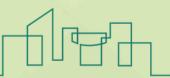
STUDENT AFFAIRS

ONE DAY CONFERENCE

"FOSTERING A SENSE OF BELONGING THROUGH SUSTAINABILITY"

THURSDAY MAY 16
HILL STUDENT CENTER
8:15 A.M.

#SA1DayUAB24





AGENDA

8:15 AM

Registration & BreakfastBallrooms

8:45 AM

Conference WelcomeBallrooms

9:00 AM - 9:55 AM

Session I

10:00 AM - 10:55 AM

Session II

11:00 AM - 11:55 AM

Session III

12:15 PM - 1:45 PM

Lunch & Panel DiscussionBallrooms

2:00 PM - 2:45 PM

Interactive Sessions

3:00 PM - 3:45 PM

Conference ClosingBallrooms

*See detailed schedule for room numbers

LUNCH PANELIST





DR. ANGELA STOWE

Director, UAB Student Counseling Services

Angela Stowe serves as the director of Student Counseling Services and the Collegiate Recovery Community. She received her Bachelor of Arts degree at Birmingham-Southern College, her Master's in Higher Education Counseling at the University of Montevallo and her doctorate in Counselor Education at Auburn University.

After completing graduate school, Dr. Stowe started her career at UAB as a counselor in the UAB Counseling and Wellness department, which had a director and one counselor on staff at that time. Later, she served as UAB Director of Disability Support Services until 2010. Currently, she serves as the chair of the enterprise-wide UAB Suicide Prevention Initiative, which was recognized in 2022 as the American College Health Association Best Practice in Collegiate Health.

In 2015, Dr. Stowe started the UAB Collegiate Recovery Community. In 2016, she started Wellness Promotion, where she served as the director for four years. At that time, the department became a stand-alone department under the leadership of a designated director. She also serves as faculty for the School of Public Health where she enjoys teaching and participating in research that promotes mental health awareness for college and university students.

LUNCH PANELIST



BAMBI INGRAM

Manager, UAB Sustainability

Bambi Ingram is the manager of the University of Alabama at Birmingham's Sustainability Program and the project director for UAB's Solar House and Microgrid Demonstration Neighborhood.

Bambi is an International Society for Sustainability Professionals (ISSP) Certified Sustainability Professional and a LEED Green Associate. As Sustainability Manager for the University of Alabama at Birmingham—an urban campus of more than 200 classroom, office, research, and hospital buildings comprising one hundred city blocks—Bambi works to advance campus and community projects and policies in renewable energy, waste diversion, transportation, and other sustainability challenges.

Prior to her work at UAB, Bambi served as the director for Corporate and Foundation Relations at Birmingham-Southern College and the Southern Environmental Center. Over the course of her career, she has procured and managed more than \$20 million in federal, state, corporate and foundation funds in support of higher education, arts, and environmental and renewable energy programs. Bambi currently serves on the board of directors for Energy Alabama.

Previously she served on boards for the Alabama Environmental Council, Birmingham Artwalk and the Homewood Arts Commission. Bambi holds a bachelor's degree in art from California State University, Long Beach.

DETAILED SCHEDULE



THURSDAY MAY 16

REGISTRATION & BREAKFAST | 8:15 AM
CONFERENCE WELCOME | 8:45 - 9:00 AM
HSC Ballrooms

· SESSION I · 9:00 - 9:55 AM ·

RM 312 Alyssa Howard Let's Get Sexuwell: Applying a Sex-Positive Lens After an Abstinence-Focused K-12 System

RM 314

Herbert Wilkerson,
Vivica Parker &
Ahkeem Lee

Building Belonging: Enhancing Student Wellbeing through the Social and Physical
Environment of SMDP

RM 316 Kit Emsile & Collegiate Substance Use and Student Support: Cultivating a Recovery-Ready Campus

RM 318 Leslie Riley, Consuelo Click,
April Coleman, Christiane QPR for Suicide Prevention

Joseph, Oliver Smith & Skylar Yasenchack

RM 204/206 Dr. Mary Wallace & Health Promoting University Approach to Facilitating Environments for Student Engagement, Belonging, and Student Success

· SESSION II · 10:00 - 10:55 AM ·

RM 312 Kenya Harris It's More to It: Understanding the Importance of Tailored Health Education Programming for Black Students

RM 314 Krissi Williford Clarity on Achieving Well-being

RM 316 Oliver Smith Boundaries and Burnout: The Importance of One to Avoid the Other

RM 318 Tiffany Holloway Fostering Sustainable Work Practices Utilizing Al Tools and More

RM 204/ 206 Jennifer Griffin,
Dr. Lauren Cotant & Sustaining Free Speech Practices through
Content Neutral, Risk Mitigation & Education
Abby Taylor

AFFAIRS

SCHEDUIF



· SESSION III · 11:00 - 11:55 AM ·

RM 312 Mica Harrell Affinity Chat: Early to Mid-Career (3-7 years)

Affinity Chat: First Years in Student Affairs RM 314 Ahkeem Lee

(1-3 years)

RM 316 Kiera Walker **Affinity Chat: Managing Mid-Career Shifts**

RM 318 Dr. Mary Wallace Affinity Chat: View from the Top

RM 204/206 Allison Solomon **Affinity Chat: Extensive Experience** (7+ vears)

LUNCH & PANEL DISCUSSION

ANGELA STOWE, PH.D. • BAMBI INGRAM, ISSP SA "Fostering a Sense of Belonging through Sustainability" HSC Ballrooms | 12:15 - 1:45 PM

· SESSION IV · 2:00 - 2:45 PM ·

Unity Pass-Through Challenge

Dr. Carrie May **Art Therapy RM 316**

RM 318 Mindful Movement Melissa Turnage

HSC University Recreation

Amphitheater

Roland Harris RM 204/206 **UAB Human Resources**

Performance Hand in Paw Animal Stephanie Stoltzer Lounge -Assistant Therapy

> **CONFERENCE CLOSING HSC BALLROOMS | 3:00 - 3:45 PM**

ONE DAY CONFERENCE

· 2024 ONE DAY CONFERENCE SURVEY ·



· INDIVIDUAL SESSION EVALUATION SURVEY ·



SCAN BOTH CODES
TO ACCESS CONFERENCE SURVEYS

COMMITTEE



A special thank you to the **One Day Conference Committee** and to all of the volunteers who helped make this day a success!

DR. MARY WALLACE

AVP for Student Experience

DR. BRANDON WRIGHT

UAB Career Center Director

ALYSSA HOWARD

Interpersonal Violence Prevention Assistant Director

DR. MI'KASA MITCHELL

Assistant Director of Student Activities

MEGHAN WILSON

Scheduling & Events Coordinator

Special thanks to Hill Student Center, Student Affairs Marketing & Communications and Campus Dining!

See you next year for the 7th annual One Day Conference in May 2025!

