ATTENTION ALABAMA TWO-YEAR COLLEGE STUDENTS
If you plan to transfer to UAB from an Alabama Junior College to study Kinesiology with a Fitness Leadership Concentration, this page lists required and recommended courses in Areas I through V, including courses specifically required by UAB in Area V.

This is the transfer page that is referred to in the articulation guide. The AGSC articulation guide and this page comprise the articulation agreement for a major in Kinesiology (Fitness Leadership Concentration) at the University of Alabama at Birmingham.

Please print this page, fill in your name and today's date, and attach it to the Kinesiology articulation guide.

Name (print): ___________________________________
Signature: ___________________________________
Date: __________________

Core Curriculum Requirements
Students transferring from Alabama public two-year and four-year colleges and universities should consult the AGSC site for complete details regarding Areas I-IV for all majors, including the list of approved courses for each institution.

Specific requirements for students planning to transfer to UAB and major in Kinesiology with a Fitness Leadership Concentration are included below.

AREA I - Written Composition (6 semester hours)
AGSC: Requirements include at least 6 semester hours in written composition.
UAB: Students must receive grade of C or higher in EH101 and EH102 to complete Core Curriculum requirements in English language.

AREA II - Humanities and Fine Arts (12 semester hours)
AGSC: Requirements include at least 12 semester hours in humanities with a minimum of 3 semester hours in literature*, 3 semester hours in the arts, and the remaining semester hours from the humanities and/or fine arts. *As part of the General Studies Curriculum, students must complete a 6 semester sequence either in literature or history.
UAB: Students are strongly encouraged to fulfill the 6 semester hour literature/history sequence requirement in literature.

AGSC: Students must take one of the following courses:

<table>
<thead>
<tr>
<th>Alabama College System Course</th>
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<tbody>
<tr>
<td>SPH 106 Fundamentals of Speech Communication (3 sem. hrs.)</td>
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<tr>
<td>SPH 107 Fundamentals of Public Speaking (3 sem. hrs.)</td>
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UAB: Students must make a grade of "C" or better in the speech course.

AREA III - Natural Sciences and Mathematics (11 semester hours)

AGSC: Requirements include at least 11 semester hours (15 quarter hours) with at least 3 semester hours (5 quarter hours) in mathematics at the pre-calculus algebra level or higher and at least 8 semester hours (10 quarter hours) in the natural sciences which must include laboratory experiences. Disciplines in the natural sciences include but are not limited to, astronomy, biology, chemistry, geology, and physics.

<table>
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<tr>
<th>Alabama College System Course</th>
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<tbody>
<tr>
<td>MTH 112 Pre-calculus Algebra (or higher) or MTH 110 (Finite Mathematics) (3 sem. hrs.)</td>
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</table>

UAB: A grade of “C” or higher is required in all math, science, and major courses.

UAB: Students are strongly encouraged to complete the following courses:

<table>
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<tbody>
<tr>
<td>CH104 – Introductory to General Chemistry I (4 sem.hrs.)</td>
</tr>
<tr>
<td>BIO101 – Introduction to Biology I or PHY201 – General Physics I (4 sem. hrs.)</td>
</tr>
</tbody>
</table>

AREA IV - History, Social, and Behavioral Sciences (12 semester hours)

AGSC: Requirements include 12 semester hours with at least a 3 semester hour course in history* and at least 6 semester hours from among other disciplines in the social and behavioral sciences. Disciplines include but are not limited to, anthropology, economics, geography, political science, psychology and sociology. *As part of the General Studies Curriculum, students must complete a 6 semester hour sequence either in literature or history.

UAB: Students are strongly encouraged to fulfill the 6 semester hour literature/history sequence requirement in literature.

UAB: Students are strongly encouraged to complete the following courses:
Alabama College System Course
PSY 200 General Psychology (3 sem. hrs.)
ECO 232 Principles of Microeconomics (3 sem. Hrs.)

AREA V - Pre-Professional, Major, and Elective Courses for
Kinesiology with a Fitness Leadership Concentration at UAB (19-23 semester hours.)

Contact
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E-mail: tawalker@uab.edu

AGSC:
- one safety and first aid course
- two courses in anatomy and physiology

Alabama College System Course
HED 230 Safety and First Aid or HED 231 First Aid (3 sem. hrs.)
BIO 201 Anatomy and Physiology (3 sem. hrs.)**
PED 200 Foundations of Physical Education (3 sem. hrs.)

**Students must complete a two-course Anatomy and Physiology sequence (BIO 201 and 202) for this major. Because there is no UAB equivalent to BIO 201 and 202 individually, students transferring from Alabama community colleges should take both BIO 201 and 202 at their community college or wait to begin this sequence at UAB. Students must earn a grade of “C” or higher in all math, science, and major courses.

UAB:
- one personal and community health course
- statistics (MA180; 3 sem. Hrs.)
- one course in concepts of health and fitness
- one course in the foundations of physical education
- Weight Training (KIN115; 1 sem. hr.)
- Aquatics (KIN101, 102, or 103; 1 sem. hr.)
- Aerobics (KIN131, 1 sem. hr.)

Alabama College System Course
HED 221 Personal Health or HED 224 Personal and Community Health (3 sem. Hrs.)
MTH 265 Elementary Statistics (3 sem. hrs.)
HED 199 Ecological Approach Health/Fit (3 sem. Hrs.)
<table>
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<tr>
<th>Courses</th>
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<tbody>
<tr>
<td>PED 200 Foundations of Physical Education</td>
<td>3 sem. Hrs.</td>
</tr>
<tr>
<td>PED 103 or 104 Weight Training</td>
<td>1 sem. hr.</td>
</tr>
<tr>
<td>PED 140 Swimming (Beginning), PED 141 Swimming (Intermediate), or PED 148 Lifeguard Training</td>
<td>1 sem. hr.</td>
</tr>
<tr>
<td>PED 106 Aerobics, PED 107 Aerobics Dance (Beginning), or PED 108 Aerobics Dance (Intermediate)</td>
<td>1 sem. hr.</td>
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</table>

* Students must earn a grade of “C” or higher in all math, science, and major courses.

COMPLETE REQUIREMENTS FOR EDUCATION MAJORS AT UAB:

General Admission Requirements:
There are no special requirements for admission to the School of Education’s Kinesiology – Exercise Science Program beyond UAB’s undergraduate admission requirements. For a complete description of majors and other requirements see [http://catalog.uab.edu/undergraduate/](http://catalog.uab.edu/undergraduate/).