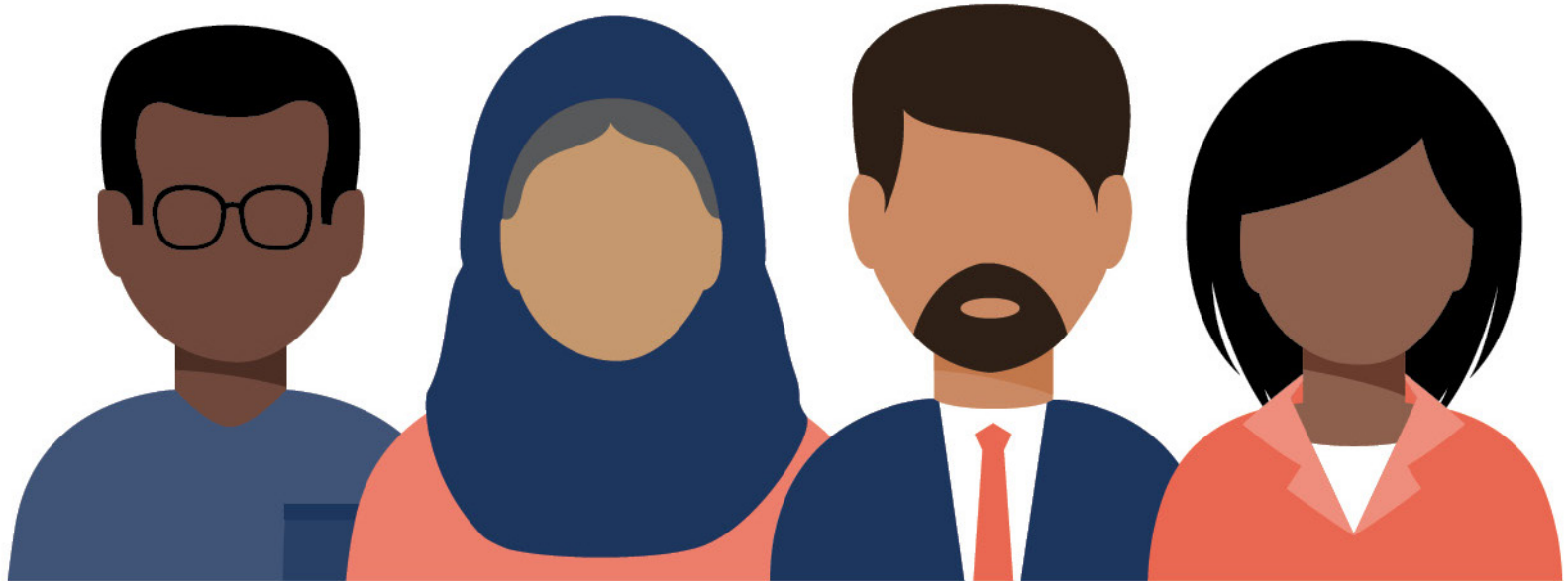


STRATEGIES TO REDUCE MENTAL HEALTH STIGMA *for* Communities *and the* Workplace



Mental health stigma affects individuals across all backgrounds and can be a significant barrier to accessing care and support. Join EACC Director, Tami Long, PhD, for an insightful discussion on how employees and leadership can collaborate to reduce mental health stigma in the workplace. Participants will identify factors that contribute to stigma, discuss the importance of addressing mental health stigma in the workplace, and learn practical ways to support the mental health of all employees.

WHEN & WHERE:
Thursday, July 18,
noon-1 p.m. via Zoom

WHO:
Program is free and open to all UAB, UAB Medicine, VIVA Health, Homewood and Trussville City Schools and i3 Academy employees and members of their immediate household.

REGISTRATION:
Go to go.uab.edu/EACC-Calendar and select “Mental Health Stigma in BIPOC Communities” to register. *To request disability accommodations, email HRAWARE@uab.edu.*