Advanced Reproductive Aging:
Pregnancy Risks & Management Strategies
*Point / Counterpoint*

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Educational Objectives

After this session, the participant will be able to:

- Counsel women on the decrease in fertility with reproductive aging.
- Understand the fertility treatments available to help women of advanced reproductive age conceive.
- Recognize the obstetrical risks faced by the “elderly gravida”.

Outline

1. Setting the Stage
   - Reproductive aging and fertility: What is possible?
   - Reproductive aging and obstetrical outcomes: What is the risk?

2. REI: Pregnant at 45, why not?
   - Reproductive aging and loss of ovarian reserve
   - Fertility treatment to combat age-related fertility decline
   - Use of Assisted Reproductive Technologies to address aneuploidy risk
   - Donor oocyte and pushing the reproductive envelope

3. MFM: Pregnant at 45, why run the risk?
   - Obstetrical risks in women of advanced reproductive age
     - Hypertensive disorders
     - Gestational diabetes
     - Operative delivery
     - Perinatal mortality
   - Antenatal care for advanced maternal age patient
   - Parenting at advanced reproductive age

Select References
- Ethics Committee of the ASRM. Oocyte or embryo donation to women of advanced reproductive age: an Ethics Committee Opinion. Fertility and Sterility, 2016, in press.