THE UNIVERSITY OF ALABAMA AT BIRMINGHAM

SCHOOL OF HEALTH PROFESSIONS

UAB Genetic Counseling Program Clinical Training Video

Goal Setting

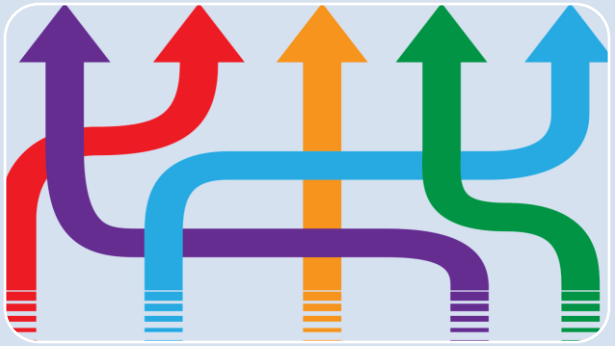
OUTLINE

1. Importance of goal setting

2. Goal setting with your student

3. SMART goals

Importance of Goal Setting



Gives Purpose and Direction

Promotes Growth

Provides Basis for Evaluation

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Goal Setting with Students

Resources

- Rotation Report
- Syllabi
- Case Roles and Evaluation definitions

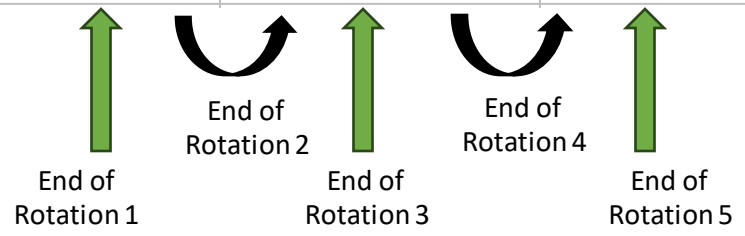
Types

- General skill development
- Discipline specific
- Career goals

Process and Tracking

- Orientation
- Check in at midpoint
- Evaluate at final

Novice	Advanced Beginner	Competent	Proficient*	Mastery
With significant instructional feedback	With some instructional feedback	With minimal instructive and significant constructive feedback	With some constructive and some stylistic feedback	With minimal stylistic feedback



***Program end goal**

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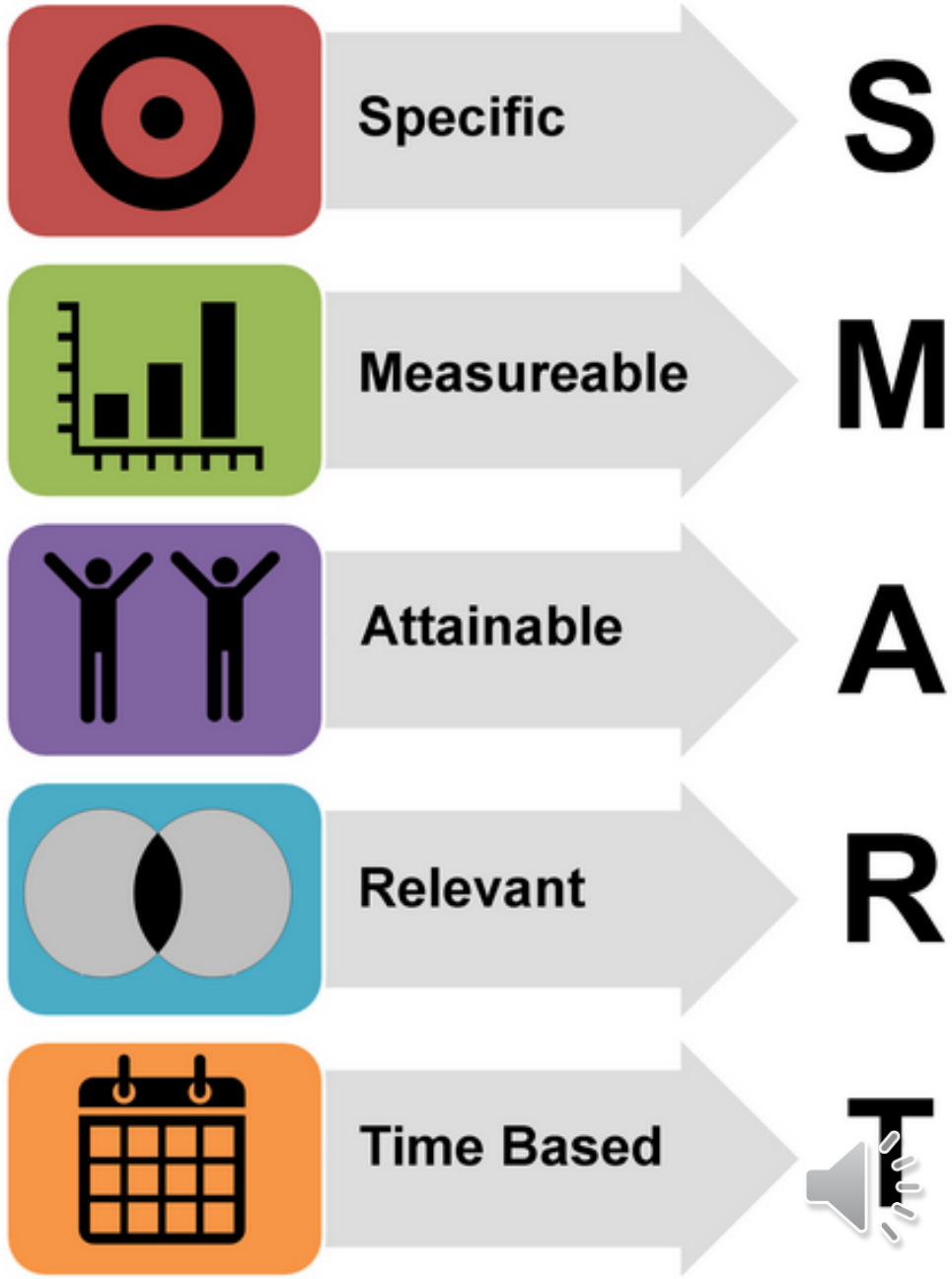
SMART Goals

- Students should know <u>how</u> to achieve their goals
  - How will you determine if a goal has been met?

- Students should be able to track their goal progress
  - Should not rely on supervisor evaluation or formal evaluation form



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THANK YOU FOR WATCHING

Goal Setting