The 490+ Help Phones located across campus connect you to the UAB Police 24 hours a day. Just pick up the handset (for phones in metal boxes) or push the red button (for yellow phone boxes), and a dispatcher will answer.

- Locations of HELP PHONES

SAFETY CHECKLIST

ON CAMPUS
WHILE WALKING
IN YOUR CAR
AT HOME
AT WORK
STAYING SAFE is a joint effort at UAB. The UAB Police patrol the campus 24 hours a day by T-3, motorcycles, car, foot, and bicycle. But you also have the power to protect yourself and prevent crime.

THE BEST ADVICE IS TO BE ALERT—especially if someone or something seems unusual or out of place. Use this checklist of precautions as a guide to help you become more careful and aware every day. Keep it handy and refer to it often as a reminder of what you can do to stay safe.

ON CAMPUS

☐ KNOW THE UAB POLICE EMERGENCY NUMBER: 934-3535 or 911. Post it near all your phones.

☐ BE AWARE OF THE HELP PHONES. More than 490+ Help Phones are located in and between buildings, in parking lots and decks, and in many other areas. (See the map on back.)

They link you directly to the UAB Police and are monitored 24 hours a day.

☐ USE THE UAB ESCORT SERVICE. To go somewhere on campus after dark, call 934-8772 or use one of the designated white phones in campus buildings. A UAB escort or police officer will accompany you to your destination on foot or in a marked vehicle.

☐ JOIN THE UAB POLICE CRIME PREVENTION PROGRAMS. Women can take the Rape Aggression Defense self-defense courses for free. Other safety seminars cover domestic violence, date rape, personal safety, bike safety, workplace violence, and more.

☐ CALL UAB POLICE at 934-4434 to report suspicious activity to the UAB Police.

WHILE WALKING

☐ WALK WITH A FRIEND whenever possible.

☐ WALK ONLY IN WELL-LIT AREAS frequently by other people. Avoid shortcuts through alleys, vacant lots, and other dark or deserted places.

☐ WALK CLOSE TO THE CURB and face traffic.

☐ IF YOU THINK YOU ARE BEING FOLLOWED, cross the street or change direction and go to a well-lit area with other people. Don’t confront a person alone in an isolated area.

IN YOUR CAR

☐ ALWAYS LOCK YOUR CAR, even if you leave it for just a few minutes.

☐ CHECK UNDER YOUR CAR and in the back seat before getting inside to make sure no one is hiding there. Look for any signs of a break-in.

☐ HAVE YOUR KEY IN HAND so that you can enter your car quickly.

☐ LOCK PERSONAL PROPERTY in your trunk or take it with you. Do not leave your purse, electronics, or other valuable items in view even momentarily.

AT HOME

☐ DON’T OPEN YOUR DOOR TO STRANGERS. If someone claims to be a service or repair person, request identification and verify his or her identity—especially if you have not called for repairs.

☐ LOCK YOUR DOOR WHENEVER you leave your home, even if it’s just for a few minutes.

☐ DON’T HIDE YOUR DOOR KEY anywhere outside your home.

☐ LOOK FOR SIGNS OF A BREAK-IN before entering your home.

☐ NOTICE ANY OBVIOUS STRANGERS and report them to police.

AT WORK

☐ AT WORK, LOCK YOUR DESK or office every time you leave it, and never leave a purse or other valuables unattended.

☐ WATCH FOR OBVIOUS STRANGERS and report them to police.

☐ CALL THE POLICE if you notice minor thefts over a period of time.

☐ CALL THE POLICE if you experience minor thefts over a period of time.

For further details on how you can stay safe and help prevent crime, call the UAB Police at 934-4434 or visit www.uab.edu/police.