

# MENTAL HEALTH IN THE WORKPLACE



Join EACC Counselor Jada Baker for an interactive mental health awareness presentation. Participants will get an understanding of mental health and the importance of promoting mental health in the workplace.

**WHEN & WHERE:**

Wednesday, May 7, noon-1 p.m., via Zoom

**WHO:**

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, i3 Academy, and Southern Research employees, and members of their immediate household.

**REGISTRATION:**

To register, go to [go.uab.edu/EACC-Calendar](https://go.uab.edu/EACC-Calendar) and select "Mental Health in the Workplace." *To request disability accommodations, email [HRAWARE@uab.edu](mailto:HRAWARE@uab.edu).*