



Boundaries

AN EACC VIRTUAL ART GROUP

Participants will focus on boundary work — what happens when you can sense yourself and what you need and want, and access your voice to speak to those things. Become clearer about your own boundaries, in this session with EACC Counselor Carrie May. *No art experience needed.*

WHEN & WHERE:

Wednesday, July 17, 12-1 p.m., via Zoom

WHO:

Program is free and open to all UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, and i3 Academy employees, and members of their immediate households.

MATERIALS:

Please have paper and markers, colored pencils or paints ready prior to joining the session, or feel free to use computer software for art creation.

REGISTRATION:

Email carriemay@uabmc.edu for Zoom link and password. Email HRAWARE@uab.edu to request disability accommodations.



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& COUNSELING CENTER

The University of Alabama at Birmingham