162.2019.1567410>
- (4.) **Borgogna, N.C.**, Lathan, E.C., & Mitchell, A. (2018). Is Women's Problematic Pornography Viewing Related to Body Image or Relationship Satisfaction? *Sexual Addiction & Compulsivity*, 25, 345-366. <https://doi.org/10.1080/10720162.2018.1532360>
- (3.) **Borgogna, N.C.** & McDermott, R.C. (2018). The Role of Gender, Experiential Avoidance, and Scrupulosity in Problematic Pornography Viewing: A Moderated-Mediation Model. *Sexual Addiction & Compulsivity*, 25, 319-344. <https://doi.org/10.1080/10720162.2018.1503123>
- (2.) McDermott, R.C., Smith, P., **Borgogna, N.C.**, Booth, N., Granato, S., & Sevig, T. (2018). College Students' Conformity to Masculine Role Norms and Help-seeking Intentions for Suicidal Thoughts: Examining Contextual Variables. *Psychology of Men and Masculinity*, 19, 340-351. <https://doi.org/10.1037/men0000107>
- (1.) **Borgogna, N.C.**, Lockhart, G., Grenard, J. L., Barrett, T., Shiffman, S., & Reynolds, K.D. (2015). Ecological Momentary Assessment of Urban Adolescents' Technology Use and Cravings for Unhealthy Snacks and Drinks: Differences by Ethnicity and Sex. *Journal of the Academy of Nutrition and Dietetics*, 115, 759-766. <https://doi.org/10.1016/j.jand.2014.10.015>

Peer-Review Articles Under Review (Invited for Resubmission; k=6):

- (6.) Pizer, J.H., Hernandez, K.A., Aita, S.L., Ikonomidou, M.S., Myers, M.A., Hawley, N.A., Brasil, K.M., **Borgogna, N.C.**, Spiegel, J., Smitherman T.A., & Hill, B.D. (Under Review). Neuropsychological Functioning Pediatric Primary Headache Disorders: A Meta-Analysis. *Pediatrics*.
- (5.) *Griffin, K., **Borgogna, N.C.**, & Kraus, S.W. (Revise/Resubmit). An Examination and Validation of a Short Form of the Spiritual Abuse Questionnaire. *Spirituality in Clinical Practice*.
- (4.) Shircliff, K., Cummings, C. & **Borgogna, N.C.** (Revise/Resubmit). Ethical Consideration in Substance Use Treatment for Youth: Assessing Clinical Practices and Policy Framework for Potential Harm. *Research on Child and Adolescent Psychopathology*.
- (3.) Aita, S.L., Del Bene, V.A., Knapp, D.L., Demming, C.E., *Ikonomidou, V., *Owen, T., Campbell, I.A., Wagaman, B.N., **Borgogna, N.C.**, Caron, J.E., Roth, R.M., Hill, B.D. (Revise/Resubmit). Cognitive Intra-Individual Variability in Cognitively Healthy APOE ε4,

Carriers, Mild Cognitive Impairment, and Alzheimer's Disease: A Meta-Analysis. *Neurology Reviews*.

(2.) Scoglio, A.A.J., *Chen, Y.L., *Huang, K.J., **Borgogna, N.C.**, Potenza, M.N., Blycker, G.R., Kraus, S.W. (Revise/Resubmit). Sexual Trauma and Compulsive Sexual Behavior in Young Men and Women: A Network Analysis. *Journal of Sexual Medicine*.

(1.) *Way, B.M., Gunawan, K., Meana, M., Brents, B., **Borgogna, N.C.**, & Kraus, S.W. (Revise/Resubmit). Psychometric Properties and Pornography Use Relationships of the Pornography Acts Condom Use Attitudes Questionnaire. *Journal of American College Health*.

Peer-Review Articles Under Review (First submission; k=4):

(4.) *Johnson, D.A.L., **Borgogna, N.C.**, Ingram, P.B., Warlick, C., Spencer, S.D., Mims, C.E., Bunnell, K.L., & Nielsen, J.A. (Under Review). The Scrupulosity Obsessions and Compulsions Scale. *Journal of Obsessive-Compulsive and Related Disorders*.

(3.) *Nation, M., Kraus, S.W., Garcia, M., **Borgogna, N.C.**, & Christensen Pacella, K. (Under Review). Sexual Functioning and Eating Disorders: Examining the Role of Gender and Internalizing Symptoms. *International Journal of Eating Disorders*.

(2.) **Borgogna, N.C.**, *Owen, T., *Petrovich, D., *Vaughn, J., *Johnson, D.A.L., Pagano, L., Aita., S.L., & Hill, B.D. (Under Review). Not So Silly with That Psilocybin: Side Effect, Action Mechanism, and Incremental Efficacy Systematic Review and Meta-Analysis of Psilocybin for Depression RCTs. *Psychopharmacology*.

(1.) *Shegedin, M., Scoglio, A.A.J., Kraus, S.W., & **Borgogna, N.C.** (Under Review). Association of Sexual Violence on Compulsive Sexual Behavior and Problematic Pornography Use. *Journal of Sexual Medicine*.

Peer-Reviewed Book Chapters (k=2)

(2.) Levant, R.F., Parent, M.C., Ling, S., & **Borgogna, N.C.** (2022). Variance Composition, Reliability, Validity, and Measurement Invariance of the Toronto Alexithymia Scale-20 in Non-Clinical Samples. In Levant, R.F. (Ed.) *Assessing and Treating Emotionally Inexpressive Men*. Routledge.

(1.) **Borgogna, N.C.**, & Smith J.C. (2017). Why do you believe? In Smith, J.C. (Ed.) *Critical Thinking: Pseudoscience and the paranormal, second edition* (pp. 255-260). Hoboken, New Jersey: Wiley-Blackwell.

Published Abstracts (k=2)

(2.) Milam, A., Aita, S.L., Saeed, M., **Borgogna, N.C.**, Campbell, I., Ikonomidou, V., Walker, K.A., Kamath, V., Visscher, K., Murchison, C., Geldmacher D.S., Roberson, E., Hill, B.D., & Del Bene, V. (2024). The Association of Cerebrospinal Fluid Biomarkers of Alzheimer's Disease with Cognitive Intra-Individual Variability. *Archives of Clinical Neuropsychology*. <https://doi.org/10.1093/arclin/aca067.011>

(1.) Noskey, J., Aita, S.L., **Borgogna, N.C.**, Jimenez, T., Walker, K.A., Rhoads, T., Eloi, J.M., Resch, Z.J., & Del Bene, V. (2024). The Effect of Diagnostic Method on Racial Disparities in Mild Cognitive Impairment and Dementia Diagnosis Using the NACC Database. *Journal of the International Neuropsychology Society*. <https://doi.org/10.1017/S1355617723011177>

Professional Guidelines

American Psychological Association, Boys and Men Guidelines Group. (2018). *APA guidelines for psychological practice with boys and men*.

University Administrative Reports

(4.) **Borgogna, N.C.**, Schiro, I., & Pittsenbarger, L (2021). A Quantitative and Qualitative Examination of 2020-2021 Campus Connect Suicide Prevention Trainings. *College of William and Mary*.

(3.) McDermott, R.C. & **Borgogna, N.C.** (2019). College Student Mental Health Survey – II. *University of South Alabama*.

(2.) McDermott, R.C. & **Borgogna, N.C.** (2018). College Student Mental Health Survey. *University of South Alabama*.

(1.) McDermott, R.C. & **Borgogna, N.C.** (2017). Evaluation Report of the 2016 Bro Code: Hostile Masculinity Attitudes and Dating Violence Acceptance Attitudes. *University of South Alabama*.

Professional Presentations (Grand K=82)

Symposia and Panels (k=30)

(30.) **Borgogna, N.C.** & *Owen, T. & Spencer, S. (November, 2024). *The First 1,000 RCTS Part 1: A Comprehensive Meta-Analysis of Acceptance and Commitment Therapy*. In Spencer, S.'s (Chair) *Innovations in the Systematic Evaluation of Clinical Research on Cognitive-Behavioral Therapy-Based Interventions*. Symposium to be presented at the Association for Cognitive and Behavioral Therapies Annual Meeting, Philadelphia, PA.

(29.) Spencer, S., *Owen, T., & **Borgogna, N.C.** (November, 2024). *The First 1,000 RCTS Part 2: A Meta-Analysis of Acceptance and Commitment Therapy Processes*. In Spencer, S.'s (Chair) *Innovations in the Systematic Evaluation of Clinical Research on Cognitive-Behavioral Therapy-Based Interventions*. Symposium to be presented at the Association for Cognitive and Behavioral Therapies Annual Meeting, Philadelphia, PA.

(28.) **Borgogna, N.C.** [Invited Guest Speaker], Aita, S.L., *Owen, T., *Vaughn, J., *Johnson, D.A.L., & Hill, B.D. (August, 2024). *So How Special is Special K: A Meta-Analysis of Randomized Control Trials of Ketamine Intervention for PTSD*. Colloquium presented at the VISN 1 CTN Mental Health Consortium Monthly Meeting [Virtual Format]. New England VA System.

- (27.) **Borgogna, N.C.** & *Owen, T. (April, 2024). *Pilot Genetic Work in Problematic Pornography Use*. In Grubbs, J.'s (Chair) *Behavioral "Addictions" and Substance Use: Considerations for Addiction Psychology*. Symposium presented at the Collaborative Perspectives on Addiction Conference, Denver, CO.
- (26.) **Borgogna, N.C.** & *Owen, T. (April, 2024). *Pilot Genetic Work in Problematic Pornography Use*. In Grubbs, J.'s (Chair) *Behavioral "Addictions" and Substance Use: Considerations for Addiction Psychology*. Symposium presented at the Collaborative Perspectives on Addiction Conference, Denver, CO.
- (25.) **Borgogna, N.C. - Invited Panelist** (April, 2024). *Sexuality and Intimacy: An Interprofessional Experience Beyond the Birds and the Bees* (J. Fahsholtz Chair). Panel presented at the Texas Tech University Health Science Center, Lubbock, TX.
- (24.) **Borgogna, N.C.** (February, 2024). *There's Nothing Sexy and Sexual Problems: Disparities and Interventions*. Colloquium presented to the University of Alabama at Birmingham Department of Psychology, Birmingham, AL.
- (23.) **Borgogna, N.C.** (January, 2024). *A Program of Research in Systematic Review and Meta-Analysis*. Colloquium presented to the East Tennessee State University Department of Psychology, Johnson City, TN.
- (22.) **Borgogna, N.C.** (November, 2023). *What is Mental Illness?* Colloquium presented to the VA Maine Healthcare System and University of Maine, Orno, ME.
- (21.) **Borgogna, N.C.** (November, 2023). *A Program of Research in Systematic Review and Meta-Analysis*. Colloquium presented to the VA Maine Healthcare System and University of Maine, Orno, ME.
- (20.) **Borgogna, N.C. Chair** (August, 2023). *Obsessively Religious? Understanding, Measuring, and Treating Scrupulosity in the Modern Age*. Symposium presented at the 2023 American Psychological Association Annual Convention, Washington D.C.
- (19.) *Johnson, D.A.L. & **Borgogna, N.C.** (August, 2023). *The Development and Validation of a Conceptually Sound Measure of Religious OCD – The Scrupulosity Obsession and Compulsion Scale*. In **Borgogna, N.C.'s** (Chair), *Obsessively Religious? Understanding, Measuring, and Treating Scrupulosity in the Modern Age*. Symposium presented at the 2023 American Psychological Association Annual Convention, Washington D.C.
- (18.) *Brasil, K.M., Levant, R.F., McDermott, R.C., & **Borgogna, N.C.** (August, 2023). *Rurality, Masculinity, and COVID-19 Vaccine Beliefs*. In Mahalik, J.R. & McDermott, R.C.'s (co-Chairs), *Dying to be Masculine: Men's COVID-19 Vaccine Attitudes and Behaviors*. Symposium presented at the 2023 American Psychological Association Annual Convention, Washington D.C. ***Division Highlight***

(17.) McDermott, R.C., *Brasil, K.M., **Borgogna, N.C.**, Levant, R.F., *Barinas, J.L., & *Pryor, S. (August, 2023). *Prospective Predictors of Men's COVID-19 Vaccine Attitudes and Behaviors in the United States*. In Mahalik, J.R. & McDermott, R.C.'s (co-Chairs), *Dying to be Masculine: Men's COVID-19 Vaccine Attitudes and Behaviors*. Symposium presented at the 2023 American Psychological Association Annual Convention, Washington D.C. ***Division Highlight***.

(16.) **Borgogna, N.C. - Invited Panelist** (July, 2023). *Questionable research practices within contextual behavior science (CBS): Concerns and potential ways forward*. (S. Spencer Chair). Panel presented at the Association of Contextual Behavioral Science World Conference, Nicosia, Cyprus.

(15.) **Borgogna, N.C. & Spencer, S.** (July, 2023). *The Development and Validation of an Experiential Avoidance Scale That We Think Might Actually Measure Experiential Avoidance*. In Spencer, S.'s (Chair), *Measurement Matters: Addressing psychometric concerns with empirically based innovations in measurement of psychological flexibility-related constructs*. Symposium presented at the Association of Contextual Behavioral Science World Conference, Nicosia, Cyprus.

(14.) **Borgogna, N.C. - Invited Panelist** (October, 2022). *APA Men & Masculinities Science Showcase*. (Snyder, D. & Wong, Y.J. Co-Chairs). Webinar presented as part of the American Psychological Associations Science Showcase Series.

(13.) **Borgogna, N.C. - Invited Panelist** (June, 2022). *State of the ACT: Challenges and opportunities in evaluating ACT's status as an empirically supported treatment*. (S. Spencer Chair). Panel presented at the Association of Contextual Behavioral Science World Conference, San Francisco, CA.

(12.) **Borgogna, N.C. - Invited Discussant** (June, 2022). *Psychometric Hexa-dancing: Innovations in the validation of self-report measures spanning core ACT processes*. (S. Spencer Chair). Symposium presented at the Association of Contextual Behavioral Science World Conference, San Francisco, CA.

(11.) **Borgogna, N.C. & McDermott, R.C.** (June, 2022). A Discussion of Measurement Problems as They Relate to the Brief Experiential Avoidance Questionnaire (BEAQ). In Spencer, S.'s (Chair), *Beyond a single time-point: Advances in longitudinal psychometric research of CBS-focused self-report measures*. Symposium presented at the Association of Contextual Behavior Science World Conference, San Francisco, CA.

(10.) **Borgogna, N.C. & McDermott, R.C.** (June, 2021). A multicultural examination of the measurement and structural invariance of the AAQ-II: Implications for Asian American, Black, Latinx, Middle Eastern, and White Individuals. In Spencer, S.'s (Chair), *Empirical innovations in psychometric development & validation of self-report measures of psychological flexibility*. Symposium presented at the Association of Contextual Behavioral Science Virtual World Conference.

- (9.) **Borgogna, N.C.**, Issaco, A., & McDermott, R.C. (August, 2020). Only the Bad Parts of Religiosity Effect Heterosexual Men's Problematic Pornography Viewing. In Issaco, A. & **Borgogna, N.C.**'s (Co-Chairs), *Advances in Our Understanding of Problematic Pornography Use: The Role of Spirituality and Masculinity*. Symposium virtually presented at the 2020 American Psychological Association Annual Convention, Washington D.C.
- (8.) Issaco, A. & **Borgogna, N.C.** (Co-Chairs), *Advances in Our Understanding of Problematic Pornography Use: The Role of Spirituality and Masculinity*. Symposium virtually presented at the 2020 American Psychological Association Annual Convention, Washington D.C.
- (7.) Isacco, A., **Borgogna, N.C.**, & McDermott, R.C. (April, 2020 – Postponed due to Covid-19). Masculinity and Other Cultural Factors to Men's Problematic Pornography Consumption: Connecting Research with Practice. Round table to be presented at the 2020 Counseling Psychology Conference, New Orleans, LA.
- (6.) Brasil, K.M., McDermott, R.C., **Borgogna N.C.**, & Barinas, J. (August, 2020). Development and Initial Validation of the Positive-Prosocial Masculinity Ideology Scale (PPMS). In McDermott, R.C., & Cole, B.P.'s (Co-Chairs), *Positive Psychology and Masculinities: Developing a Broader Framework*. Virtually presented at the 2020 American Psychological Association Annual Convention, Washington D.C.
- (5.) **Borgogna, N.C.** & McDermott, R.C. (August, 2019). The Precarious Masculinity of Gun Violence: Results from a Multi-Condition Experiment. In Reigeluth, C.S.'s (Chair), *Can we stop the bleeding? Intersectionality, masculinity, and gun violence in the United States*. Symposium presented at the American Psychological Association Annual Convention, Chicago, IL.
- (4.) **Borgogna, N.C.**, McDermott, R.C. Levant, R.F., & Hammer, J.H. (August, 2019). The Development and Evaluation of a Very Brief Male Role Norms Inventory. In Levant, R.F.'s (Chair), *Recent Advances in Scale Development in the Psychology of Men and Masculinities*. Symposium presented at the American Psychological Association Annual Convention, Chicago, IL.
- (3.) McDermott, R.C., **Borgogna, N.C.** & Berry, A.T. (July, 2019). Unpacking the 2018 APA Practice Guidelines for Men and Boys. Symposium presented at the Alabama Psychological Association Annual Convention, Birmingham, AL.
- (2.) Williams, S.G. & **Borgogna, N.C.** (March, 2019). A Correlational Study of Interpersonal Predictors of Perceived Stress in Adolescents. *Stress in Pediatric Populations*. Symposium presented at the 33rd annual conference of the Southern Nursing Research Society, Orlando, FL.
- (1.) McDermott, R.C. & **Borgogna, N.C.** (August, 2018). Measurement Invariance Across Cultural Groups: A Practical Guide. In Brenner, R.E. & Hammer, J.H.'s (Co-Chairs), *Advocacy and Diversity in Measurement---Scale Development, Bifactor Analysis, and Invariance Testing*. Symposium presented at the American Psychological Association Annual Convention, San Francisco, CA.

Oral and Poster Presentations (k=52)

(52.) Milam, A., Aita, S.L., Saeed, M., **Borgogna, N.C.**, Campbell, I., Ikonomou, V., Walker, K.A., Kamath, V., Visscher, K., Murchison, C., Geldmacher D.S., Roberson, E., Hill, B.D., & Del Bene, V. (2024, November). *The Association of Cerebrospinal Fluid Biomarkers of Alzheimer's Disease with Cognitive Intra-Individual Variability*. Paper presented at the National Academy of Neuropsychology, Austin, TX.

(51.) Spencer, S., Borgogna, N.C., Brasil, K., Johnson, D., Kraus, S.W., McDermott, R.C., & Buchanan, J.A. (2024, November). *The Development and Validation of the Experiential Avoidance Rating Scale: A Self-Report Questionnaire that Might Actually Measure Experiential Avoidance*. Poster to be presented at the Association for Cognitive and Behavioral Therapies Annual Meeting, Philadelphia, PA.

(50.) *Nation, M.B., Kraus, S.W., Garcia, M., Borgogna, N.C., & Christensen Pacella, K.A.. (2024, November). *Sexual Functioning and Eating Disorders: Examining the Role of Gender and Internalizing Symptoms*. Poster to be presented at the Association for Cognitive and Behavioral Therapies Annual Meeting, Philadelphia, PA.

(49.) *Ikonomou, V.C., Hernandez, K., Gomien, K., Aita, S.L., **Borgogna, N.C.**, Musso, M., Smith, P.N., & Hill, B.D. (September, 2024). *Big 5 Personality Profiles of Police Training Academy Cadets*. Poster Presented at the Society for Police and Criminal Psychology Conference, Louisville, KY.

(48.) **Nation, M.B., Kraus, S.W., Garcia, M., **Borgogna, N.C.**, & Christensen Pacella, K.A. (2024, April). *Sexual Functioning and Eating Disorders: Examining the Role of Gender and Internalizing Symptoms*. Poster presented at the UNLV Graduate and Professional Student Association Research Forum, Las Vegas, NV

(47.) **Dolan, F. & **Borgogna, N.C.** (April, 2024). *Examining PTSD and MAAS Scores in a Sample of LGBTQIA+ and non-LGBTQIA+ Individuals*. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, Texas.

(46.) **Frost, P., *Owen, T., & **Borgogna, N.C.** (April, 2024) *A Meta-Analysis for Psilocybin in the Treatment of Depression*. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, Texas.

(45.) *Spencer, T., Brown, C., Spencer, S., **Borgogna, N.C.** (April, 2024). *Exploring the varying portrait of problematic pornography use: A latent profile analysis*. Poster presented at the Collaborative Perspectives on Addiction Conference, Denver, CO.

(44.) *Shegedin, M., **Borgogna, N.C.**, & Kraus, S.W. (October, 2023). *Influences of Sexual Violence on Compulsive Sexual Behavior and Problematic Pornography Use*. 2023 Annual Conference of the Society for the Scientific Study of Sexuality, New Orleans, LA.

(43.) Knapp, A. B. S., Austin, D. S., Aita, S. L., Caron, J. E., *Owen, T., **Borgogna, N. C.**, Del Bene, V. A., Roth, R. M., Milberg, W. P., & Hill, B. D. (October, 2023). *Multidomain*

neurocognitive outcomes associated with COVID-19 infection: A meta-analysis. Invited presentation. Second Annual University of Maine Research Symposium on Biomedical Science and Engineering, Orono, ME.

(42.) Aita, S.L., Del Bene, V.A., **Borgogna, N.C.**, & Hill, B.D. (October, 2023). Comparison of Different Metrics of Dispersion-based Intra-Individual Variability: Sensitivity and Association with Global Mental Status in Alzheimer's Disease. Presentation at the SENDCon, Atlanta, GA.

(41.) **Haakinson, D. & **Borgogna, N.C.** (October, 2023). Examining Minority Stress in Transgender/Gender Non-Conforming Individuals: A Longitudinal Study. Oral Presentation at the Texas Tech University Transformative Undergraduate Experiences Symposium, Lubbock, TX.

(40.) **Dang, T., *Owen, T., & **Borgogna, N.C.** (October, 2023). The Impact of Acceptance and Commitment Therapy (ACT) to Depression and Psychological Inflexibility: A Meta-Analysis of Randomized Control Trials. Poster presented at the Texas Tech University Transformative Undergraduate Experiences Symposium, Lubbock, TX.

(39.) Hill, B.D., **Borgogna, N.C.**, Aita, S.L., & Musso, M. (September, 2023). Exploring and Understanding Base Rates in Pre-Employment Psychological Evaluations. Presentation at the Society for Police and Criminal Psychology Conference, Arlington, TX. ****Winner of the Davis Award for Best Psychometrics-Related Research Talk* ***

(38.) *Ikonomidou, V.C., Aita, S.L., **Borgogna, N.C.**, Musso, M., & Hill, B.D. (September, 2023). Officers Who Are Terminated for Cause or Asked to Resign Differ Minimally on the MMPI-2 From Good Hires. Poster presented at the Society for Police and Criminal Psychology Conference, Arlington, TX. ****Winner of the Michael Serafino Award for Best Student Poster****

(37.) **Haakinson, D., *Johnson, D., & **Borgogna, N.C.** (August, 2023). Longitudinal Study of Minority Stress in Gender Minority Individuals. Poster presented at the American Psychological Association Annual Convention, Washington, D.C.

(36.) **Dolan, F., **Haakinson, D., *Owen, T., & **Borgogna, N.C.** (August, 2023). Using Ability Status to Predict Suicide Risk. Poster presented at the American Psychological Association Annual Convention, Washington, D.C. ****Winner of the Div. 12 (Clinical Psychology) Student Poster Award****

(35.) **Haakinson, D., *Mylls, C., & **Borgogna, N.C.** (August, 2023). Gender Minority Individuals and Group Therapy: Review. Poster presented at the American Psychological Association Annual Convention, Washington, D.C.

(34.) *Johnson, D., **Haakinson, D., & **Borgogna, N.C.** (August, 2023). Scrupulosity and Religious Prompting Confusion. Poster presented at the American Psychological Association Annual Convention, Washington D.C.

- (33.) *Chen, Y., Huang, K., Scoglio, A. J., **Borgogna, N. C.**, Potenza, M.N., Blycker, G.R., & Kraus, S.W. (May, 2023). A Network Comparison of Sexual Dysfunction, Psychological Factors, and Body Dissociation between Individuals with and without Sexual Trauma Histories. Poster presented at Association for Psychological Science Annual Convention, Washington, D.C. ****Winner of the APS Student Research Award****
- (32.) **Haakinson, D., *Johnson, D., & **Borgogna, N.C.** (April, 2023). Longitudinal Study of Minority Stress in Gender Minority Individuals. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, TX.
- (31.) **Everingham, C. & **Borgogna N. C.**, (April, 2023). Stress Testing the Minority Stress Model: It's Not Just Neuroticism. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, TX.
- (30.) **Dolan, F., **Haakinson, D., *Owen, T. & **Borgogna, N.C.** (April, 2023). Using Ability Status to Predict Suicide Risk. Poster presented at the Texas Tech Undergraduate Research Conference, Lubbock, TX.
- (29.) *Nosker, J., Aita, S. L., **Borgogna, N.C.**, Jimenez, T., Walker, K.A., Rhoads, T., Eloi, J.M., Resch, Z.J., & Del Bene, V.A. (February, 2023). The effect of diagnostic method on racial disparities in mild cognitive impairment and dementia diagnosis using the NACC database. Poster to be presented at the 51st Annual North American Meeting of the International Neuropsychological Society, San Diego, CA.
- (27.) *Habashy, J., Benning, S.D., Renn, B.N., **Borgogna, N.C.**, Lawrence, E.M., & Kraus, S.W. (June, 2023). Psychometric Properties of the Eating Disorder Examination Questionnaire: Factor Analysis and Measurement Invariance by Race/Ethnicity and Gender. Poster presented to the International Conference on Eating Disorders, Washington, D.C.
- (27.) *Saxon, J., Marshall, P.H., Briones, L., *Vaughn, J., *Donet, J.R., & **Borgogna, N.C.**, Lawrence, E.M., & Kraus, S.W. (November, 2022). Towards a Thermodynamic Model of Spontaneously Perceiving and Responding to Visual Imbalance. Poster presented at the 63rd annual meeting of the Psychonomic Society, Boston, MA.
- (26.) **Haakinson, D., **Everingham, C., & **Borgogna N.C.**, (June, 2022). Experiential Avoidance and Gender nonconforming Individuals. Poster presented at the Association of Contextual Behavioral Science World Conference, San Francisco, CA. ****Winner of ACBS Junior Investigator Poster Award****
- (25.) *Smith, T., **Borgogna N.C.**, Aita, S.L., & Hill, B.D. (August, 2021). A novel MMPI-2 marker for identifying risky law enforcement hires: F42K60. Conference of the Society for Police and Criminal Psychology, Arlington, TX.
- (24.) **Borgogna, N.C.** & McDermott, R.C. (August, 2020). The Precarious Masculinity of Gun Violence. American Psychological Association Convention, Washington D.C.

(23.) **Borgogna, N.C.**, Brasil, K., & McDermott, R.C. (April, 2020 – Postponed due to Covid-19). Is Conformity to Masculine Role Norms Associated with Gun Violence? Poster to be presented at the 2020 Counseling Psychology Conference, New Orleans, LA.

(22.) **Borgogna, N.C.**, Whittington, D., & McDermott, R.C. (April, 2020 – Postponed due to Covid-19). A Multicultural Examination of Prescription Drug Use in College Students. Poster to be presented at the 2020 Counseling Psychology Conference, New Orleans, LA.

(21.) Isaak, S. L., Currier, J. M., & **Borgogna, N. C.**, (November 2019). Religious Commitment and Moral Injury: An Initial Test of Sanctification Theory among War-Zone Veterans Struggling with Faith or Spirituality. Poster presented at the 35th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.

(20.) Stevens, L. T., McCormick, W. H., Isaak, S. L., **Borgogna, N. C.**, & Currier, J. M., (November 2019). Understanding the Role of Different Forms of Forgiveness in Moral Injury Outcomes in Deployed Veterans. Poster presented at the 35th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.

(19.) Isaak, S. L., McCormick, W. H., Stevens, L. T., **Borgogna, N. C.**, & Currier, J. M., (November 2019). Post Traumatic Growth and PTSD Following Military Deployment: Examining the Role of Perceived Social Support. Poster presented at the 35th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.

(18.) Smith, T., **Borgogna, N.C.**, & McDermott, R.C. (August, 2019). Masculinity and Self-Esteem: How Conformity to Masculine Norms Predicts Three Dimensions of Self-Esteem. Poster presented at the American Psychological Association Convention, Chicago, IL.

(17.) Whatley, M., **Borgogna, N.C.**, Smith, T., & McDermott, R.C. (August, 2019). The Impact of Masculine Norms on Problematic Pornography Viewing and Relationship Satisfaction. Poster presented at the American Psychological Association Convention, Chicago, IL.

(16.) Berry, A.T., **Borgogna, N.C.**, & McDermott, R.C. (August, 2019). Emotional Control and Depression in Black Men and Women: The Moderating Role of Gender. Poster presented at the American Psychological Association Convention, Chicago, IL.

(15.) **Borgogna, N.C.**, McDermott, R.C., Aita, S., & Kridel, M. (August, 2018). Mental Health Disparities Across Sexual and Gender Minorities: Specific Data Per Identity. Poster presented at the American Psychological Association Convention, San Francisco, CA.

(14.) **Borgogna, N.C.**, McDermott, R.C., Aita, S., & Beach, J. (August, 2018). The Role of Traditional Masculinity Ideology in Problematic Pornography Viewing. Poster presented at the American Psychological Association Convention, San Francisco, CA.

(13.) **Borgogna, N.C.**, Baker, K., Meador, D., & McDermott, R.C. (March, 2018). The Role of Scrupulosity and Sexual Shame in Explaining the Relationship Between Mental Health Problems

and Problematic Pornography Use. Poster presented at the South Eastern Psychological Association Convention, Charleston, SC.

(12.) Meador, D., **Borgogna, N.C.**, Baker, K., & McDermott, R.C. (March, 2018). Trends Among College Students Taking Psychoactive Medication Versus Seeking Counseling for Depression and Anxiety. Poster presented at the South Eastern Psychological Association Convention, Charleston, SC.

(11.) Baker, K., **Borgogna, N.C.**, Meador, D., & McDermott, R.C. (March, 2018). Understanding Common Perceptions about Autism. Poster presented at the South Eastern Psychological Association Convention, Charleston, SC.

(10.) Isaak, S. L., Sims, B. M., Carroll, T. D., Currier, J. M., McDermott, R.C., & **Borgogna, N.C.** (2018). The Reliability and Validity of the Expressions of Moral Injury Scale—Short Form. Poster presented at the 34th Annual Meeting of the International Society for Traumatic Stress Studies, Washington D.C.

(9.) Isaak, S. L., Currier, J. M., Foster, J. D., McKelvey, D. & **Borgogna, N. C.** (2018). God concepts, attachment, and depressive symptomatology in a community sample of military veterans. Poster presented at the Religion and Spirituality Preconference of Society for Personality and Social Psychology, Atlanta, GA.

(8.) **Borgogna, N.C.** & McDermott, R.C. (August, 2017). Is Experiential Avoidance Behind Problematic Pornography Viewing in Scrupulously Religious Men? Poster presented at the American Psychological Association Convention, Washington D.C.

(7.) **Borgogna, N.C.**, Baker, K., Meador, D., & McDermott, R.C. (March, 2017). How Gender and Sexual Orientation Influence Problematic Pornography Viewing. Poster presented at the University of South Alabama Spring Graduate Research Forum, Mobile, AL.

(6.) **Borgogna, N.C.** & Smith, J.C. (June, 2016). The Factor Structure of Relaxation and Mindfulness: Two States or One? Poster presented at the Association for Contextual Behavioral Science Annual World Conference 14, Seattle, WA.

(5.) **Borgogna, N.C.** & Smith., J.C. (May, 2016). Effects of Yoga and Meditation on Mindfulness States. Poster presented at the 2016 Annual Midwestern Psychological Association Conference, Chicago, IL.

(4.) London, L., Ramthun, M., Hines, K., Clark, C., & **Borgogna, N.C.** (October, 2015). There's No "I" in Team: Assessing Attitudes of Medical and Psychological Health Care Providers about Collaboration and the Implementation of Integrated Healthcare Models. Poster presented at the 17th annual Collaborative Family Healthcare Association Conference, Portland, OR.

(3.) **Borgogna, N.C.** & London, L. (September, 2015). Sex Differences Regarding Pornography in College Student Romantic Relationships. Poster presented at the 28th annual Cape Cod Symposium on Addictive Disorders, Hyannis, MA.

(2.) **Borgogna, N.C. & Lockhart, G.** (April, 2013). Amount of Distracting Personal Electronic Use in Campus Lectures. Poster Presented at the Utah State University 9th Annual Undergraduate Research Symposium, Logan, UT.

(1.) **Borgogna, N.C. & Lockhart, G.** (March, 2013). Naturalistic Observation of Personal Electronic Device Use in College Lectures. Poster Presented at the Psi Chi Undergraduate Research Competition, Logan, UT

Reviewer Experience

Invited Grant Reviews

- | | |
|------|---|
| 2024 | National Science Centre, Poland
SONATINA 8, HS6 |
| 2021 | APA and Centers for Disease Control and Prevention-Psychological Science
addressing COVID-19 pandemic priorities-Combatting mis- or disinformation
track. |
| 2021 | American Psychological Foundation
Rosalee G. and Raymond A. Weiss Award |

Editorial Board Membership

Journal of Cognitive Psychotherapy
Journal of Psychology and AI
Journal of Sport Behavior
Psychology of Men & Masculinities
Sexual Health & Compulsivity
Spirituality in Clinical Practice

Invited Special Edition Editor

Moral Injury, Special Section of Current Treatment Options in Psychiatry w/S.L. Aita Ph.D.

Understanding Compulsive Sexual Behavior in Underrepresented Groups, Special Edition of Sexual Health & Compulsivity w/E. Kowalewska Ph.D.

Ad Hoc Journal Reviewer (Selected Journals)

Addictive Behaviors
American Journal of Sexuality Education
Archives of Sexual Behavior
BMC Psychiatry
Clinical Psychology Review
Computers in Human Behavior
Current Treatment Options in Psychiatry
Cyberpsychology, Behavior, and Social Networking
Journal of Adolescence
Journal of Behavioral Addictions
Journal of Behavioral and Cognitive Therapy

Journal of Cognitive Psychotherapy
Journal of Counseling Psychology
Journal of Child and Family Studies
Journal of Contextual Behavior Science
Journal of Mood & Anxiety Disorders
Journal of Psychopathology and Behavioral Assessment
Journal of Studies on Alcohol and Drugs
Journal of Sex Research
Journal of Traumatic Stress
Medical Journal of Obstetrics & Gynecology
Personality & Individual Differences
Professional Psychology: Research & Practice
Psychology of Men and Masculinities
Psychology of Sexual Orientation and Gender Diversity
Psychology of Women Quarterly
Psychopharmacology
Research on Child and Adolescent Psychopathology
Sex Roles
Sexual Health & Compulsivity (Formerly Sexual Addiction & Compulsivity)
Stigma and Health
Spirituality in Clinical Practice
Violence Against Women

Clinical Experience

2023-Present Licensed Clinical Psychologist
Independent Practice
Texas #39546

2021-2023 Post-Doctoral Health Service Psychologist
Independent Practice
Supervisor: Sheila Garos Ph.D.

2020-2021 Pre-Doctoral Intern
College of William and Mary Health and Wellness Center
Supervisors: Alexandra Pappas Ph.D., Annalucia Bays Ph.D., & Kevin Clancey Psy.D.

2018-2020 Doctoral Practicum Clinician
University of South Alabama Counseling & Testing Services
Supervisors: John Friend Ph.D. & Ryon McDermott Ph.D.

2016-2019 Doctoral Practicum Clinician
University of South Alabama Psychological Clinic
Supervisors: Ryon McDermott Ph.D., Phil Smith Ph.D., David Chavers Ph.D., John Friend Ph.D., & Joseph Currier Ph.D.

- 2017 Doctoral Practicum Clinician
Self-Forgiveness/Emotion-Focused Therapy Clinical Trial
University of South Alabama/Mobile Alabama Salvation Army
Supervisor: Joseph Currier Ph.D.
- 2016-2017 Doctoral Practicum Clinical/Consultant
Learning Tree Inc.,
Supervisor: Kimberly Zlomke Ph.D., BCBA-D
- 2014-2016 Registered Behavior Technician (ABA Therapist)
Family First Behavior Consultants
Supervisor: Trista Boden M.ED., BCBA
- 2013-20214 REACH Peer Therapist
Utah State University Counseling and Psychological Services
Supervisors: Mark Nafziger Ph.D. & Kendra Homan (now Ph.D.)

Teaching Experience

- 2023-Present PSY 5001; Internship Preparation in Health Service Psychology (Graduate)
Texas Tech University
Instructor of Record
Fall Course (One Credit Hour)
- 2023-Present PSY 5306-201; Seminar in Professional Ethics (Graduate)
Texas Tech University
Instructor of Record
Summer Course
- 2022-Present PSY 5447; Advanced Correlational Methods & Factor Analysis (Graduate)
Texas Tech University
Instructor of Record
Spring Course
- 2021-Present PSY 5316; Introduction to Counseling Psychology (Graduate)
Texas Tech University
Instructor of Record
Fall Course
- 2022 PSY 5002-202; Advanced Practicum in Counseling and Clinical Psychology
(Graduate)
Texas Tech University
Summer Course

- 2021-Present PSY 4000; Individual Problems (Psychology Internship in GSAPS lab; Undergraduate)
Texas Tech University
Instructor of Record
Internship Course (Every Semester)
- 2022-Present PSY 2307; Psychology of Gender (Undergraduate)
Texas Tech University
Faculty Course Supervisor
- 2020 IED 621-501; Quantitative Methods – II (Graduate)
University of South Alabama
Graduate Teaching Assistant
Spring 2020
- 2012-2013 PSY 3210; Abnormal Psychology (Undergraduate)
Utah State University
Teaching Assistant

Thesis and Dissertation Service

Dissertation Committee Member

- 2024 Morris, C.S. *Assessing Post-Traumatic Stress Symptoms with the Minnesota Multiphasic Personality Assessment Inventory – 3 amongst Sexual and Gender Minority Adults*. Dissertation Defended. Texas Tech University
- 2024 Sanchez, M.R. *Negando la Raza: The Mediating Role of Self-Esteem and Internalized Colorism on Discrimination and the Mental Health of AfroLatinas*. Dissertation Defended. Texas Tech University
- 2024 Rekieta, K. *“The College Experience”: A Qualitative Analysis of Deciding to Engage in a One-Time Sexual Encounter*. Dissertation Defended. Texas Tech University
- 2024 Valentine, B. *The Roles of Psychological Hardiness and Moral Injury in the Relationships Between War-zone Stressors and Internalizing Distress among Post-9/11 Military Service Members*. Dissertation Defended. Texas Tech University
- 2024 Evans, A. *Negotiating Digital Sexual Consent When Sending a Nude Image*. Dissertation Defended. Texas Tech University
- 2024 DeYoung, C.M. *Relationship Between a Concept’s Precision, Number of Features, Dimensions of Animacy, and Recall*. Dissertation Defended. Texas Tech University

Theses Chair

2024 Johnson, D.A.L. *The Scrupulosity Obsessions and Compulsions Scale: A Measurement of Scrupulosity Within and OCD Framework*. Thesis Defended. Texas Tech University.

Theses Committee Member

2024 Gonzalez, S. *Help-Seeking in Mexican American College Students: The Roles of Personal Growth Initiative, Valuing Mental Health, and Self-Stigma*. Thesis Defended. Texas Tech University.

2024 Halbreich, E.D. *Pet Ownership and Family Involvement in Sports and Other Activities*. Thesis Defended. Texas Tech University.

2024 Baldwin, B. *Faith's Associations with Multiculturalism and Social Justice within Applied Graduate Programs in the United States*. Thesis Defended. Texas Tech University.

2023 Clinton, M.S. *Latine Language Brokering Experiences and Mental Health*. Thesis Defended. Texas Tech University.

2023 Kopchick, E.C. *The Life Impact of Abortion on Male Partners*. Thesis Defended. Texas Tech University.

2022 Meyer, C. *"Here for a Good Time, Not a Long Time": Associations Between Loneliness, Emotion Dysregulation, and Hookup Behaviors During the COVID-19 Pandemic*. Thesis Defended. Texas Tech University.

2022 Trussell, M. *The Effect of School-Based Sex Education and Pornography Consumption on Rape Myth Acceptance*. Thesis Defended. Texas Tech University.

Theses Equivalence Reviewer

2022 Mylls, C.E. *Gender Role Discrepancy, Guilt, and Mental Health Outcomes: Self Compassion as a Potential Buffer for Mexican-Descent College Students*. PSY 7000 accepted.

2021 Keen, M. *Understanding Compulsivity: Exploring & Defining A Construct*. Thesis equivalence accepted.

Research Qualifying Examination Reviewer

2024 Clinton, M.S. *Understanding Language Brokers' Experiences in the COVID-19 Pandemic*

2023 Paez, E. *Mental Health Support Following Abortion: Male Partners in the Focus*.

- 2022 Diehl, K., *Expanded Correctional Utility of the MMPI-3: Risk-Needs Assessment Relevance of the MMPI-3 in a Sample of Criminal Justice-Involved Persons with Mental Illness.*
- 2022 Golden, B. *Making Risk Sexual Decisions: Impact of Adverse Experience on Mental Health and Coping Self-Efficacy in OEF/OIF Female Veterans.*
- 2021 Cox, K. *Making Risk Sexual Decisions: A Qualitative Analysis of Deciding to Engage in a One-Time Sexual Encounter.*
- 2021 Guresh, M. *The Role of Personal Growth Initiative in Mental Toughness for NCAA Division I Athlete.*
- 2021 Suarez, G. *Familisim's Influence on the Association Between Parental Conflict and Depressive Symptoms Among Latinx Emerging Adults.*

Graduate Students Formally Mentored

- 2024-Present Drew Whittington (Clinical-Medical Psychology)
- 2022-Present David Johnson (Clinical-Medical Psychology)
- 2022-Present Tyler Owen (Social Psychology)
- 2022-Present Jacob Vaughn (Cognition and Cognitive Neuroscience)

General Service

- 2023-2024 Texas Tech University Counseling Psychology PhD Admissions Coordinator
- 2023-2024 Texas Tech University Department of Psychological Science Experimental Psychology Faculty Search Committee Member (Three positions: Social, Cognition and Cognitive Neuroscience, and Human Factors)
- 2022-2024 McNair's Scholars Program Mentor
- 2022-2024 Texas Tech University Psychology Assistance Leadership & Support Group Supervisor
- 2021-Current Texas Tech University APA Internship Prep Advisor
- 2021-2024 Texas Tech University Psychological Methods and Analysis Certificate Committee Member
- 2021-2024 Texas Tech University Counseling Psychology PhD Qualifying Exam Reviewer
- 2022-2023 Texas Tech University Department of Psychological Science Experimental Psychology Faculty Search Committee Member (Three positions: Social, Cognition and Cognitive Neuroscience, and Human Factors)
- 2020-2021 College of William and Mary Health Service Psychology Internship Selection Committee
- 2018-2020 University of South Alabama Safe Zone Committee Representative

2018-2020	APA Div. 51 Website Administrator
2018-2020	University of South Alabama Clinical/Counseling Psychology Program Student/Faculty Interview Day Chair
2018-2019	University of South Alabama College of Nursing Chief Research and Statistical Consultant
2017-2018	University of South Alabama Clinical/Counseling Psychology Program Interview Day Co-Chair
2011	Volunteer Assistant Palm Terrace Psychiatric Unit - Mattoon, IL
2010	Volunteer Assistant Jackson Senior Center - Jackson, MO
2009-2011	Volunteer Assistant Charleston Rehabilitation Center - Charleston, IL
2009-2011	Volunteer Assistant Charleston Illinois Food Pantry - Charleston, IL

Outreach

2022	Texas Tech University Internship Prep (Counseling Psychology GoCOPS meeting)
2021	College of William and Mary Coping with Finals Outreach (Facilitator)
2020-2021	Campus Connect Suicide Prevention (Co-Facilitator-Nine Trainings)
2020	Passive Self-Care Outreach GIF's
2020	Coping Skills for Covid-19: Resilient While Socially Distant (Video Presentation)
2019	University of South Alabama Health and Wellness Fair
2019-2020	<i>Don't Cancel That Class!</i> Mental Health and Self-Care Lecture Series
2019	University of South Alabama Domestic Violence 101 (Co-Facilitator)
2019	University of South Alabama Safe Zone Training (Co-Facilitator)
2018	University of South Alabama Health and Wellness Fair
2017	University of South Alabama Health and Wellness Fair
2017	University of South Alabama Healthy Minds Campus Outreach
2016	University of South Alabama Health and Wellness Fair
2014	Utah State University Alcohol Awareness Campus Event (Co-Chair)
2013	Utah State University Anxiety Awareness Campus Event (Chair)

Professional Affiliations

Association for Behavioral and Cognitive Therapies
Association for Contextual Behavior Science
American Psychological Association
Division 51 Society for the Psychological Study of Men and Masculinity
Division 17 Society of Counseling Psychology
 Affiliate Member of the Section of College and University Counseling Centers
 Affiliate Member of the Section of Lesbian, Gay, Bisexual, & Transgender Issues
Society for the Scientific Study of Sexuality
Psi Chi International Honors Society