



2025 Leadership DOM Schedule

Starting Friday, January 10, 2025, 9:00 a.m.

Facilitators:



Julie McDonald, Ph.D.
Psychologist, McDonald Graham, LLC.



Stacy Buford, MSA
Director of Strategic Operations, DOM

2025 LEADERSHIP DOM SCHEDULE

Knowing Yourself & Leading Yourself

January 10 | 9:00 a.m. - 2:30 p.m.

- Leadership GPS: Locating Yourself on the Path
- View from the Outside: 360 Degree Feedback

February 7 | 9:00 a.m. - 12:00 p.m.

- Individual Assessment with DISC: Your Behavioral Styles
presenter: Megann B. Cain, MPPM

March 7 | 9:00 a.m. - 11:30 a.m.

- Emotional Intelligence Part 1: Emotional Self-Awareness

April 4 | 9:00 a.m. - 11:30 a.m.

- Keeping it All Together: Systems and Strategies

May 9 | 9:00 a.m. - 11:30 a.m.

Virtual via Zoom

- Honoring Your Personal Bandwidth

June 6 | 9:00 a.m. - 11:30 a.m.

- Prioritization, Focus, & Letting Go

Leading & Working with Others

July 11 | 9:00 a.m. - 11:30 a.m.

- Emotional Intelligence, Part 2: Tuning in to the Other Person

August 15 | 9:00 a.m. - 11:30 a.m.

- Giving Feedback

September 12 | 9:00 a.m. - 11:30 a.m.

- Developing Others

October 3 | 9:00 a.m. - 11:30 a.m.

Virtual via Zoom

- Difficult Conversations

November 14 | 9:00 a.m. - 11:30 a.m.

- Working in Teams

December 5 | 9:00 a.m. - 12:30 p.m.

- Initiating & Driving Change

Graduation



In-Person Sessions located at The UAB Alumni House

1301 10th Avenue South | Birmingham, AL 35294