**T Program Application Instructions**

Visit the T program website and click “Apply Here”: <https://www.uab.edu/ccts/training-academy/research-fellowships/tl1>.

Complete the online form and upload your application packet as a single PDF, including the following elements in this order:

1. Personal statement, using the following section headings. Personalize length of each section with overall **3-page maximum**.
2. Reason for interest in translational research
3. Research experience to date
4. Goals for research training and career development; include degree/certificate attainment proposed
5. Project plans for research year include the following sections:
   1. Project title and primary mentor
   2. Introduction and background
   3. Objectives / Aims
   4. Significance of proposed work
   5. Key methods and outcomes of interest
   6. Project timeline (MD students=12 months; PhD students=24 months)
6. How project addresses CCTS mission (addressing health disparities and/or diseases that disproportionally affect the Deep South)
7. Current CV including GPA and relevant test scores (i.e.: GRE Scores V, Q, Adv and/or MCAT or PCAT Scores) \*if available (i.e., medical students may not have GPA)
8. Official letter of good standing from current doctoral program (from the local Registrar’s office)
9. Letters of recommendation (2), one optimally from primary mentor

Should be addressed to:

Kenneth G. Saag, MD, MSc

Anna Lois Waters Professor of Medicine and Director, Division of Clinical Immunology and Rheumatology

Department of Medicine

UAB Heersink School of Medicine

178 Shelby Interdisciplinary Biomedical Research Building

1720 2nd Ave South

Birmingham, AL 35294-0110

Use Arial, 11-pt font. Please include your name in the header of your application packet.

Use this format to name your PDF: LASTNAME\_FIRSTNAME\_TL1 application

FAQs

* References are encouraged and **do not** count toward your 3-page personal statement maximum. You can add extra pages for references; there is no page limit for references.
* GPA and test scores can be included in your CV; no additional documentation or transcripts are needed.
* Letters of recommendation get sent to the applicant and should be included in the PDF packet.
* Margins should use the NIH standard (1/2 inch).
* Your application should address your research project, mentorship plan (can be included in your mentor’s letter of support), and the didactic element you propose (often a Masters for year-out medical students, a certificate or description of relevant coursework not otherwise included in your doctoral curriculum for PhD students).
* The traineeship allows for 8% F&A.