

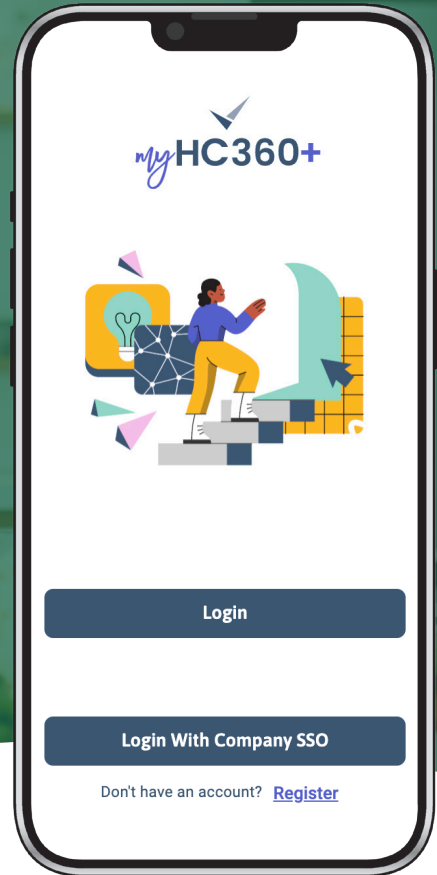
MY HEALTH REWARDS

# Achieve Overall Wellbeing

**UAB**

EMPLOYEE WELLNESS


The University of Alabama at Birmingham



## Everything At Your Fingertips...

Get more than ever before with the myHC360+ mobile app for My Health Rewards — more access, more support and better tracking. Log in to your new wellness app by following these instructions and get started today. If you have questions, contact HealthCheck360 at 1-866-511-0360 or [support@healthcheck360.com](mailto:support@healthcheck360.com). Or visit the [HealthCheck360 Knowledge Base](#) to get started today!

### TO LOG IN TO YOUR ACCOUNT...

- » Download the **myHC360+** mobile app for iPhone or Android. 
- » Select “Login with Company SSO” and enter either...
  - Your UAB email address *or*
  - UAB’s company code: **UAB01**
- » Complete the form, agree to terms and conditions and select “Create Account.”
- » Start earning points!



### PRO TIP

#### CONNECT A DEVICE FROM YOUR APP

Get the most from your experience by connecting your wearable device:

- Select the My Profile icon (👤) at the top of your screen.
- Select Connect a Device.
- Find your fitness app or device and select Connect.
- Select the data you want to share and then Allow.