UNIVERSITY OF ALABAMA AT BIRMINGHAM
POLICE & PUBLIC SAFETY
HEALTHY LIFESTYLE PROGRAM

A PROGRAM DESIGNED WITH OUR
FUTURE IN MIND TO EMPOWER STUDENTS
IN:
1. Self-Esteem
2. Bullying/Peer Pressure
3. Cultural Diversity/Respecting Others
4. Drugs/Alcohol
5. Teen Finance
6. Personal Hygiene/Health & Nutrition
7. Etiquette/Life Skills

The Program

Representatives from the UAB Police Department and other social services organizations will make a series of presentations over an 8-week period on topics that are vital to the growth of students at the elementary level. Students will write a paper detailing key aspects of what they learned for a first, second or third place trophy at the end of the program. For more information, contact Tonya Webb at (205) 934-2409.