Each year in the US an average of 36,000 people die from complications related to the flu. Thousands are hospitalized, especially children under the age of two and adults age 65 and older.

The following CDC link offers loads of information about the flu including the latest on seasonal, avian, and pandemic flu. Learn what you can do to avoid becoming a flu statistic. Check it out at http://wwwtest.cdc.gov/flu/keyfacts.htm; choose other translations by clicking your choice from the Language sidebar on the right side of the page.