

UAB STUDENT
AFFAIRS

ONE DAY CONFERENCE

**"FOSTERING A SENSE OF
BELONGING THROUGH
SUSTAINABILITY"**

THURSDAY MAY 16
HILL STUDENT CENTER
8:15 A.M.

#SA1DayUAB24



STUDENT AFFAIRS ONE DAY CONFERENCE



AGENDA

8:15 AM	<i>Registration & Breakfast</i> Ballrooms
8:45 AM	<i>Conference Welcome</i> Ballrooms
9:00 AM - 9:55 AM	<i>Session I</i>
10:00 AM - 10:55 AM	<i>Session II</i>
11:00 AM - 11:55 AM	<i>Session III</i>
12:15 PM - 1:45 PM	<i>Lunch & Panel Discussion</i> Ballrooms
2:00 PM - 2:45 PM	<i>Interactive Sessions</i>
3:00 PM - 3:45 PM	<i>Conference Closing</i> Ballrooms

**See detailed schedule for
room numbers*

STUDENT AFFAIRS ONE DAY CONFERENCE

LUNCH PANELIST



DR. ANGELA STOWE

**Director,
UAB Student Counseling Services**

Angela Stowe serves as the director of Student Counseling Services and the Collegiate Recovery Community. She received her Bachelor of Arts degree at Birmingham-Southern College, her Master's in Higher Education Counseling at the University of Montevallo and her doctorate in Counselor Education at Auburn University.

After completing graduate school, Dr. Stowe started her career at UAB as a counselor in the UAB Counseling and Wellness department, which had a director and one counselor on staff at that time. Later, she served as UAB Director of Disability Support Services until 2010. Currently, she serves as the chair of the enterprise-wide UAB Suicide Prevention Initiative, which was recognized in 2022 as the American College Health Association Best Practice in Collegiate Health.

In 2015, Dr. Stowe started the UAB Collegiate Recovery Community. In 2016, she started Wellness Promotion, where she served as the director for four years. At that time, the department became a stand-alone department under the leadership of a designated director. She also serves as faculty for the School of Public Health where she enjoys teaching and participating in research that promotes mental health awareness for college and university students.

STUDENT AFFAIRS ONE DAY CONFERENCE

LUNCH PANELIST



BAMBI INGRAM

**Manager,
UAB Sustainability**

Bambi Ingram is the manager of the University of Alabama at Birmingham's Sustainability Program and the project director for UAB's Solar House and Microgrid Demonstration Neighborhood.

Bambi is an International Society for Sustainability Professionals (ISSP) Certified Sustainability Professional and a LEED Green Associate. As Sustainability Manager for the University of Alabama at Birmingham—an urban campus of more than 200 classroom, office, research, and hospital buildings comprising one hundred city blocks—Bambi works to advance campus and community projects and policies in renewable energy, waste diversion, transportation, and other sustainability challenges.

Prior to her work at UAB, Bambi served as the director for Corporate and Foundation Relations at Birmingham-Southern College and the Southern Environmental Center. Over the course of her career, she has procured and managed more than \$20 million in federal, state, corporate and foundation funds in support of higher education, arts, and environmental and renewable energy programs. Bambi currently serves on the board of directors for Energy Alabama.

Previously she served on boards for the Alabama Environmental Council, Birmingham Artwalk and the Homewood Arts Commission. Bambi holds a bachelor's degree in art from California State University, Long Beach.

STUDENT AFFAIRS ONE DAY CONFERENCE

DETAILED SCHEDULE



THURSDAY MAY 16
REGISTRATION & BREAKFAST | 8:15 AM
CONFERENCE WELCOME | 8:45 – 9:00 AM
HSC Ballrooms

• SESSION I • 9:00 – 9:55 AM •

RM 312	Alyssa Howard	<i>Let's Get Sexuwell: Applying a Sex-Positive Lens After an Abstinence-Focused K-12 System</i>
RM 314	Herbert Wilkerson, Vivica Parker & Ahkeem Lee	<i>Building Belonging: Enhancing Student Well-being through the Social and Physical Environment of SMDP</i>
RM 316	Kit Emsile & Leslie DeVore	<i>Collegiate Substance Use and Student Support: Cultivating a Recovery-Ready Campus</i>
RM 318	Leslie Riley, Consuelo Click, April Coleman, Christiane Joseph, Oliver Smith & Skylar Yasenchack	<i>QPR for Suicide Prevention</i>
RM 204/ 206	Dr. Mary Wallace & Dr. Rebecca Kennedy	<i>Health Promoting University Approach to Facilitating Environments for Student Engagement, Belonging, and Student Success</i>

• SESSION II • 10:00 – 10:55 AM •

RM 312	Kenya Harris	<i>It's More to It: Understanding the Importance of Tailored Health Education Programming for Black Students</i>
RM 314	Krissi Williford	<i>Clarity on Achieving Well-being</i>
RM 316	Oliver Smith	<i>Boundaries and Burnout: The Importance of One to Avoid the Other</i>
RM 318	Tiffany Holloway	<i>Fostering Sustainable Work Practices Utilizing AI Tools and More</i>
RM 204/ 206	Jennifer Griffin, Dr. Lauren Cotant & Abby Taylor	<i>Sustaining Free Speech Practices through Content Neutral, Risk Mitigation & Education</i>

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SCHEDULE



• SESSION III • 11:00 – 11:55 AM •

RM 312	Mica Harrell	<i>Affinity Chat: Early to Mid-Career (3-7 years)</i>
RM 314	Ahkeem Lee	<i>Affinity Chat: First Years in Student Affairs (1-3 years)</i>
RM 316	Kiera Walker	<i>Affinity Chat: Managing Mid-Career Shifts</i>
RM 318	Dr. Mary Wallace	<i>Affinity Chat: View from the Top</i>
RM 204/206	Allison Solomon	<i>Affinity Chat: Extensive Experience (7+ years)</i>

LUNCH & PANEL DISCUSSION

ANGELA STOWE, PH.D. • BAMBI INGRAM, ISSP SA
"Fostering a Sense of Belonging through Sustainability"
HSC Ballrooms | 12:15 - 1:45 PM

• SESSION IV • 2:00 – 2:45 PM •

RM 316	Dr. Carrie May	<i>Art Therapy</i>
RM 318	Melissa Turnage	<i>Mindful Movement</i>
HSC Amphitheater	University Recreation	<i>Unity Pass-Through Challenge</i>
RM 204/206	Roland Harris	<i>UAB Human Resources</i>
HSC Performance Lounge	Stephanie Stoltzer	<i>Hand in Paw Animal -Assistant Therapy</i>

CONFERENCE CLOSING
HSC BALLROOMS | 3:00 – 3:45 PM

ONE DAY CONFERENCE

• 2024 ONE DAY CONFERENCE SURVEY •



• INDIVIDUAL SESSION EVALUATION SURVEY •



**SCAN BOTH CODES
TO ACCESS CONFERENCE SURVEYS**

STUDENT AFFAIRS ONE DAY CONFERENCE

COMMITTEE



*A special thank you to the
One Day Conference Committee
and to all of the volunteers who
helped make this day a success!*

DR. MARY WALLACE

AVP for Student Experience

DR. BRANDON WRIGHT

UAB Career Center Director

ALYSSA HOWARD

Interpersonal Violence Prevention
Assistant Director

DR. MI'KASA MITCHELL

Assistant Director of Student Activities

MEGHAN WILSON

Scheduling & Events Coordinator

*Special thanks to Hill Student Center, Student Affairs
Marketing & Communications and Campus Dining!*

*See you next year for the 7th annual
One Day Conference in May 2025!*



STUDENT AFFAIRS

The University of Alabama at Birmingham